

bridge lacrosse

2021-2022 EXECUTIVE SUMMARY



who we are

We are a sports-based youth development nonprofit, serving the under-resourced communities of southern Dallas. We believe that lacrosse and our programs can provide new opportunities that otherwise may not be readily available. Our youth and programs range from Kindergarten to 12th grade. Our core student-athletes receive 80-150 hours of programming, each year. We are proud to provide both on and off field programs such as competitive lacrosse, outreach and intro clinics, test prep, enrichment activities and much more.

our mission

To broaden the horizons of our community's youth.

our vision

For our community's youth to have equal access to the unique benefits of lacrosse, and ultimately close the opportunity gap that exists for kids.

our contact

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780

STUDENT-ATHLETES

55/45

% MALE AND FEMALE

65

ZIP CODES REPRESENTED

18,795

HOURS OF ACCUMULATED
PROGRAMMING

92%

BIPOC

93%

PROGRAM SATISFACTION
BY PARTICIPANTS

our programs

Year-round, we provide communities with opportunities to be engaged in the sport of lacrosse. We focus on youth development, quality out-of-school time and summer programming, and expanding the extracurricular and educational opportunities for all youth. We provide a safe and fun environment and use sports to build character and build social capital.

Our on-field lacrosse programs include introductory clinics, competitive league play, and elite level opportunities and recruiting. To support our student-athletes off-field needs, we provide academic tutoring, college readiness workshops and a variety of enrichment and personal development activities and excursions.

our outputs

We are fortunate to have a partnership with Hello Insight, an evaluation company that provides us tools to help us measure our impact. Using pre & post surveys, we measure the social emotional learning (SEL) development of our student-athletes. We know that SEL leads to improved academic performance, improved social behavior and helps manage stress.

- 95% of Bridge grads enroll in college
- 90% of HS participants grew in college readiness social emotional learning (SEL)
- 100% of HS participants grew in core SEL
- 86% of MS participants grew in sports SEL
- 95% of MS participants grew in core SEL
- 67% of elementary participants grew in core SEL

our impact

“Bridge has been a fundamental part of my athletic and educational career. This organization has effortlessly created leaders with the first principles of teamwork and giving back to a community. From the beginning of my journey with Bridge, I was always welcomed beyond the lacrosse field. There were often conversations about my home family and how I was performing in school and it definitely approached the organization’s motto of “doing the small things well.” While I have learned how to become a successful lacrosse player, Bridge educated and reminded me of the meaning behind a family. Like many minority students our homes set us apart from the rest of the teams. We often do not have a traditional family structure and integrating ourselves as a part of Bridge truly established a place for every single one of our student-athletes’ presence. To an organization that continues to teach me about giving back to what once built me, Bridge Lacrosse reminds me of the power there is doing things as one. As my time with Bridge comes to an end, I put every success story and accomplishment in the hands of my younger teammates because I did not win this, my Bridge Family did.



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