

camh Connections



Kicking off 2023 Community Events



We are very excited to welcome our local community back to outdoor events this season. Our vision is to foster an inclusive and welcoming campus for patients, family, staff and the community. Hosting events that welcome everyone on campus is one of the ways we do that. Please drop by the CAMH information table if you have any questions.

Toronto Flower Market - The Toronto Flower Market provides an opportunity to celebrate and support Ontario-grown flowers and plants, where growers and

florists can connect directly with the CAMH community. The market will be hosted in the TD Commons at Queen Street and Shaw Street. You can find the market open **from 10:00am - 3:00 pm** on the following days:

Saturday, June 10

Saturday, July 15

Saturday, August 12

Saturday, September 9

Saturday, October 7 (Thanksgiving weekend)



WELCOME TO HIPPIE MARKET LIFE

Hippie Vintage Clothing Market - The Hippie Vintage Clothing Market is a family friendly vendor market with a diverse set of offerings including vintage, art and smallbatch goods, including food and beverage. A percentage of proceeds of each market is donated to CAMH's Gifts of Light – specifically for patients. The market will be hosted in the TD Commons at Queen Street and Shaw Street. You can find the market open **from 12:00 pm - 6:00 pm** on the following days:

- Saturday, June 3
- Saturday, June 24
- Saturday, July 8
- Saturday, July 22
- Saturday, August 19
- Saturday, September 23
- Saturday, October 14
- Saturday, November 4



SAVE THE DATE!

CAMH POW WOW

HONOURING CHILDREN & YOUTH

JUNE 14TH
12:00 - 4:00 PM

TD COMMONS
(QUEEN ST. WEST AND SHAW ST., TORONTO)

FREE ADMISSION
EVERYONE WELCOME

VENDORS WANTED!
CONTACT
CORI-LEE.SIMON@CAMH.CA



National Indigenous History Month: CAMH Pow Wow - On **June 14**, we invite you to join us at CAMH **from 12:00-4:00pm** for our 2nd annual Pow Wow. This event is being put on as part of National Indigenous History Month. This year's theme is Honoring Children and Youth, so we invite you to bring your families! All are welcome. The event will take place at the TD Commons Park (at Queen Street and Shaw Street). There will be local Indigenous-owned vendors, food, music and dancing. This event is rain or shine. We thank you for your cooperation as there may be some noise and music as part of the event.



DOORS OPEN

Presented by GREAT GULF

MAY 27
MAY 28

Doors Open Toronto - On **May 27 and 28** between **10:00am - 5:00pm**, CAMH will participate in the City of Toronto's annual Doors Open Toronto for the sixth time. It's a city-wide event where 150 buildings of architectural, historic, cultural, and social significance open their doors to the public. This year's theme is What does a city sound like?. A guided outdoor tour will highlight the healing nature of sound in a patient's journey to recovery. You will tour our natural park-like settings, experience musical performances by talented artists from Workman Arts, learn about the culturally therapeutic healing nature of drumming and music in the care provided by CAMH's Aboriginal Services and other CAMH musical partnerships. We hope you will join us!

CAMH's recommendations to mayoral candidates

With Toronto facing a mental health crisis and the most vulnerable Torontonians suffering, CAMH is challenging Toronto's mayoral election candidates to commit to urgent actions to address the crisis and improve the lives of all Torontonians.

"Our health system and social system have reached a breaking point," says Dr. David Gratzer, CAMH psychiatrist and co-chief of the General Adult Psychiatry

and Health Systems Division. "We are experiencing an increase in demand for emergency services specifically related to psychosis and methamphetamine use."

CAMH is proposing Toronto mayoral candidates commit to supporting evidence-informed solutions that target serious mental illness and substance use disorders and can make an immediate impact. CAMH's recommendations are:

The CAMH logo is displayed in white lowercase letters on a purple background.

CAMH recommendations:

1

Urgently ensuring that Toronto's substance use treatment system is set up to deal with an influx of people who use methamphetamine and other stimulants by investing \$500,000 to establish a Rapid Access Addiction Medicine Clinic (RAAM) and Hub with related supports for methamphetamine and other stimulant users in the city.

2

Investing \$1.2M/year over three years to scale up the effective and proven 'NAVIGATE' Early Psychosis Intervention program across the province so that young people in Ontario can live healthy and productive lives, regardless of their mental health condition.

3

Ensuring that 18,000 new, affordable, good quality supportive housing units are available in Toronto by 2030.

#MentalHealthisHealth



1D Redevelopment Update

We're now entering the fourth and final phase of our historic redevelopment. This phase, also known as 1D, will include two new CAMH buildings at our Queen Street West site, the Secure Care and Recovery building and the Research & Discovery Centre. We currently are working on the design, planning, and municipal approvals, and are renovating existing spaces in various buildings to prepare for the build.

In preparation for the next phase of work, we are relocating some of our services within our campus. You may notice some fencing around construction work areas within the campus and in some of our buildings if you are visiting, walking your dog or strolling through the campus. These are small scale projects that mainly impact internal CAMH patients and staff.

Coming this fall, construction work on campus will become more dynamic and lively, especially around our Community Centre. The Community Centre will be the location of the future Secure Care & Recovery building, and will be demolished at the end of 2023.

Some of you may know that CAMH just celebrated our 25th anniversary! We're proud to see how far we've come through redevelopment work to transform our campus into a place where lifesaving care and treatment can live alongside groundbreaking innovation and research. Thank you for your patience and support as we enter this final phase. As always, you can reach us at redemption.feedback@camh.ca.

Sunrise Challenge 2023

From May 29 - June 2, 2023, we're kicking off the third [CAMH Sunrise Challenge](#). This national campaign invites Canadians to wake up with the sun while raising money to support the groundbreaking mental health research and suicide prevention initiatives happening at CAMH. By rising together and rallying our friends, family and co-workers behind the cause, we can change the way the world sees and treats mental illness.

As Canada's largest mental health teaching hospital and a world-leading research centre in its field, CAMH sets the standards for care, research, education and leading social change. With a dedicated staff of more than 3,000 physicians, clinicians, researchers, educators and support staff, CAMH offers outstanding clinical care to more than 37,000 patients each year. The [CAMH Sunrise Challenge](#) has raised over \$3.7 million to fuel research breakthroughs, transform patient care, and show people with mental illness they're not alone.



Psychedelics and Mental Health Panel Discussion

Panel Discussion

Psychedelics and mental health: the hype & the hope



Friday, June 16



10:00–11:30 a.m.



Arrell Family Auditorium,

2nd floor of the McCain Complex Care & Recovery Building
(1025 Queen Street West)

Psychedelics are being hailed as a promising treatment for mental illness and addictions. But do they work? Please join us for a special panel discussion: *Psychedelics and mental health: the hype & the hope.*



Moderator
Marcus Gee
Columnist,
The Globe and Mail



Brian Rush
Scientist Emeritus, Institute for
Mental Health Policy Research,
CAMH



Dr. Ishrat Husain
Head, Clinical Trials Unit
and Lead, Mood Disorders
Service, CAMH



Carole Dagher
VP, Legal, Loblaw Group and
Person with Lived Experience



Please RSVP
via Eventbrite
for in-person
or virtual
attendance:

#MentalHealthisHealth

Continue the conversation online

camh.ca/neighbours

redevelopment.feedback@camh.ca

Please join our local community email list by

emailing communityevents@camh.ca.



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