

# **Kicking off 2024 Community Events**



We are very excited to welcome our local community back to outdoor events this season. Our vision is to foster an inclusive & welcoming campus for patients, family, staff and community. Last year we hosted over 4,000 people on our site for activities and events. We invite you to drop by the information table if you have any questions.

### **Doors Open Toronto Recap**

On May 25 & 26, CAMH was excited to once again take part in <u>Doors Open Toronto</u>. This city-wide festival celebrates the architectural, cultural, and historical significance of many city landmarks and buildings.

We were thrilled to work with CAMH Archives & Library Services and Shkaabe Makwa in this year's event. The CAMH hidden histories tour focused on the Indigenous history of these lands; the journey mental health care; and the application of Indigenous healing and culture in our programs. We saw hundreds of visitors to our site who joined us on an immersive tour.

mental health is health



### **Toronto Flower Market**

### May-October from 10:00am - 3:00pm

Founded in May 2013, Toronto Flower Market celebrates and supports the local flower community, and provides an opportunity to celebrate and support Ontario-grown flowers and plants, where growers and florists can connect directly with the CAMH community. A portion of market proceeds is donated back to CAMH. This is a very popular event and we are thrilled they are joining us again this year!

Flower Market Dates:
Saturday, July 13
Saturday, August 17
Saturday, September 14
Saturday, October 13

Hippie Market Dates:
Saturday, July 20
Saturday, August 10 & 24
Saturday, September 7 & 28
Saturday, October 5 & 19

## Hippie Vintage Market May-October from 12:00-6:00 pm

Hippie Market is a family friendly vendor market with a diverse set of offerings including vintage, art and small-batch goods, including food and beverage. Hippie Market also initiates interactive art and performances, fundraising, small business mentoring and sustainability efforts. A percentage of proceeds from each market is donated to CAMH's Gifts of Light program – specifically for patients.

### **Creative on Queen Art Fair**

### Saturday, September 21: 12:00am – 6:00pm

CAMH hosts a creative art and craft fair alongside the West Queen West Art Crawl featuring the talents of artists and artisans who live with mental health and addiction challenges from CAMH, Workman Arts, Sistering Inspiration Studios and First Nations, Inuit and Metis agencies. We invite you to join us, purchase original art, hand-crafted pottery, jewelry and unique creations. You can enjoy musical entertainment and the Out of this World Café's hot-off-the grill barbeque. Please join us for this fabulous fall fair!

Find these events
hosted @ TD
Commons Park
(Queen Street &
Shaw Street)





# July 17 and August 14 from 3:00-3:45pm

Join us in the **TD Commons Park** to enjoy the musical stylings of the city's rising stars. Musicians from the Royal Conservatory of Music's Glenn Gould School and Taylor Academy will be putting on free concerts for the CAMH community. Seating will be available on a first come first serve basis, with plenty of park space to roll out your own picnic blanket and enjoy.

### 1D Redevelopment 2 Month Lookahead

2024 kicks off the fourth and final stage of our historic redevelopment! The end goal is to have a safe, comfortable and welcoming environment where patients can recover with dignity and change social attitudes toward mental illness. We've started construction on two new buildings:

- The Secure Care and Recovery Building: will replace existing facilities for patients with complex mental illness who have encountered the legal system.
- The Temerty Discovery Centre: a state-of-the-art facility to house all of our groundbreaking research.

Here are updates on construction activities happening on our site this summer:

- Shoring, caisson drilling, excavation operations are continuing.
- Backfill activities will be loud and will include digging into the ground.
- Volumes of dump trucks/concrete trucks will start to increase as basement bulk excavation commences.
- Heavy equipment deliveries will continue to enter and exit the site.
- One crane tower has been installed, with a few more expected to go up during this period. As part of this, crane safety exercises will be taking place onsite.
- Heritage restoration work begins in July on the southside of the campus.

We met with many members of our community at a Community Open House we hosted with the City of Toronto in May. We share regular updates and information curated for the community on **camh.ca/neighbours**. You can email us anytime at redevelopment.feedback@camh.ca with any questions or concerns! Thank you for your support.



### **Building a world where No One is Left Behind**

We are proud to celebrate another remarkable year in 2023-24. Our CAMH and CAMH Foundation Annual Report are filled with many inspiring examples of change, celebration and connection at CAMH from throughout the year. Explore the highlights from a year of impact here:

- The launch of Connected CAMH, our new strategic plan, is a commitment to foster innovation at CAMH. Acting as our compass for creating an impact all the way to 2030. It is guiding our newly established virtual care clinic and the 9-8-8 suicide crisis helpline to give care to Canadians at all levels of care needs.
- We formed incredible partnerships with BMO, Manulife and YouTube, to further research, women's mental health and mental health education.
- On campus we made an impact locally. Through our Suits Me Fine fashion show, CAMH Pow Wow, and so many more events, CAMH is building community on a local level.
- CAMH received exemplary standing from Accreditation Canada, the highest level of achievement attainable, and we are amongst the top 40 Canadian research hospitals.

As we continue into the final phase of our historic redevelopment, transformation is underway at CAMH. With construction of the Temerty Discovery Centre under way, we are not only creating a global hub for mental health research, we are creating a space for community within the walls of CAMH—a place where no one is left behind.



\$60.81M

in new research grants awarded 1,014

Articles published

in peer-reviewed journals

24

Research chairs 2 325 Global research collaborations in



193

countries







Over

16,000 Emergency Department visits



83,000 Virtual care visits

### **UnMasked 2024 Recap**

On June 5, 2024, CAMH Foundation hosted the UnMasked Gala to raise critical funds for mental health research. UnMasked 2024 hosted synchronous dinners in 17 generously donated art galleries throughout Toronto to unite donors across the city for one cause: the advancement of mental health care for all. In partnership with local, longtime supporters like the Paul Petro Gallery, Bulger Gallery and Bau-Xi Gallery, UnMasked 2024 hosted over 570 guests and raised over \$2 million dollars for the development of mental health research that will one day create a world where no one is left behind.



# CAMH's Sunrise Challenge: Rising for a better tomorrow

From May 27-31, thousands of Canadians came together to rise with the sun to raise awareness for mental health and to support the live-saving work done at CAMH. The Sunrise Challenge is an opportunity for Canadians to raise vital funds for CAMH and to show people living with mental illness that they're not alone. Here are a few stories on why we rise:

### Frank Waszkun

Frank rose for the Sunrise Challenge because he never wants someone to feel embarrassed about mental health challenges. As a previous client at CAMH, he wants to change the dialogue around mental health and remind people that their experiences are real and that it's when we come together that we make real change.

### **Claudia Fieder**

Claudia rose because mental health is a "universal human right." She wants to support mental health research to advance knowledge, improve lives, and give everyone access to care. She rose for her brother who has lived with severe depression and bipolar disorder for over fifty years, and to provide hope for those suffering with mental illness.

#### **PCL Construction**

As our partners building our new Temerty Discovery Centre and Secure Care and Recovery projects, PCL Construction employees were proud to rise for mental health as an opportunity to encourage open conversations and awareness to help foster an environment where everyone feels valued and understood.









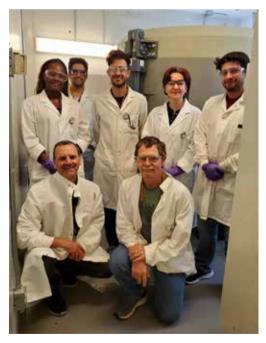
For the last three decades, CAMH has been a world leader in Positron Emission Tomography (PET) imaging for clinical research on mental health, addictions, and brain disorders. The current imaging facility, located at the College Street site, will be relocating to the soon to be built Temerty Discovery Centre when construction is complete in 2027. The Temerty Discovery Centre will unite CAMH's research programs under one roof, spur and accelerate new breakthroughs that transform the future of mental health, and most importantly, inspire hope for those living with mental illness.

PET is a widely used medical imaging technique to study differences in brain chemistry associated with aging or disease, and at CAMH we also study treatments for psychiatric and other brain disorders.

CAMH provides information to the public and stakeholders about the Brain Health Imaging Centre and its impact on the lives of individuals with mental illness or addictions.

We also share scientific and medical advances, funding announcements, and health and safety information. Our public information and disclosure protocol can be accessed on our website!

You can find more information about the Brain Health Imaging Centre and the Azrieli Centre for Neuro-radiochemistry on camh.ca.



### Continue the conversation online

camh.ca/neighbours

redevelopment.feedback@camh.ca

Please join our local community email list by emailing communityevents@camh.ca.