

Telus Health Student Support App 101: Access Telus Health in 4 Easy steps



1

Search 'Telus Health Student Support' on your device's app store and download.



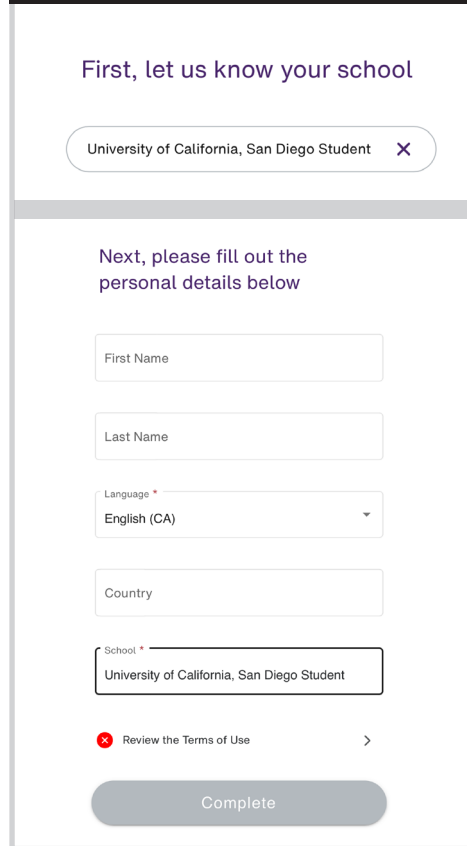
2

Open the app and select 'Get Started' to begin.



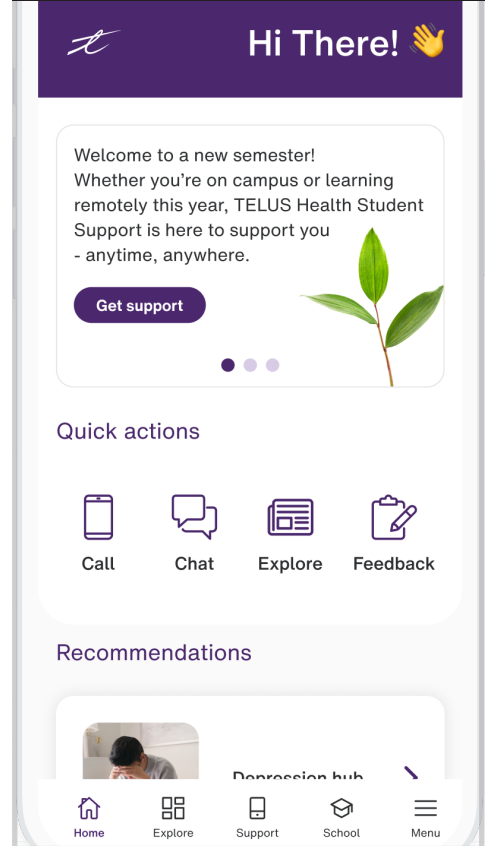
3

Start by completing your profile. Enter "UCSD" in the search bar. Select "University of California, San Diego Student". Review the terms of use, consent, and if you agree, select 'Accept' to proceed.



4

You are all set! You can now access content to support your emotional health and wellbeing - including assessments, podcasts, articles, webinars, and more!



Need to talk? Click the phone or chat icons to receive free, confidential mental health and wellbeing support from Telus Health 24/7. **Call. Chat. Anytime. Anywhere.**