

Recommendations regarding the sanitary measures in place in the CoR buildings



Wearing a mask

- Even though not obligatory any more, it is still recommended to wear a mask covering nose, mouth and chin in the Committees' buildings (in corridors, common spaces, conference/meeting rooms, etc.).
- Mask wearing is advised when walking around and in any situation when physical distancing cannot be observed.
- If physical distancing is not feasible inside a conference/meeting room, wearing a mask is strongly recommended for all participants.
- Wearing of a well-fitting FFP2 mask is strongly recommended for vulnerable persons.

Hygiene measures

Respect the basic hygiene measures at all times:

- avoid touching your eyes, nose or mouth with your hands
- wash your hands regularly with water and soap
- in situations where you cannot wash your hands, use a hydro-alcoholic solution
- cough or sneeze into the crook of your elbow or into a disposable tissue; keep the tissue in your pocket or throw it away in a bin immediately after use and wash your hands
- For any surfaces touched in public or common areas (door knobs/handles, stair rails, command buttons, etc...), wash your hands or use hand sanitisers before and after

Physical distancing (in addition to wearing of a mask and hygiene measures)

- Even though not obligatory any more, it is still recommended to observe a minimum distance of 1.5m between people
- Limit movements around floors/buildings as much as possible
- Avoid gatherings and socialising in corridors or common spaces
- When taking the lift, try to avoid standing face-to-face

Conferences and events

It is still recommended to organise conferences and meetings in a remote/hybrid manner whenever possible and to continue to promote remote participation, especially considering that exclusively in-person meetings may exclude certain persons from participating.

When organising an in-person event, it is recommended to:

- keep it as short as possible
- keep in-person attendance as limited as possible
- hold it in a large conference/meeting room allowing physical distancing
- remain seated and on seats spaced at a minimum distance of 1.5m whenever possible

Ventilation

It is recommended to regularly open windows where possible before, during and after the event.