# RESOURCE GUIDE FOR IMMIGRANTS AND REFUGEES



# AGENCY FOR HUMAN RIGHTS AND COMMUNITY PARTNERSHIPS

City and County of Denver Office of Immigrant and Refugee Affairs



The Denver Office of Immigrant and Refugee Affairs (DOIRA) is an office within the Agency for Human Rights and Community Partnerships (HRCP) at the City and County of Denver.

- HRCP strives to empower and serve the communities of Denver by advocating for the rights of all people, fostering diversity, and encouraging participation in City government.
- The Denver Office of Immigrant and Refugee Affairs partners with nonprofits, community-based organizations, residents, and government agencies to develop and implement policies, practices and programs that influence the various paths of immigrant integration.

The purpose of this guide is to provide information on programs and services in the City and County of Denver for immigrants and refugees to better assist individuals and organizations access them regardless of immigration status. Listing an agency in this guide does not signify an endorsement by DOIRA nor does the inclusion of the agency signify an endorsement of us.

Organizations and programs are dynamic and always changing. We have tried to provide the most accurate information, but it is important to contact an agency to obtain the most current details. This guide was last updated in April 2023. If you would like to update any information in this guide and/or know of an agency that would like to be included, please contact us on our website.

Additional resources can be found through the Mile High United Way's 2-1-1 program or the City and County of Denver's 3-1-1 program.

- 2-1-1 can be accessed by dialing these three numbers or through their website at www.unitedwaydenver.org. They maintain the largest database for health and human services in the Rocky Mountain Region.
- Denver's 3-1-1 can be accessed by dialing these three numbers and can assist you with all City and County of Denver non-emergency service requests, questions, problems, and concerns.



# City and County of Denver Resources - available regardless of immigration status

#### **Denver Economic Development & Opportunity**

Denver Workforce Center Locations 201 W. Colfax Ave Denver, CO 80202 (720) 337-9675

Free service to assist employers and job seekers with **job listings**, **computer and internet access**, **career counseling and training**, **recruitment**, **pre-screen**, **and referral**. Spanish speakers available. Currently open between the hours of: 9:00am and 4:00pm Monday through Thursday, accepts Walk-ins, (excluding holidays).

#### **Department of Transportation and Infrastructure**

*Denver Connector* (720) 905-4438

A free ride share program providing transit to local neighborhood destinations and transit stations in Montbello/Gateway and the Globeville and Elyria-Swansea (GES) neighborhoods. To access this service, search "Denver Connector" in your app store or call 720-905-4438.

#### Micromobility Program

This program **provides near free use of Lime and Lyft systems** for those who qualify for local, state, and federal aid.



#### **Department of Housing Stability**

201 W. Colfax Ave Denver, CO 80202 (720) 913-1534

Housing stability

Rent, utility, eviction, and foreclosure help.





#### Homelessness Resolution

Shelters, Rehousing and Supportive housing programs for people experiencing homelessness, regardless of immigration/documentation status.



Metro Denver Homeless Initiative (MDHI)

Rapid **rehousing** and **supporting housing programs application**. Eligibility is determined based on literal homelessness status and length of time homeless – with priorities for those experiencing chronic homelessness.



#### **Denver Human Services**

1200 N. Federal Blvd Denver, CO 80204 (720) 944-4347

Adult Protective Services

(720) 944-2994

Hotline and social case work team to receive and **investigate** reports of suspected **mistreatment and/or self-neglect of at-risk adults**, and **case planning** to stop risk for future mistreatment or self-neglect. Must be 18 years or older with cognitive or physical impairments that impact ability to manage safety and self-care.

Burial Assistance

(720) 944-2175

General assistance services to provide **burial assistance** for individuals and families facing hardship in Denver. Applicants must be in Denver for at least 30 days and must be able to verify address with mail (paystub, bill, lease, etc).





Child Welfare

(720) 944-9347

Casework, behavioral health treatment, protection and prevention, family reunification, case services, independent living, adoption recruitment and administration. This service is available for Denver children and families involved in welfare.

Emergency Housing Assistance

(729) 944-4347

**Financial assistance** to pay for housing for Denver residents who had an unexpected expense and need help with rent or mortgage. This is available to those who have lived in Denver for at least 30-days.

GIVE Center

(720) 944-4483

The GIVE center provides **essential services** to Denver residents in need. Residents will complete an intake process that identifies the need of the person. Residents can only do the intake 1 per month but can have access to resources more often. **Resource include: hygiene supplies, reading glasses, clothing, bookbags and school supplies in the fall, etc.** and are collected during 3 donation drives during the year. The GIVE center is open 4 days a week on a walk-in basis. This is available for individuals who have been in Denver for at least 30 days.

RTD LiVE

(720) 944-4347

RTD's LiVE program offers discounted fares in the RTD service areas.

Unaccompanied Refugee Minor (URM)

The Unaccompanied Refugee Minor (URM) program provides culturally and linguistically appropriate foster care and independent living placements for refugee-eligible unaccompanied minors in the United States. The goals of the URM program are first to reunify program youth with family or kin and second to provide programming that facilitates social, cultural and economic integration. Office of Refugee Resettlement determines eligibility for the program.





Emergency Medical Services (800) 221-3943

EMS only covers family planning and emergency services medical care. This coverage lasts 12 months. After the 12 moths, you will need to reapply for coverage. \*Information you provide on your application is confidential and cannot be shared with U.S. Citizenship and Immigration Services. Colorado law protects your personal information when applying for or enrolling in most public benefits. Your information may only be shared with some federal agencies if there is an audit from the Center for Medicare and Medicaid Services and the Office of the Inspector General. If shared, the information does not impact your immigration status and can't be used in a public charge decision.



#### **Department of Excise and Licenses**

201 W. Colfax Ave. Denver, CO 80202 (720) 913-1311

**Issues all business/professional licenses** for the City and County of Denver. Determines the qualifications of applicants. Conducts background checks. Determines which licenses should be issued. Collects fees. Grants, renews, and denies applications. An example of a license offered is a Peddlers license (see below).

#### Peddlers License

A peddler is someone who goes from place to place selling small items. This is person who sells non-perishable food items to the public from a non-fixed location but does not work out of food truck or food cart. To apply for this license, the applicant needs a government issued identification and must be at least 18 years of age. Foreign issued identification is also accepted.



#### **Department of Public Health & Environment**

101 W. Colfax, Ave Unit 800 Denver, CO 90202 (720) 913-1311



Mobile Behavioral Health Services (720) 908-5401

Wellness Winnie is Denver's mobile unit offering support, assistance, and resources to those in need. Wellness Winnie has a scheduled travel route through Denver that provides **behavioral health** and support. A Spanish-language interpreter is available upon request at the site, or by calling or texting (720) 908-5401.



HIV Resource and Services

Denver HIV Resources offers access to services such as **health care**, **case management**, **support groups**, **financial assistance**, **food support**, and more. They also provide guidance and technical assistance to HIV care and service providers.



Applying for Medical Care Benefits

Dial 211 or (866) 760-6489

Health care law says that everyone is required to have **health insurance**. No one can be refused health insurance by a company because of a pre-existing condition.



Colorado Crisis Services

+1 (844) 493-8255

Colorado Crisis Services offers residents **mental health, substance use** or **emotional crisis** help, information and referrals. This service is available everyday, at all times. Call +1 (844) 493-8255, or text "TALK" to 38255.



*Grief Brochure* (720) 337-7600

Brochure to provide guidance on the next steps, **grief support**, and self-care.



#### Office of Financial Empowerment and Protection

(720) 944-2498

Provides citywide consumer financial protection for individuals, families, and small businesses that include wage theft, unfair lending and housing practices, elder financial abuse, notario fraud, and financial navigation.

#### Wage Theft

Wage theft occurs when employers do not pay workers according to the law. Examples of wage theft include not paying owed wages, paying less than minimum wage, not paying workers overtime, not allowing workers to take meal and rest breaks, requiring off the clock work, or taking workers' tips.

# *Unfair Lending & Housing Practices*

Housing discrimination is illegal in nearly all housing, including private housing, public housing, and housing that receives federal funding. Our housing support includes Evictions, Foreclosures, Landlord disputes, and legal support.

#### Elder Financial Abuse

Elder Financial abuse is a common tactic used by abusers to gain power and control in a relationship. The forms of financial abuse may be subtle or overt but in in general, include tactics to conceal information, limit the victim's access to assets, or reduce accessibility to the family finances.

#### Notario Fraud

Individuals who represent themselves as qualified to offer legal advice or services concerning immigration or other matters of law, who have no such qualification, routinely victimize members of immigration communities.

#### Financial Navigation

Financial navigation that includes Eviction assistance, Foreclosure assistance, Housing and rental assistance, Legal services, Mediation services, And other supportive services (Food, Rent, Jobs, Child Care etc.)



# Metro Denver Community and Nonprofit Resources in alphabetical order

#### 9to5 National Association of Working Women

4130 Tejon St., Unit A Denver, CO 80211 Phone: (303) 628-0925 Fax: (303) 628-3888 FAQs and Resources

Policy Advocacy and Grassroots organizing fighting for women's rights.

#### **Advocacy Denver**

950 S Cherry St., Suite 1100 Denver, CO 80246 (303) 831-7733

Conducts advocacy at multiple levels within institutions that serve individuals with intellectual or developmental disabilities. Offers an immigrant resource guide that includes resources available to noncitizens and a resource guide for children and adults.

# **African Chamber of Commerce Colorado**

1220 S Parker Rd. Denver, CO 80231 (720) 638-8184

A platform connecting the Colorado region with the African continent for business development.

#### **African Community Center**

925 S Niagara St., Suite 200 Denver, CO 80224 (303) 399-4500

Provides resettlement services for refugees including case management, integration programs, and employment assistance. Provides business resources that includes programs from the Small Business Administration, Colorado Office of Economic Development and International Trade, Black Business Loan Fund, Amazon's Black Business Accelerator, and others. Offers general resources on managing a business, starting a business, medical resources for immigrant populations, and a resource guide for new immigrants and refugees.

#### **African Leadership Group**

10700 E Evans Ave. Aurora, CO 80014 (303) 862-4062

Offers community events to celebrate the impact of the African Diaspora, business development opportunities, networking, career development, economic advancement opportunities, advocacy for improved public-school systems, leadership-building programs, a public speaking initiative, and an empowerment initiative. Provides a 9-month professional leadership development program.



# A La Source

11524 E. 1st Place Aurora, CO 80010 (303) 847- 3247

Offers programs for tutoring, counseling, life skills, employment, computer lab, social services, medical, emergency refugee needs, family counseling, and a community room. Provides translation and interpretation services for French, Swahili, Kirundi, Kinyarwanda, and Russian. For youth and young adults, A La Source provides a mentor program for refugee children, a weekly fellowship, food and clothing bank, and medical services.

#### **American Friends Service Committee**

1420 N Ogden St., Suite 201 Denver, CO 80218 (303) 623-3464

Organizes allies, faith communities and immigrants along the Front Range to support immigrant justice through three groups of member-leaders: Coloradans for Immigrant Rights, the Metro Denver Sanctuary Coalition, and the Not1More deportation table.

# Arapahoe Libraries

12855 E Adam Aircraft Circle Englewood, CO 80112 (303) 542-7279

Offers free ESL classes, a Mexican Loteria (Bingo), computer classes for adults held in Spanish, online homework help, citizenship and immigration guide, business resources, and various other training courses.

#### **Asian Pacific Development Center**

1537 Alton St. Aurora, CO 80010 (303) 923-2920

Offers mental and behavioral health services, adult education, "pay your bill" program, victim assistance, and case management primarily to people from Asia and the Pacific Islands. Conducts community outreach and education including health promotion and youth programs. Staff speak Spanish, Eastern European, and Asian languages. Has an interpreter bank with 35 languages including 21 Asian dialects.

#### **Bondadosa**

(720) 699-9978

Delivers free meals to students in high-risk, low-income, and food-insecure neighborhoods. Brings fresh produce to single mothers in need of support.

# **Brentwood United Methodist Church**

1899 S Irving St. Denver, CO 80219 (303) 936 3447



Provides services for individuals transitioning to a different career, Sunday mornings for youth to engage in bible-related activities, women's bible study, grief care classes, and marriage courses.

#### **Bright by Text**

Phone: (303) 433-6200

Email: <a href="mailto:contact@brightbytext.org">contact@brightbytext.org</a>

A text messaging service that provides free tips, information, games, and resources regarding child development, language, early literacy, health and safety, behavioral tips, and more. Resources for parents and caregivers are available for children from prenatal to age eight. Available in English and Spanish.

# Catholic Charities of and Community Services of the Archdiocese of Denver

6240 Smith Road Denver, CO 80216 (855) 777-5280

Offers shelter, affordable housing, early childhood education, counseling, emergency services, rent and utilities, employment, food and clothing, case management, family and senior services, and more.

Immigration Services

(303) 742-4971

Services include consultations regarding immigration, attorney representation, translations, and help with visas and other documents. Operates by appointment only. The cost is \$35 for an initial consultation. Staff speak Spanish.

# **Center for Community Wealth Building**

2900 N Downing St., #1B

Denver, CO 80205

Supports local entrepreneurs in Denver to strengthen their capacity to do business. Provides a free program for business owners and their next of kin to guide how their business can thrive across multiple generations. Offers a resource guide for small businesses.

#### **Center for Trauma and Resilience**

P.O. Box 18975 Denver, CO 80218 (303) 860-0660

Offers a helpline, referrals to community resources, crime prevention education, assistance with emergency services, advocacy, brief therapy, case management, volunteer/intern program, and community outreach and education. Provides specialized services such as a trauma-sensitive yoga program, customized services for persons 65 and older, legal assistant for immigrant survivors of domestic/sexual violence, auricular acupuncture, translation and interpretation services, and a compassion fatigue workshop.

#### **Center for Work Education and Employment (CWEE)**

1175 Osage St., Suite 300 Denver, CO 80204 (303) 892-8444

Offers a full-time job readiness program, evening computer classes, and GED preparation for low-income individuals who are ready to find a job and change their lives for the better. Job readiness program



includes self-assessments to determine career goals and the development and implementation of an individualized training plan. Participants must be fluent in English.

#### Centro San Juan Diego

2830 Lawrence St. Denver, CO 80206 (303) 295-9470

Offers a variety of health and health education including parenting classes and support services, family and individual counseling, a support group for Spanish speaking widows, a domestic violence support group, home healthcare education, case management, advocacy, referrals, and outreach for immigrant families. Also offers adult education services including GED preparation, ESL, and computer skills training. Provides assistance for newly arrived immigrant families who are experiencing isolation, anxiety, and cultural challenges. Offers homebuyer and fair housing education, free IRS income tax assistance, financial literacy and banking services training, legal nights, and citizenship preparation classes. Partners with neighborhood organizations to provide ESL classes. Spanish speaking staff are available.

# Child Health Plan Plus, CHP+

1-800-359-1991

Low-cost health insurance program for children whose families earn too much to qualify for Medicaid but cannot afford private insurance. Free pre-natal program for low-income pregnant women without health insurance who meet income requirements. Spanish speaking staff are available.

#### **Church in the City**

1580 Gaylord St. Denver, CO 80206 (303) 322-5733

Provides a food bank, educational tutoring for youth, faith-based addiction recovery program, teen pregnancy & parenting ministry, international outreach helping political refugees, activity building for those with brain injuries, Somebody Cares Ministry helping with emergency needs, and prison ministry.

# Clínica Tepeyac

5075 Lincoln St. Denver, CO 80216 (303) 458-5302

Provides basic healthcare services for men, women, youth, and children who do not have medical insurance or access to healthcare services. Services include physical exams, immunizations, diabetes management, and breast, cervical, and colorectal cancer screenings, behavioral health help, and telehealth appointments. Staff speak Spanish.

#### **Colorado Asylum Center**

1888 Sherman St., Suite 200

Denver, CO 80203

Provides asylum seekers with education about their rights, information about the process of applying for protection in the United States, direct legal representation in some cases, and a chance for all asylum seekers to find a supportive community.



#### Colorado Burma Roundtable Network (CBRTN)

PO Box 528 Indian Hills, CO 80454 (720) 220-0040

CBRTN provides support to relocated refugees in Colorado and to persecuted minorities, IDPs, and refugees in Southeast Asia. Takes food requests for Thailand/Burma IDPS, supports Thai Karen Missionaries, and supports Burmese Pastors in Denver. Accepts donations for bus passes to provide to refugees who need to get to school, ESL classes, a job, or a store.

# **Colorado Coalition for the Homeless**

211 Champa St. Denver, CO 80205 (303) 293-2217

Provides assistance with housing, health care, employment, childcare, peer led recovery program to improve physical and mental health, Native American talking circle, women exiting the criminal justice system, and a rural initiatives program. Offers a transitional housing with case management, recovery-oriented supportive services, and employment services for veterans.

#### **Colorado Hosting Asylum Network**

(303) 408-5418

Hostingasylum@gmail.com

Creates teams to accompany asylum seekers in hospitality and companionship by hosting guests in private homes, financially and materially providing for individual's initial needs upon release, connecting individuals with the larger community and its resources, and providing emotional support.

#### **Colorado Immigrant Rights Coalition (CIRC)**

2525 W Alameda Ave. Denver, CO 80219 (303) 922-3344

ICE Activity Hotline: (844) 864-8341

A statewide alliance of immigrant, interfaith, labor, youth, community and ally organizations working to defend and advance justice for all immigrants and refugees in Colorado. CIRC achieves this mission through capacity building for member organizations, broad-based strategic alliances, civic participation and winning public policies that improve the lives of immigrants. Can provide referrals to a variety of service providers serving immigrants. Staff speak Spanish.

# Colorado Latino Leadership, Advocacy & Research Organization (CLLARO)

345 S Grove St. Denver, CO 80219 (303) 722-5150

CLLARO offers a Capitol Fellowship Program that provides a public policy training to first-generation college students, PALS program for minority parents to access education resources, Access Research and Engagement Program to tackle the social isolation of older adults, Diverse Oral Health Equity Coalition to promote oral health education, advocacy, and encourages U.S. citizens to register and vote. Provides a



Resource Navigation Program for families to get COVID tested and vaccinated, affordable health care, and receive assistance on problems due to the pandemic.

# **Colorado Legal Services (Denver office)**

1905 Sherman St., Suite 300 Denver, CO 80203 (303) 837-1313

New applicants and walk-in hours: 8:30 a.m.-3 p.m. Mondays, Tuesdays, Thursdays, Fridays (closed

Wednesdays)

Business Hours: 8:30a.m. - 5 p.m., Monday-Friday

For domestic and family matters: Call (303) 837-1313 between 8:30 a.m.-3 p.m., Monday-Friday

Provides legal services regarding civil matters, especially for cases concerning domestic violence, seniors, clients with disabilities or other special vulnerabilities, individuals facing evictions and foreclosure, and regarding legal assistance for access to healthcare and other public benefits. Clients must meet certain low-income requirements, generally 125% of the federal poverty guidelines. Also conducts "know your rights" trainings. Spanish speaking staff are available.

#### **Colorado Muslim Society**

2071 S Parker Road Denver, CO 80231 (303) 696-9800

Provides salat services 5 times a day, Sunday school for children, Janazah and burial services, Islamic advice, knowledge about Islam, Seri and Iftar food during Ramadan, and Eid prayers.

# Colorado Organization for Latina Opportunity & Reproductive Rights (COLOR)

P.O. Box 40991 Denver, CO 80204 (303) 393-0382

Provides education and advocacy for Latinas and their families about reproductive rights and healthcare access. Programs are offered for Latinas 12-24 years old and their families. All staff are bilingual in Spanish.

#### **Colorado Organization for Victim Assistance (COVA)**

1325 S Colorado Blvd., Suite 508B Denver, CO 80222

(303) 861-1160

COVA provides training and technical assistance on the Colorado Victim's Rights Act, training to assist member agencies to provide quality services, publishes an online statewide directory of victim service providers, monitoring state and federal legislation affective victims of crime, a Victim Services Intern Program, manages a Human Trafficking Program, offers a voluntary Victim Advocate Certification Program for Colorado victim advocates, administers a Crime Victim Emergency Fund, and develops a crisis response team available to assist communities statewide.



# **Colorado People's Alliance (COPA)**

Denver Office: 700 Kalamath St. Denver, CO 80204 (303) 893-3500

Aurora Office: 14707 E 2<sup>nd</sup> Ave., Suite 105 Aurora, CO 80011 (303) 893-3500 Info@coloradopeoplesalliance.org

Offers an 8-week citizenship classes in English and Spanish. Provides legal resources if necessary and all students will receive a free resource binder with necessary content. Assists with the N-400 application and 1-90 renewal. Prices for all services vary and reduced fees are available.

#### **Colorado Refugee Services Program**

1575 Sherman St. Denver, CO 80203 (303) 863-8211

Provides resources for the refugee community such as welcome packets, resettlement agencies, ESL classes, a careers program, initial medical and mental health screenings, health education, case management, youth programs, legal services, navigation services, and elder programs.

#### Commún

2370 King St. Denver, CO 80219 (650) 793-0011

Provides weekly free food, mental health support, paid job trainings, skill building, and community organizing.

# Community College of Aurora – Aurora Language Center

9202 E Severn Pl., #105 Denver, CO 80230 (303) 340-7079

Offers an ESL program that covers speaking, listening, reading, writing, vocabulary, and grammar. The program helps individuals fill out forms, read labels, prepare for college, and find jobs. ESL classes are offered on Mondays and Wednesdays, Tuesdays and Thursdays, or on Saturday. Offers conversation, computer, and citizenship classes as well. Prices vary.

# **Community College of Denver**

1111 W Colfax Ave. P.O. Box 173363



Denver, CO 80217

(303) 556-2600; (303) 556-3805

Offers ESL classes. Students must enroll at CCD and take a placement test for ESL classes. Classes begin at the intermediate level. Also offers GED and pre-GED instruction at a number of sites in Denver.

# **Community Enterprise Development Services**

10660 E Colfax Ave. Aurora, CO 80010 (303) 569-8165

Supports immigrants, refugees, and those from underserved communities to start or grow their small business in Denver by providing interest-based small business loans, small business Murabahah – Islamic complaint debt, and financial products that provide financing up to \$100,000.

#### **Convivir Colorado**

3264 Larimer St., Suite D Denver, CO 80205 Info@convivircolorado.org

Provides students with a summer program, youth leadership council, mentorship program, arts and conversations community, and the opportunity to run informational workshops at conferences, events, and meetings with students, educators, service providers, and families. Offers families public workshops, family advising, and community events.

#### **Cross Purpose**

NE Denver 3050 Richard Allen Ct. Denver, CO 80205

South Metro 3855 S Broadway Englewood, CO 80205 (720) 724-9544

Info@crosspurpose.org

Offers free career programs in trades, electrician, masonry, carpentry, HVAC technician, plumbing, sheet metal, construction laborer, medical assistant, medical billing and coding, medical administrative assistant, certified nursing assistant, pharmacy technician, CDL class, administrative assistant, bookkeeping, insurance agent, IT support specialist, tech sales, and a culinary specialist.

# **Del Norte Neighborhood Development Corporation**

3275 W 14th Ave., #202 Denver, CO 80204 (303) 477-4774

Housing councilor: Vanessa, ext. 25

Provides pre-purchasing and down payment assistance for first time homebuyers, post-purchasing counseling, mortgage early delinquency and foreclosure prevention counseling, financial literacy programs, and home buyer education classes. Spanish speaking staff are available.



#### **Denver Asset Building Coalition**

2475 W 26th Ave. Denver, CO 80211 (303) 388-7030

Walk-in office that provides tax education classes and assistance with tax preparation. Assistance available in Spanish throughout tax season (February 1 through April 15) and with advance notice during the rest of the year.

# **Denver Center for Crime Victims**

P.O. Box 18975 Denver, CO 80218 (303) 860-0660

24-Hour Hotline Numbers: (303) 894-8000 (English) and (303) 718-8289 (Spanish)

Offers Legal Immigration Clinic to assist victims of domestic violence and sexual assault with obtaining legal permanent residence in the United States based on their victimization, their good faith marriage or immediate family relationship to a U.S. Citizen or Legal Permanent Resident, and their own good character. Also provides crime victim assistance, 24-hour crisis intervention, crisis counseling, emergency financial assistance concerning victimization, and interpreter/translator services.

#### **Denver Children's Advocacy Center**

2149 Federal Blvd. Denver, CO 80211 (303) 825-3850

Responds to reports of child abuse and neglect in Denver, coordinates multi-disciplinary teams of first responders, and provides counseling services to child victims and their family members. Offers community outreach to BIPOC and immigrant communities to provide resources, early mental health and childhood consultation, and training for individuals working with high-risk children and families.

#### **Denver Health Family Health Centers**

Gipson Eastside	La Casa/Quigg Newton	Montbello	Park Hill
501 28 <sup>th</sup> St.	4545 Navajo St.	4685 Peoria St.	3900 Grape St.
(303) 436-4600	(303) 436-8700	(720) 956-2730	(720) 956-2820
Sandos Westside	Westwood	Wellington E. Webb Center for Primary Care	
1100 Federal Blvd.	4320 W Alaska Pl.	301 W 6 <sup>th</sup> Ave.	
(303) 436-4200	(720) 956-2900	(303) 602-8070	

Provides general healthcare services for men, women, and children including immunizations and disease prevention programs and services. Spanish speaking providers are available. A language line is utilized for other languages.



Refugee Preventive Health Clinic at Lowry Family Health Center 1001 Yosemite St.
Denver, CO 80230 (720) 956-2067

Provides physical exams, lab work, dental screenings, and referrals for refugees. Also provides immunization, mental health screening and referrals, health education, initial orientation to primary healthcare systems in CO, and INS immunization forms. Services are for refugees, asylees, or victims of severe forms of trafficking. Must receive services within 90 days of date of entry or status being granted. Spanish and French speaking staff are available. Interpreters are used for other languages.

#### Denver Public Library: English and Spanish

Various locations throughout Denver

(720) 865-1111

Offers adult education classes, GED and ESL classes, and children's activities. Spanish speaking staff are available.

# **Denver Public Schools English Language Acquisition (DPS ELA)**

(720) 423-8155

#### Merrill Middle School Newcomer Center

1551 S Monroe St. Denver, CO 80210 (720) 424-0600, (720) 424-0602

#### South High School Newcomer Center

1600 E Louisiana Ave. Denver, CO 80210 (303) 405-6674, (303) 405-6675, (720) 423-6000

DPS ELA is responsible for ELA services for all Denver Public School students. English language learners are provided services through either a transitional native language instruction (TNLI) model or an English as a Second Language (ESL) model. Components of the transitional native language instruction model include native language instruction in Spanish, supported English content instruction, and English language development. Components of the ESL model include supported English content instruction and English language development. The kind of services provided at each school is determined by the number of English language learners at the school.

As a part of the ELA, there are 2 newcomer centers, located at Merrill Middle School and South High School, that provide instruction for limited English proficient middle school and high school students who are new to Denver Public Schools and have had limited or interrupted education. They offer intensive instruction in reading, writing, and understanding English for one or two semesters to prepare students for participation in an ESL or a transitional native language instruction model. Initial screening occurs in the home school, and those deemed appropriate are referred to the Newcomer Center for further evaluation.

Interpretation and translation services are provided in Arabic, Spanish, and Vietnamese.



#### **Denver Public Schools - Multilingual Education**

1860 Lincoln St. Denver, CO 80203 (720) 423-3200

Provides a bilingual program for Spanish-speaking students, Spanish language arts at secondary schools, and ESL programs. DPS offers language courses in Spanish, Arabic, Chinese, French, Italian, Heritage Spanish Language Arts, Japanese, and Lakota. Newcomer Centers is available for students new to the United States, have a history of interrupted education, and have minimal literacy skills in their native language and English. There are various locations for Newcomer Centers. Zone Schools is available if a student's school does not provide the desired Multilingual Education Services.

#### **Denver Urban Ministries**

1717 E Colfax Ave. Denver, CO 80218 (303) 355-4896

Spanish speaking case manager: (303) 350-5075

Provides a variety of services including emergency and stabilization services for people in need, housing rental and utility assistance, a legal clinic every other Tuesday, and job assistance services. Also makes referrals to other agencies that provide additional employment resources. Spanish speaking staff are available.

#### **Denver's Great Kids Head Start**

(720) 913-0880

Offers early childhood education and development services (nutrition, medical services, etc.) for children 3 to 5 years old from low-income families. Spanish speaking staff are available.

#### **East Colfax Community Center**

1195 Newport St. Denver, CO 80220 (919) 360-2920

Provides direct assistance to neighbors and businesses at risk of displacement through their Housing Assistance Program, East Colfax Clinic, and East Colfax Small Businesses Relief Fund. Works on community safety initiatives, coalition building, housing solutions, small business support, state policy, and policy advocacy.

# **Ecumenical Refugee and Immigration Services**

1600 Downing St., #400 Denver, CO 80218 (303) 860-0128

Provides resettlement services including case management and employment assistance. Also offers legal assistance. Languages spoken include Albanian, Amharic, Arabic, Burmese, Farsi, Karen, Oromo, Serbian-Croatian, Somali, Spanish, Swahili, Tigrinya, and Turkish.



#### El Centro Esperanza

881 Federal Blvd. Denver, CO 80204 (303) 480-1920

Provides community mental health services including support groups, counseling, and therapy (including play therapy program for children) and HIV testing. Also offers health prevention and education programs for the Latino GLBT community. Spanish speaking staff are available.

#### El Centro Humanitario

(720) 404-1935

The Employment Program is a cornerstone of El Centro, offering direct access to employment opportunities. Hiring workers is as simple as contacting El Centro to request a worker; filling out an intake form; and agreeing to basic terms, including a pay rate of living standard wage. Employers receive information and education regarding their rights and responsibilities when hiring a worker. This program boosts employment for worker members and holds both the workers and their employers accountable for a strong working relationship. Workers who access jobs through El Centro's Employment program know that they will receive a fair wage of at least \$18/hour, at a minimum of 4 hours, and be protected from abuses such as wage theft and unsafe working conditions. Staff speak Spanish.

#### El Grupo Vida

3443 S Galena St., Suite 120 Denver, CO 80231 (303) 335-9875

Offers educational workshops, IEP and early intervention consultations, parent support groups, support with guardianship, resource navigation, teen and siblings youth group, and an annual adult and youth conference. Provides business entrepreneurship, sign language, photography, first aid, CPR, health, nutrition, and respite classes. Offers services in Spanish.

#### **Emily Griffith Opportunity School**

1250 Welton St., Room 248 Denver, CO 80204 (720) 423-4753

ESL office: (720) 423-4750

Offers ESL classes. Students must come in between 8am-6pm Monday through Thursday or between 8am-3pm on Friday for a placement test. Schedule and cost depend on level of class. Also offers Workintensive Skills Camp (WISC), an intensive 4-week program that provides hands-on learning of entry-level job skills, workplace expectations, job retention "soft" skills, and job shadowing. Also has GED classes as well as vocational classes in more than 350 areas and certification in over 45 areas. Staff speak Spanish, Russian, and Serbo-Croatian.

#### **Emily Griffith Technical College**

1860 Lincoln St., 6<sup>th</sup> Floor Denver, CO 80203 (720) 423-4700



Offers an Immigrant/English Service Program that provides outreach, enrollment, navigation, goal planning, career coaching, job search assistance, scholarships, engagement, and networking.

# **Energy Outreach Colorado**

1-866-HEAT-HELP (1-800-432-8435)

Provides referrals to energy assistance agencies that help clients pay their utility bills and information line for agency assistance, weatherization, and Low-Income Energy Assistance (LEAP) questions. May qualify for assistance if home heating costs are paid to an energy provider or as part of rent and energy bill is at least 1 day past due. Spanish speaking staff are available.

#### **Environmental Learning for Kids**

PO Box 21679 Denver, CO 80221 (303) 291-7553

Offers science and natural resource programs to grades K-12, STEM education programs for students 8-14 years old, a Youth in Natural Resources program for youth ages 14-25, a Leadership Corps program for high school students, a family program, and an Urban Ranger program that provides youth employment opportunities.

# **Family Medicaid**

(303) 866-3513

1-800-211-3943

Health insurance program for pregnant women and families with children who meet Medicaid income limits and are U.S. citizens, legal permanent residents of at least 5 years, asylees, refugees, or non-citizens with a qualifying emergency. Spanish speaking staff are available.

#### **Family Promise of Greater Denver**

1600 N Downing St., Suite 500 Denver, CO 80218 (303) 675-0713

Helps local communities address the root cause of houselessness by providing preventive services before families reach a crisis, shelter and case management, and stabilization programs once they've secured housing to ensure families remain independent.

# Filipino-American Community of Colorado

1900 N Harlan St. Edgewater, CO 80214 (303) 233-6817

Offers Tagalog classes, martial arts classes, fundraising for youth scholarships, vaccination, and houselessness initiatives.

# **Focus Points Family Resource Center**

3532 Franklin St. Denver, CO 80205 (303) 292-0770

Open Book Adult Literacy Program: (303) 573-5169

Offers programs and classes designed to strengthen familial and community ties, reduce isolation and family violence, and enhance the employability and independence of adult family members. Classes are



intended to increase children's school preparedness, parents' participation in their children's education, and parents' awareness of the stages of child development. Also offers GED classes in Spanish, ESL classes, and adult literacy classes.

#### **Food Bank of the Rockies**

10700 E 45<sup>th</sup> Ave. Denver, CO 80239 (303) 371-9250

Offers numerous sites for free food for children and free food pantries throughout Colorado.

# **Food Stamp Nutrition Education Program**

(844) 393-7627

The SNAP Education Program provides interactive nutrition education classes for SNAP-eligible individuals and families for free. The program is offered in English and Spanish. Learn more by calling 1-844-393-SNAP or by visiting: <a href="https://cdhs.colorado.gov/snap-ed">https://cdhs.colorado.gov/snap-ed</a>. Fill out the form on the page to find classes and grocery store tours for yourself and your family, receive healthy text message programming, or bring nutrition classes to your school, early childhood center or community.

#### **Gathering Place**

1535 High St. Denver, CO 80218 (303) 321-4198

Daytime drop-in center for women and children experiencing houselessness or poverty. Spanish speaking staff are available.

#### **Glendale Public Library**

999 S Clermont St. Glendale, CO 80246 (303) 691-0331

Holds ESL classes for a small registration fee. Fee covers placement testing, class materials, and progress tests. Participants must register and take a placement test before taking class.

#### **Global Bhutanese Community Colorado Inc**

1609 Havana St. Aurora, CO 80010 (980) 277-1213

# Globalbhutanesecommunityco@gmail.com

Assists new refugees in achieving economic self-sufficiency, better quality of life through education, cultural exchange, advocacy, and networking during their transition period.

# Globeville and Elyria Swanson (GES) Coalition Organization for Health and Housing Justice

PO Box 16132 Denver, CO 80216 (720) 282-9343

A group of neighborhood leaders and community organizations working to prevent displacement, activate resident-driven leadership, protect historically marginalized neighborhoods, preserve affordability in housing, and promote a culture that welcomes neighbors.



#### **Growing Home**

3489 W 72<sup>nd</sup> Ave., #112 Westminster, CO 80030 (303) 426-0430

Supports families by providing services such as a food pantry, utility assistance, houselessness prevention assistance, affordable and transitional housing, collaborative coaching for family success, and referrals for medical care and other essential services. Offers services to help parents support their children by providing coaching on child development and parenting practices that includes home visitation and classes for new and expecting parents. Assists in connecting families to each other and community members.

# **Hope Communities**

(303) 860-7747

# Info@hopecommunities.org

Operates four affordable and supportive housing communities in the Denver neighborhoods of East Colfax, Five Points, and Northeast Park Hill. Provides free onsite programs and services for COVID-19, resource navigation, adult education, youth development, economic mobility, health and wellness, and community building.

#### **Institute for Consensus Action**

1385 S. Colorado Blvd., Suite A-300 Denver, CO 80222 (303) 333-1984

Provides resident leadership, personal safety, and community safety training in affordable and subsidized housing properties. Uses participatory methods to ensure all programs are resident-focused and resident-driven. Offers facilitation and strategic planning services to organizations that serve immigrant and refugee populations.

#### **Interfaith Hospitality Network**

PO Box 40550 Denver, CO 80204 (303) 675-0713

An interfaith and community response to families who become houseless: provides shelter, meals, comprehensive assistance, and encouragement toward self-reliance in an atmosphere of warmth and hospitality. Preliminary screening is done to determine family's eligibility. Family must have a minimum of a guardian with a child under the age of 18. Documentation is necessary.

#### **International Heritage Cup Denver**

(720) 369-5148

Promotes outreach and unity within Denver immigrant, refugee, and receiving communities through the game of soccer. Teams are drawn into five groups in a World Cup-style tournament that will determine the International Heritage Cup champion.



# **International Rescue Committee in Denver**

1873 S Bellaire St., 5<sup>th</sup> Floor Denver, CO 80222 (720) 328-6655

Ensures newly arrived refugees receive help with rent, health care, affordable food, employment assistance, financial literacy, computer assistance, education for children, social services, community support, and legal services. Offers various programs including reception and placement services, employment services, financial programs, short term financial assistance, health education, health insurance literacy, family stabilization, psychosocial support, services for survivors of torture, and immigration.

#### **Jewish Family Service**

3201 Tamarac Dr. Denver, CO 80231 (303) 597-5000

Offers mental health services, school-based program for immigrant and refugee children and youth, citizenship classes, and food pantry. Refugee Mental Health Program provides individual, family, and group mental health services as well as psychiatric services to refugees in the U.S. for less than 5 years. Services covered by Medicaid or other non-refugee funding sources are not limited to five years. Also offers the Russian Mental Health program to help address mental health and adjustment issues for Russian-speaking new Americans. Staff speak Farsi, German, Russian, Spanish, Ukrainian, and Yiddish. Interpreters are used for other languages.

# **Justice and Mercy Legal Aid Center (JAMLAC)**

913 N Wyandot St. Denver, CO 80204 (303) 839-1008

Provides free civil legal services through representation, workshops, and consultation clinics. Services are offered in English and Spanish. Interpreters are also available in other languages as needed, including ASL.

#### **Latin American Educational Foundation (LAEF)**

1035 Osage St. Denver, CO 80204 (303) 446-0541

Provides Hispanic and Latino students with college planning and transition, enrollment, registration, financial aid guidance, scholarship support, mentoring, and career planning.

#### Latin American Research and Service Agency (LARASA)

309 W 1<sup>st</sup> Ave. Denver, CO 80223 (303) 722-5150 x110

Offers a wide range of services. Provides contemporary, culturally and linguistically competent online education for middle and high school youth as well as GED preparation, basic reading, writing and math instruction, and ESL instruction. Hosts a series of cultural events that promote Latino heritage and builds



cross cultural relationships. Offers citizenship preparation classes and individual tutoring, community and family advocacy, leadership development, and civic engagement education for Latinos. Staff speak Spanish.

#### **Latina Initiative**

The Latina Initiative works to strengthen the impact and influence of Colorado Latina voters by advocating for culturally responsive, relevant, innovative, and inclusive communication, education, and voter engagement strategies. Provides resources regarding COVID-19 vaccination and testing sites.

#### Latina Safehouse

PO Box 11174 Denver, CO 80211 (303) 433-4470

Provides bilingual and culturally sensitive services to Latina survivors of domestic violence and their families.

#### The Learning Source

929 29<sup>th</sup> St. Denver, CO 80205 (303) 957-2838

Offers a wide range of services. Provides family literacy courses to assist parents in supporting their children's education, adult basic education and high school equivalency classes to help adults get their High School Equivalency Diploma, and ELA classes. They also partner with Red Rocks Community College to assist adult learners in developing their Math and English skills and help students with college readiness skills. Provides a distance learning program to prepare for the High School Equivalency exams. The cost, times, and locations of these services vary.

#### **Littleton Immigrant Resources Center**

6014 S Datura St. Littleton, CO 80120 (303) 795-3968

Provides affordable English classes, English and Citizenship tutoring, immigration assistance, and an international conversation group.

#### **Lutheran Family Services Rocky Mountains**

1035 Osage St., Suite 700 Denver, CO 80204 (303) 980-5400

Provides resettlement services for refugees, including housing, employment, English language, and cultural orientation. Also offers immigration legal services including general immigration consultation to review your immigration history and possible forms of relief, adjustment to permanent resident status, renewal of permanency residency card, employment authorization documents, petitions for family members, DACA renewals, refugee travel documents, waivers, and naturalization or citizenship application.



#### **Mercy Housing**

Manages various properties with low-cost housing. Properties offer various services, including access to food pantries, fitness classes, cooking classes, healthcare assistance, youth programs, financial education, voter education, and community-building activities.

Properties include but are not limited to:

Grace Apartments: 8888 E 13<sup>th</sup> Ave., #13 Denver, CO 80220 (303) 399-3979 Holly Park Apartments: 5524 E 60<sup>th</sup> Ave. Commerce City, CO 80022 (303) 287-9087

#### **Metro West Housing Solutions**

575 Union Blvd., Suite. 100 Lakewood, CO 80228 (303) 987-7580

Provides high quality, safe, affordable, and sustainable housing and services to people in the metro Denver area that earn a range of incomes. Offers a Resident Services Program to provide residents with resources, information, and connections to help them navigate their community and provide engagement opportunities.

#### Mi Casa Resource Center

345 S Grove St. Denver, CO 80219 (303) 573-1302

Provides services to educate, train, and support youth and adults in education and employment. Assists with accessing an affordable post-secondary education. Offers career workshops, one on one career coaching, industry-specific training, job search assistance, career readiness course, and banking and financial services.

Supports entrepreneurs through all stages of business development, helping them plan, launch, manage, and grow their businesses through bilingual consulting, and in-depth training. Offers business-related workshops, webinars, and resources. Also provides an 8-week program for those who want to launch and operate a food truck, catering, or restaurant. Offers free one-on-one bilingual business consulting services for small business owners. Additionally, Mi Casa offers webinars and workshops on various topics, including accounting, QuickBooks, marketing, social media, and government certifications.

#### **Miel Foundation**

(720) 254-1567

Their aspiration is to empower immigrants and refugees through MIEL's four key pillars: Mental Health, Immigration, Education, and Language.



#### Mile High Early Learning

(303) 861-2602

Operates six early learning centers that provide early childhood education for children ages 6 weeks to 5 years. Offers programs to parents to help develop positive parent-child relationships, engage in their child's education and transitions, advocate for their children's needs, and build connections to the Mile High Early Learning community. Offer book clubs for parents whose children are not enrolled in early childhood education programs from birth to age three.

Centers include but are not limited to:

Rude Park Early Learning Center Anna Jo Garcia Haynes Early Learning Center

1275 Decatur St. 2851 Tremont Place Denver, CO 80204 Denver, CO 80205

# Mongolian Culture and Heritage Center of Colorado

5999 N Pecos St. Denver, CO 80221 (303) 669-1095

Offers various programs to preserve and share Mongolian culture with the greater Colorado community. Programs include an exhibit at the Denver Meow Wolf Museum, yoga classes, guided meditation classes, a children's puppet theatre, cultural performances, and an art school.

#### Office of Economic Development & Opportunity, City and County of Denver

101 W Colfax Ave., Suite 850 Denver, CO 80202 (720) 913-1999

dedo@denvergov.org

Hosts free virtual and in-person job fairs, training sessions, resume building, mock job interview workshops, and more.

Denver Workforce Center at Montbello 4685 Peoria St., Suite 251 Denver, CO 80239 workforce.development@denvergov.org

Offers job-seeking services and personal advising. Accepts in-person meetings by appointment only and walk-ins.

#### **Oromo Community of Colorado**

1609 Havana St. Aurora, CO 80010 (720) 651-4208

Provides immigrant and other social assistance to new Oromo refugees and asylees, health awareness, educational services, youth programs, elders programs, women empowerment programs, sport and cultural programs, human rights advocacy, and business-related resources, referrals, and guidance to immigrant and refugee business.



# Padres y Jovenes Unidos/Movimiento Poder

Led by working-class Latino immigrants, queer, youth, women, and families to advocate for police free schools, immigrant rights, voter protection rights, and protecting families during the COVID-19 pandemic.

# **Planned Parenthood of the Rocky Mountains**

Various locations throughout Denver 1-800-230-PLAN

Offers affordable and confidential reproductive healthcare services for women and men, including birth control, pregnancy testing, primary care, STD testing and treatment, HIV testing, transgender hormone therapy, cancer screenings, and abortion services. Spanish-speaking staff is available.

# Rocky Mountain Immigrant Advocacy Network (RMIAN)

7301 Federal Blvd., Suite 300 Westminster, CO 80030 (303) 433-2812

Hotline for detained individuals & family members: 303-866-9308

RMIAN provides free immigration legal services to men and women in immigration detention and to immigrant children in Colorado. RMIAN provides "know your rights" presentations to individuals in immigration detention, trains volunteer attorneys, coordinates referrals for individuals without resources for private attorneys, and provides attorneys and clients with mentoring and other resources. Spanish speaking staff are available.

#### **Scholars Unlimited**

3705 E 40<sup>th</sup> Ave. Denver, CO 80205 (303) 355-0290

Offers a 30 week after school program from mid-September to mid-May. The program is available for K-5 students and provides snacks, literacy support, and activities. Some locations that currently offer the program is Alice Terry Elementary, College View Elementary, Harris Park Elementary, Mesa Elementary, and University Prep on Arapahoe St. And Steele St.

Provides a free 6-week full day summer program that includes instruction, social emotional learning, and activities. Transportation is provided at select locations and meals and snacks are included. There is also a 6-week kindergarten readiness summer program for students starting kindergarten in the Fall.



#### Servicios de la Raza

All services are offered here: 3131 W 14<sup>th</sup> Ave. Denver, CO 80204

Behavioral Health Services, Re-entry Services, and COVID Crisis Counseling Program only: 200 S Sheridan Blvd.
Denver, CO 80226
(303) 458-5851

Email: info@serviciosdelaraza.org

Offers programs for adults and youths reintegrating to society after incarceration to gain access to employment, training, housing resources, documentation, transportation, and clothing. Provides HIV and STI services, community resources, food bank, clothing bank, case management services, 24-hour crisis line, victim services, youth leaderships opportunities, financial coaching, behavioral health services, access to statewide services, and healthcare access. Spanish speaking staff are available.

# **Sheridan Public Library**

3425 W Oxford Ave. Denver, CO 80236 Phone: (303) 542-7279

Offers free ESL classes weekly that meet for 3 hours. Registration for English classes takes place in August and January. The Sheridan Library also hosts a Mexican Loteria (Bingo) and computer classes for adults held in Spanish.

#### **Shiloh House**

Corporate Office 6588 W Ottawa Ave. Littleton, CO 80128 (303) 933-1393

Administration Office 6400 W Coal Mine Ave. Littleton, CO 80123 (303) 932-9599

Provides services to clients in their homes or other community settings depending on the family's needs. Offers residential care, educational programming, day treatment and outpatient services, independent living, and other community-based wrap around services.



# **Sisters of Color United for Education**

938 W 8<sup>th</sup> Ave. Denver, CO 80204 Phone: (303) 446-8800

Email: grants.manager@scoue.org

Provides mental health counseling, advocacy, and case management for HIV positive individuals. They also provide free testing and support IV drug users, houseless, under-insured, and undocumented or refugee populations. Current treatment services include mental health counseling, substance abuse screening, brief intervention, psychosocial support, yoga, dance, art therapy, and ritual cleansing. Spanish speaking staff are available.

#### **Spring Institute for Intercultural Learning**

1373 Grant St. Denver, CO 80203 (303) 863-0188

Offers ESL, digital skills, adult secondary education, GED, citizenship preparation, education career pathways, ESL for early childhood education, and one on one career coaching services for education and healthcare career pathways. Spring Institute provides Customized English Training for employers, businesses, and organizations.

Provides interpretation and translation services in over 100 languages along with training for bilingual employees and interpreters who work in healthcare, social services, and education to enhance their skills.

Offers health literacy classes, community engagement activities, and patient navigation services to immigrant and refugee families living in Denver and Aurora.

# **Street Fraternity**

820 E Colfax Ave. Denver, CO 80220 (720) 227-7317

A place where young men can find alternative pathways to be safe, independent, and connected to their communities and contributors to society. Offers a community kitchen/dining room, music room, active room, ping pong room, meditation room, library, and food distribution.

#### **Thriving Families**

1130 Fox St. Denver, CO 80204 (720) 440-3052

<u>Info@thrivingfamiliescolorado.org</u>

Offers programs for women who are pregnant or have new babies and parenting and pregnant teens. Provides therapy services, postpartum depression groups, parenting program for mothers of children 3-6 years old, workshops on relationships and communication skills for couples, and oral health education.



#### **Towards Justice**

303 E 17<sup>th</sup> Ave., Suite 400 Denver, CO 80203 (720) 441-2236

A legal organization that defends workers and their rights through impact litigation and policy advocacy. Focus areas include litigation, abuses of corporate power, abusive debt collection, COVID-19, discrimination, exploitation of immigrants and guest workers, forced labor, trafficking, gig economy companies, investigations, meatpacking, multilevel marketing, non-compete/no-hire/no-poach agreements, policy advocacy, and wage theft.

#### Una Mano Una Esperanza

3522 York St. Denver, CO 80205 (303) 910-8647

Supports victims of crime to help survivors navigate how the court system and police system work. Navigators work with victims in order to provide context to judges, authority figures, and professionals so they are familiar with the situations and culture of those affected.

#### **Unite Here**

Phone: (877) 375-1748

Represents union workers in the hotel, food and concessions, airport, parking attendants, museums, universities, and industrial laundry industries. Provides information regarding forming workers' unions, job rights, and political action.

#### **Westwood Unidos**

3790 Morrison Road Denver, CO 80219

Provides classes and workshops in English and Spanish at a very low cost or for free. Classes change frequently but have included Zumba, Nutrition, Computer Tutoring, Women's Support Group, Yoga, Tae-Kwon-Do, and Music. Offers opportunities to be involved in the Safety Action Committee, raises awareness of the importance of limiting sugary drinks, and has a youth led bike library and shop.

#### Women, Infants, and Children (WIC)

Clinics include but are not limited to:

Eastside WIC ClinicMontbello WIC ClinicWestside WIC Clinic501 E 28th St.12600 Albrook Drive110 Federal Blvd.Denver, CO 80205Denver, CO 80239Denver, CO 80204(303) 602-6550(303) 602-6550(303) 602-6550

Offers nutrition education as well as screening and referrals for medical, dental, health insurance, and childcare for women who meet WIC's income guidelines and who are pregnant or have a child under the age of 5. Spanish speaking staff are available.



# **Work Options**

1200 Federal Blvd. Denver, CO 80204 (720) 944-3393

Email: info@workoptions.org

Provides a free 4–6-week long Work Options training so that students can become employed in as few as 20 days. The job training and support program offers culinary skills training, hands-on practice, certifications, care management, life skills, job readiness, employment search, paid internship opportunities, and post-graduation support.

#### **Youth Employment Academy**

1079 Osage St. Denver, CO 80204 (720) 956-3833

Offers three locations for youth to seek employment at. Osage Café employs underserved young adults ages 16-24 and trains them in skills to help them succeed in the culinary industry. Arts Street uses creative arts to empower youth ages 14-24 to pursue future education and employment through art-based academies, internships, and mentorship programs. Decatur Fresh offers residents in the Sun Valley neighborhood healthy international food options and trains youth in customer service or grocery store management.