September 2024

CUNNINGHAM FALLS & GAMBRILL STATE PARKS

14039 Catoctin Hollow Road | Thurmont, MD 21788 301 :

301 :

8602 Gambrill Park Road | Frederick, MD 21788

Sunday	Monday	Tuesday	Wednesday	Thursday	Frid
1 Reptile Feeding 10am S'mores Campfire 7-830pm	Labor Day 2 History Hike to the Falls 9am Forest Therapy Walk 11am-1pm	3	4	5 Invasive Weed Pull 9-11am	Aviary Tour 11am
3					
8	9	10 Insect Mimicry 5pm	11	12	Geology Rocks 2pn
15 Invasive Weed Pull 9 -11am Sensational Snakes 11am	16	17	18	19	
22 Aviary Tour 10am Forest Therapy Walk 11am-1pm	23	24 Reptile Feeding 10am	25	26	
29 Aviary Tour 10am	30				

71 7574	
93 4170	
day	Saturday
6	7
n	Reptile Roundup 11am
N	Color Viewing 2 Free
TA	Solar Viewing 2-5pm
	Night Sky 8-10 pm
13	14
om 15	Invasive Weed Pull 9-11am
	Beginner Archery 4-6 pm
	Selena Movie Night 8:30pm
20	21
20	Catoctin Furnace History Walk 11am
	Hand Bound Nature Books 2-4 pm
27	National Public Lands Day 28
	Invasive Weed Pull 9-11am
	Beginner Archery 4-6pm
	Trash Pick Up 5-7pm
	Flickering Shadows 7:15pm

Follow Friends of Cunningham Falls and Gambrill on Facebook or @MDStateParks on Twitter. Every effort is made to make programs ADA accessible, call 301-271-7574 for accommodation. Events are free with park entrance unless otherwise noted; William Houck Area entrance weekday fees: \$3/MD resident and \$5/out of state resident, weekend/holiday fees are \$5/MD resident and \$7/non resident. Events in the Manor Area and Gambrill State Park are by honor box fees of \$3/MD vehicle, \$5/out of state vehicle. Unless noted, events are rain or shine. Children under 18 must be with an

adult. Questions call 301-274-7574. Cash/check only for programs requiring payment.

Saturday - Sunday: Museum of the Ironworker. 10 a.m. - 2 p.m. 12610 Catoctin Furnace Rd. Thurmont, MD 21788. Learn about the historic village and the Catoctin Furnace. No charge.

September 1 & 24 - Reptile Feeding. 10a.m. Meet outside the Manor Area Visitor Center. 6709 Cunningham Falls Park Road, Thurmont, MD 21788. Watch our reptile ambassadors get fed and learn about their diets.

September 1 - S'mores Campfire. 7-8:30p.m. William Houck Campground Amphitheater. 5783 Campground Dr., Thurmont, MD 21788. Event sponsored by Friends of Cunningham Falls & Gambrill State Parks, suggested donation of \$5/person or \$10/family. Anyone attending that is not a registered camper must stop at the Camp Office for admittance to the program.

September 2 - History Hike to the Falls, 9 a.m. Meet at the Nature Center. 14274 William Houck Drive Thurmont MD 21788. Join the park staff on an easy-to-moderate one-mile hike and learn about the history of the falls and the land before it became a state park. Bring water and sturdy shoes to hike in. Weather-dependent.

September 2 & 22 - Forest Therapy Walk, 11 a.m. - 1 p.m. Meet at the Nature Center. 14274 William Houck Dr. Thurmont, MD 21788. Enjoy a mindful walk in nature led by a certified forest therapy guide. Through a sensory awakening meditation and guided invitations, participants are called to engage deeply with the forest, tune into their senses, and become fully present. Please bring shoes suitable for hiking and a walking stick, if desired. Designed for ages 16+.

September 6, 22 & 29 - Aviary Tour. Times vary. Meet at Manor Area Visitor Center. 6709 Cunningham Falls Park Rd. Thurmont, MD 21788. Learn about the park's animal ambassadors including live reptiles and raptors.

September 7 - Reptile Roundup, 11a.m. Meet at the Manor Area Visitor Center. 6709 Cunningham Falls Park Road, Thurmont, MD 21788. Meet the park's reptiles and learn about its many amazing adaptations. Event free with park entrance fees of \$3/MD vehicle, \$5/ Non resident vehicle.

September 7 - Solar Viewing at the Lake. 2 - 5pm at South Beach Parking Lot. 14274 William Houck Dr. Thurmont MD 21788. Check out the active sunspots on our favorite star with members of the Westminster Astronomical Society. Shine only.

September 7 - Night Sky. 8 - 10p.m. at Dam Overlook Parking Lot, 14372 Catoctin Hollow Rd. Thurmont MD 21788. Join the Westminster Astronomy Society to view the night sky with telescopes. Shine only.

September 10 - Insect Mimicry, 5 p.m. Meet at the Manor Area Visitor 6709 Cunningham Falls Park Rd. Thurmont MD 21788. Come and join a research entomologist to learn about why insects look the way they do! Learn about how insects find food and how they avoid being food. There will be many specimens to observe and examine!

September 13 - Geology Rocks!, 2 p.m. - 4 p.m. Meet at the Nature Center. 14274 William Houck Drive Thurmont MD 21788. An easy to moderate one mile round trip hike with park staff to learn about the geology of the park. Find out what kind of rocks you may find at the park. There will be fossils and example rocks to examine. Shine only.

September 5 & 14 - Invasive Weed Pull, 9-11 a.m. Meet at the Nature Center. 14274 William Houck Dr. Thurmont, MD 21788. Become a weed warrior and pull invasive plants to allow natives to take their place. It's a great way to earn service hours. Dress for the weather - wear long pants, sleeves, work gloves, and work boots. Bring any snacks/ drinks you may need. Shine Only.

September 14 & 28 - Beginner Archery. 4-6 p.m. Manor Area Archery Range. 6709 Cunningham Falls Park Rd, Thurmont MD 21788. No experience necessary, ages 8 & up, anyone under 18 must be accompanied by an adult, equipment provided. \$5/person, cash and check only. Closed toe shoes required. RSVP to 301-514-5866 by 1pm day of the program. Shine only.

September 14 - Selena Movie Night 8:30 p.m. Meet at High Knob Overlook. 8602 Gambrill Park Rd. Frederick MD 21702. The Friends of Cunningham Falls and Gambrill State Parks will host family favorite Selena rated PG. Free popcorn while supplies last. Attendees should bring water, bug repellent, and chairs.

September 15 - Invasive Weed Pull, 9-11 a.m. Meet outside the Manor Area Visitor Center. 6709 Cunningham Falls Park Road, Thurmont, Md 21788. Become a weed warrior and pull invasive plants to allow natives to take their place. It's a great way to earn service hours. Dress for the weather - wear long pants, sleeves, work gloves, and work boots. Bring any snacks/ drinks you may need. Shine Only.

September 15 - Sensational Snakes. 11 a.m. Meet outside the Manor Area Visitor Center. 6709 Cunningham Falls Park Road, Thurmont, Md 21788. Meet a park snake and learn about its many sensational adaptations. Event free with park entrance fees of \$3/MD vehicle, \$5/ Non resident vehicle.

September 21 - Catoctin Furnace History Walk, 11 a.m. Meet at the Manor Area Visitor 6709 Cunningham Falls Park Rd. Thurmont MD 21788. Come and join a volunteer on a walk to the Historic Catoctin Furnace and learn about all of its amazing history it has to offer. Bring water and proper footwear. Rain date is September 28th at 11am.

September 21 - Hand Bound Nature Books, 2 p.m. - 4 p.m. Meet at Concessions at South Beach. 14274 William Houck Drive Thurmont MD 21788. Learn to make your own hand-bound nature journals and art books with our artist-in-residence. Registration is required by email <u>rpwoinar@gmail.com</u>.

September 28 - Trash Pick-up, 5 p.m. - 7 p.m. Meet at the Houck Nature Center at South Beach. 14274 William Houck Dr. Thurmont MD 21788. Come help clean our park and keep its beauty. It's a great way to earn Service Learning Hours. Bring water and bring gloves if possible. Shine only.

September 28 - Flickering Shadows, 7:15 p.m. William Houck Campground Amphitheater. 5783 Campground Drive, Thurmont, MD 21788. Flickering Shadows: Experiments in Animation' is an outdoor screening of short videos by international artists working with a wide range of animation techniques - and exploring the complexities of our relationship to nature. This twenty minute video program will be followed by a campfire and shadow puppet interactive activity.

September 28 - Invasive Weed Pull, 9-11 a.m. Meet at High Knob Overlook. 8602 Gambrill Park Rd. Frederick MD **21702.** Become a weed warrior and pull invasive plants to allow natives to take their place. It's a great way to earn service hours. Dress for the weather - wear long pants, sleeves, work gloves, and work boots. Bring any snacks/ drinks you may need. Shine Only.