

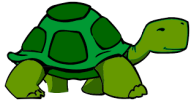




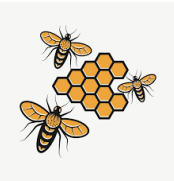









# August 2024

## CUNNINGHAM FALLS & GAMBRILL STATE PARKS

14039 Catocin Hollow Road | Thurmont, MD 21788 301 271 7574  
 analeigh.gardner@maryland.gov

8602 Gambrill Park Road | Frederick, MD 21788 301 293 4170

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Invasive Weed Pull 9am -11am Aviary Tour 4pm 	2	3 Pollinator Garden Exploration 10am-12pm Solar Viewing 2-5pm Night Sky 9-11pm Scales and Tales Campfire 7:30pm
4 Insect Bioblitz 2pm Night Hike 8pm 	5	6 Terrific Turtles 12pm -2pm 	7 Nature Crafts 12:30pm- 2:30pm 	8 Catching the Sun 2pm 	9 Trash Pick up 1-3pm Geology Rocks! 3-5pm Insect Mimicry 5pm 	10 Forest Therapy Walk 9am-11am Science Activity Day 10am-12pm Little Rascals Movie Night 8:30pm
11 Invasive Weed Pull 9am-11am  Owl Discovery 5pm Night Hike 8pm	12	13 Reptile Feeding 10am Buzzing Bees 2pm 	14 Aviary Tour 11am 	15 Lake Seine 3pm	16 Birds and Beaks 11am  Trash Pick up 5-7pm	17 Insect Bioblitz 2pm 
18 Aviary Tour 10am	19	20 Reptile Feeding 10am Nature Crafts 12:30-2:30pm	21	22	23 Stream Exploration 11am Trash Pick up 1-3pm 	24 Guided Hike and Watercolor 2pm Beginner Archery 4-6pm Youth Fishing Program 6-8pm 
25 Hike to the Falls 10am  Aviary Tour 2pm	26 Reptile Roundup 11am Trash Pick up 1-3pm	27 Reptile Feeding 10am 	28 Aviary Tour 10am	29	30	31 Aviary Tour 10am

Follow Friends of Cunningham Falls and Gambrill on Facebook or @MDStateParks on Twitter. Every effort is made to make programs ADA accessible, call 301-271-7574 for accommodation. Events are free with park entrance unless otherwise noted; William Houck Area entrance weekday fees: \$3/MD resident and \$5/out of state resident, weekend/holiday fees are \$5/MD resident and \$7/non resident. Events in the Manor Area and Gambrill State Park are by honor box fees of \$3/MD vehicle, \$5/out of state vehicle. Unless noted, events are rain or shine. Children under 18 must be with an adult. Email [analeigh.gardner@maryland.gov](mailto:analeigh.gardner@maryland.gov) for questions. Cash/check only for programs requiring payment.

**Wednesday - Sunday: Museum of the Ironworker.** 10 a.m. - 4 p.m. 12610 Catocin Furnace Rd. Thurmont, MD 21788. Learn about the historic village and the Catocin Furnace. No charge.

**August 1 & 11 - Invasive Weed Pull, 9-11 a.m. Meet at the Nature Center.** 14274 William Houck Dr. Thurmont, MD 21788. Become a weed warrior and pull invasive plants to allow natives to take their place. It's a great way to earn service hours. Dress for the weather - wear long pants, sleeves, work gloves, and work boots. Bring any snacks/ drinks you may need. Shine Only.

**August 1, 14, 18, 25, 28 & 31- Aviary Tour.** Times vary. Meet at Manor Area Visitor Center. 6709 Cunningham Falls Park Rd. Thurmont, MD 21788. Learn about the park's animal ambassadors including live reptiles and raptors.

**August 3 - Pollinator Garden Exploration.** 10 a.m. -12 p.m. Meet outside the Manor Area Visitor 6709 Cunningham Falls Park Rd. Thurmont MD 21788. Find out what happens in a pollinator garden through games and scavenger hunts!

**August 3 - Solar Viewing at the Lake.** 2 - 5pm at South Beach Parking Lot. 14274 William Houck Dr. Thurmont MD 21788. Check out the active sunspots on our favorite star with members of the Westminster Astronomical Society. Shine only.

**August 3 - Night Sky.** 9 - 11p.m. at Dam Overlook Parking Lot, 14372 Catocin Hollow Rd. Thurmont MD 21788. Join the Westminster Astronomy Society to view the night sky with telescopes. Shine only.

**August 3 - Scales & Tales Campfire.** 7:30 p.m. William Houck Campground Amphitheater. 5783 Campground Drive, Thurmont, MD 21788. Join park staff for a campfire and meet park reptile ambassadors. Shine only. If not camping in the park, registration is required for admittance to the program [analeigh.gardner@maryland.gov](mailto:analeigh.gardner@maryland.gov).

**August 4 & 17 - Insect Bioblitz,** 2p.m. Meet at the Manor Area Visitor Center. 6709 Cunningham Falls Park Road, Thurmont, MD 21788. Join the Naturalist to dig and look for bugs and insects that can be found in the park ecosystem. Bring clothes you don't mind getting dirty.

**August 4 & 11 - Night Hike,** 8 p.m. Meet at the Nature Center. 14274 William Houck Drive Thurmont MD 21788. An easy to moderate one mile hike to experience nature in the park after dark, while learning about the different wildlife you may see at the park at night. Shine only. Bring a flashlight or headlamp.

**August 6 - Terrific Turtles.** 12 p.m. - 2 p.m. Meet at the Manor Area Visitor Center. 6709 Cunningham Falls Park Road, Thurmont, MD 21788. Come and meet our turtle ambassadors in their turtle playpen! Learn about their different adaptations and lifestyles. Shine only.

**August 7 & 20 - Nature Crafts.** 12:30 p.m. - 2:30 p.m. Meet at the Manor Area Visitor Center. 6709 Cunningham Falls Park Road, Thurmont, MD 21788. Join Naturalist for a fun nature themed craft!

**August 8- Catching the Sun,** 2 p.m. Houck Nature Center. 14274 William Houck Dr. Thurmont MD 21788. Learn about the sun and sun safety and create your very own paper plate suncatcher.

**August 9, 16, 23 & 26 - Trash Pick-up,** Times vary. Meet at the Houck Nature Center at South Beach. 14274 William Houck Dr. Thurmont MD 21788. Come help clean our park and keep its beauty. It's a great way to earn Service Learning Hours. Bring water and bring gloves if possible. Shine only.

**August 9 - Geology Rocks!,** 3 p.m. - 5 p.m. Meet at the Nature Center. 14274 William Houck Drive Thurmont MD 21788. An easy to moderate one mile round trip hike with park staff to learn about the geology of the park. Find out what kind of rocks you may find at the park. There will be fossils and example rocks to examine. Shine only.

**August 9 - Insect Mimicry,** 5 p.m. Meet at the Manor Area Visitor 6709 Cunningham Falls Park Rd. Thurmont MD 21788. Come and join a research entomologist to learn about why insects look the way they do! Learn about how insects find food and how they avoid being food. There will be many specimens to observe and examine!

**August 10 - Forest Therapy Walk,** 9 a.m. - 11 a.m. Meet at the Manor Area Visitor Center. 6709 Cunningham Falls Park Road, Thurmont, MD 21788. Enjoy a mindful walk in nature led by a certified forest therapy guide. Through a sensory awakening meditation and guided invitations, participants are called to engage deeply with the forest, tune into their senses, and become fully present. Please bring shoes suitable for hiking and a walking stick, if desired. Designed for ages 16+.

**August 10 - Science Activity Day,** 10 a.m. -12 p.m. Meet outside the Manor Area Visitor 6709 Cunningham Falls Park Rd. Thurmont MD 21788. Come and learn about science through games and many fun activities!

**August 10- Little Rascals Movie Night,** 8:30 p.m. Meet at High Knob Overlook. 8602 Gambrill Park Rd. Frederick MD 21702. Enjoy fun family entertainment at Gambrill State Park's High Knob Overlook with The Friends of Cunningham Falls and Gambrill State Parks. The Friends will host family favorite The Little Rascals rated PG. Join us for our monthly movie night on the second Saturday of every month from August-October. We will have free popcorn while supplies last. Attendees should bring water, bug repellent, chairs, and like the Little rascals a pal.

**August 11 - Owl Discovery.** 5 p.m. Meet at the Manor Area Visitor Center. 6709 Cunningham Falls Park Rd, Thurmont, MD 21788. Come and meet an Owl ambassador and learn about its amazing adaptations. Then complete an owl pellet dissection. Registration is required by email [analeigh.gardner@maryland.gov](mailto:analeigh.gardner@maryland.gov).

**August 13, 20 & 27 - Reptile Feeding.** 10a.m. Meet outside the Manor Area Visitor Center. 6709 Cunningham Falls Park Road, Thurmont, MD 21788. Watch our reptile ambassadors get fed and learn about their diets.

**August 13 - Buzzing Bees,** 2p.m. Meet at the Manor Area Visitor Center. 6709 Cunningham Falls Park Road, Thurmont, MD 21788. Join the Naturalist to learn about bees and their amazing adaptations and how they affect us in everyday life.

**August 15 - Lake Seine.** 3p.m. Meet at Houck Nature Center. 14274 William Houck Dr. Thurmont MD 21788. Join the Naturalist to conduct a lake seine and learn about the different fish found in the lake. Bring sturdy shoes you are willing to get wet. Expect to get wet.

**August 16 - Birds and Beaks.** 11 a.m. Manor Area Visitor Center. 6709 Cunningham Falls Park Rd. Thurmont, MD 21788. Learn about why birds have different beaks and how their beaks allow them to get their food. After check out our aviary and see the different beaks the birds have.

**August 23 - Stream Exploration.** 11 a.m. Meet at the Nature Center at South Beach 14274 William Houck Drive Thurmont MD 21788. Take a closer look at how to determine the health of our streams. Wear clothes and sturdy shoes that you are willing to get wet. RSVP to [analeigh.gardner@maryland.gov](mailto:analeigh.gardner@maryland.gov).

**August 24 - Guided Hike and Watercolor,** 2 p.m. Meet at the Nature Center. 14274 William Houck Drive Thurmont MD 21788. An easy to moderate one mile round trip hike to the falls with the naturalist. Learn about some of the park's local flora and fauna. Then come back and paint your favorite nature scene from the day! Shine only.

**August 24 - Beginner Archery.** 4-6 p.m. Manor Area Archery Range. 6709 Cunningham Falls Park Rd, Thurmont MD 21788. No experience necessary, ages 8 & up, anyone under 18 must be accompanied by an adult, equipment provided. \$5/person, cash and check only. Closed toe shoes required. RSVP to 301-514-5866 by 1pm day of the program. Shine only.

**August 24 - Youth Fishing Program,** 6 p.m. - 8 p.m. Meet at the Boat Ramp. 14039 Catocin Hollow Rd. Thurmont MD 21788. Come and try fishing with park staff. Under 16 only. If you are over 16 and wanting to fish you must purchase a fishing license beforehand. Equipment is provided.

**August 25 - Hike to the Falls,** 10 a.m. Meet at the Nature Center. 14274 William Houck Drive Thurmont MD 21788. An easy to moderate one mile round trip hike to the falls with the naturalist. Learn about some of the park's local flora and fauna. Shine only.

**August 26 - Reptile Roundup,** 11a.m. Meet at the Manor Area Visitor Center. 6709 Cunningham Falls Park Road, Thurmont, MD 21788. Meet the park's reptiles and learn about its many amazing adaptations.