



## AlaskaCare Benefit Clarification

<b>Benefit Title</b>	Chiropractic/Rehabilitative Coverage	<b>Group Number</b>	866219-All
<b>Effective Date</b>	January 1, 2018	<b>Date Submitted</b>	

**Applicable Benefit Plan (check all that apply):**

- Active   
  Retiree   
  Long-Term Care  
 Medical   
  Dental   
  Vision   
  Audio   
  Pharmacy   
  Other

**Description:** 4 modality limit claim adjudication policy

**AlaskaCare Insurance Information Booklet Reference(s):**

- Retiree January 1, 2014 amendment Section 2 – Visit Limits and Section 7 recognized charge/Aetna reimbursement policies
- AlaskaCare Employee Health Plan Section 2 – Visit Limits and Section 15 recognized charge/Aetna reimbursement policies

The AlaskaCare Employee Health Plan limits spinal manipulations to 20 visits per calendar year. There is no limit in the AlaskaCare Retiree Health Plan for spinal manipulations. Both the Employee and the Retiree plans do limit physical therapy to no more than 2 therapy visits in a 24 hour period, with one visit equaling up to one hour.

**Decision:** Do not apply 4 modality limit.

**Plan Administrator Approval:**

Signature

Title Director

Division of Retirement and  
Benefits

Date 1/1/18

**Comments:**

**This benefit clarification applies to the AlaskaCare Employee Health Plan effective January 1, 2018 and the AlaskaCare Retiree Health Plan as amended January 1, 2018.**

A benefit clarification is one mechanism by which the Plan Administrator provides guidance to the Third Party Administrator (TPA) as to the proper adjudication of a specific provision of the AlaskaCare Health Plan(s). A benefit clarification does not amend the AlaskaCare Health Plan(s); rather, it provides clarification as to the Plan Administrator's intent with regard to a specific provision of the plan document. No covered person will have any vested interest in a benefit clarification. The Commissioner of Administration, as administrator of the AlaskaCare Health Plans, reserves the right, in his sole discretion, to alter, amend, delete, cancel or otherwise modify this benefit clarification at any time and from time to time, and to any extent that he deems advisable.