## Warrior Girls' Soccer: Coach Attig & Coach Titterton

- Summer Practices/tryouts will begin August 19th. Start time tbd. These practices are mandatory. Talk to us privately through email if you have any concerns about this. cattig@ccts.net or ctitterton@ccts.net
- You must sign up for Remind. This is how we communicate. This is also how you will know if a game or practice is canceled. Please do not call or come to the coaches' classroom to ask about cancellations. We are teachers and have a job to do. Parents are encouraged to join Remind too.

Sign Up for Remind: Send a text to: 81010 Text this message: @h68ea3

## **Required Paperwork:**

 All forms and sports physical must be completed and turned into the <u>nurse</u> no later than Wednesday, August 14, 2024.

## They can be found at:

The Fall Sports registration is now open online. Here is the link: <a href="https://gloucesterccts-ar.rschooltoday.com/">https://gloucesterccts-ar.rschooltoday.com/</a>

Students have to turn in a Medical Eligibility Form to the school (hard copy to the Nurses or upload on the registration form).

During the month of July we run a free 21st century soccer program for our students. Although it is not mandatory, **it will help prepare you for tryouts in August**. In this program we work on skills, conditioning, strategy, & teamwork. You have to register for this program on the schools website's home page.

A few seasoned players will be running off site practice prior to the season's official start date. Again, it is beneficial for your growth as a team. If you need to be put on the call list for these player run practices, please email me directly. <a href="mailto:cattig@ccts.net">cattig@ccts.net</a>

## Soccer is a game of stamina, start building it now so you are prepared for tryouts.

Do not wait until the first day of practice to do conditioning.

We will be doing plenty of running and expect all athletes to be prepared.

In order to have a great/safe summer practice season please show up the first day of practice in proper practice gear. You will need cleats and sneakers on day 1. Be ready to work hard and push yourself. When you put the Warriors uniform on you better come to work.