



Breaking barriers

Local involvement

Amplifying Maternal Voices toolkit worksheet

Do your research

What is already happening in the local area?

What are the key priorities you want to influence locally?

Who are the people you want to influence?

Practical considerations

- Venue hire
- Access
- Costs
- Transport
- Refreshments
- Timings





Getting new people involved

Consider what steps to take in order to get new people involved. For example a flexible menu of options, how you value contributions.

Consider how to make your involvement sustainable and manageable

It's best to have a team around you with diverse skills so the group can continue if someone leaves.

Reflect and learn

What is your role in this – are you the right organisation or person to do the listening?
Is someone else already doing it or better placed?

What don't you know?