

December 5, 2014

Marie Zimmerman  
State Medicaid Director  
Minnesota Department of Human Services  
P.O. Box 64983  
St. Paul, MN 55164-0983

Dear Ms. Zimmerman:

Enclosed for your records is an approved copy of the following State Plan Amendment:

Transmittal #14-0016 - Children's Mental Health  
--Effective Date: July 1, 2014

If you have any additional questions, please have a member of your staff contact Courtenay Savage at (312) 353-3721 or via e-mail at [Courtenay.Savage@cms.hhs.gov](mailto:Courtenay.Savage@cms.hhs.gov).

Sincerely,

/s/

Alan Freund  
Acting Associate Regional Administrator  
Division of Medicaid and Children's Health Operations

cc: Sean Barrett, MDHS

Enclosure

STATE: MINNESOTA  
Effective: July 1, 2014  
TN: 14-16  
Approved: **12/5/14**  
Supersedes: 13-14 (09-22, 06-12, 04-10, 02-22)

ATTACHMENT 3.1-A  
Page 17f

---

4.b. Early and periodic screening, diagnosis, and treatment services: (continued)

E. direction of a mental health behavioral aide by a mental health professional who assumes full professional responsibility, or direction of a mental health behavioral aide by a mental health practitioner working under the clinical supervision of a mental health professional who assumes full professional responsibility. Direction is based on the child's individualized treatment plan and means:

- 1) on-site observation by a mental health professional during the first 12 hours of service;
- 2) ongoing, on-site observation by a mental health professional or mental health practitioner for at least one hour during every 40 hours of service; and
- 3) immediate accessibility of the mental health professional or mental health practitioner to the mental health behavioral aide when the services are provided.

F. mental health service plan development includes the development, review, and revision of a child's individual treatment plan; and the administration and reporting of standardized outcome measurement instruments.

Components A-F, above, may be combined to constitute a mental health day treatment program, provided by a multidisciplinary staff under the clinical supervision of a mental health professional, consisting of group psychotherapy for three or more than three recipients and individual or group skills training other intensive therapeutic services. It is provided by an outpatient hospital accredited by the Joint Commission on the Accreditation of Healthcare Organizations, a community mental health center, or a county contracted day treatment provider. Day treatment is provided at least one day a week for a minimum two-hour time block (of which one hour, is individual or group psychotherapy). A child may receive less than two hours per day of day treatment if the child is transitioning in or out of day treatment.

STATE: MINNESOTA  
Effective: July 1, 2014  
TN: 14-16  
Approved: **12/5/14**  
Supersedes: 13-14 (09-22, 06-12, 04-10, 02-22)

ATTACHMENT 3.1-B  
Page 16f

---

4.b. Early and periodic screening, diagnosis, and treatment services: (continued)

E. direction of a mental health behavioral aide by a mental health professional who assumes full professional responsibility, or direction of a mental health behavioral aide by a mental health practitioner working under the clinical supervision of a mental health professional who assumes full professional responsibility. Direction is based on the child's individualized treatment plan and means:

- 1) on-site observation by a mental health professional during the first 12 hours of service;
- 2) ongoing, on-site observation by a mental health professional or mental health practitioner for at least one hour during every 40 hours of service; and
- 3) immediate accessibility of the mental health professional or mental health practitioner to the mental health behavioral aide when the services are provided.

F. mental health service plan development includes the development, review, and revision of a child's individual treatment plan; and the administration and reporting of standardized outcome measurement instruments.

Components A-F, above, may be combined to constitute a mental health day treatment program, provided by a multidisciplinary staff under the clinical supervision of a mental health professional, consisting of ~~group~~ psychotherapy for three or more than three recipients and individual or group skills training ~~other intensive therapeutic services~~. It is provided by an outpatient hospital accredited by the Joint Commission on the Accreditation of Healthcare Organizations, a community mental health center, or a county contracted day treatment provider. Day treatment is provided at least one day a week for a minimum two-hour time block (of which one hour, is individual or group psychotherapy). A child may receive less than two hours per day of day treatment if the child is transitioning in or out of day treatment.