

Our support team encourages you and will help you achieve YOUR life goals.

FREE, NO COST TO YOU

Requirements for the program:

- ✓ 15-30 years of age
- ✓ First onset of a psychotic disorder within the last two years
- ✓ Currently experiencing psychotic symptoms such as hallucinations, delusions, hearing and/or seeing things others do not
- ✓ Diagnosis must qualify. Some of these qualifying diagnosis are schizophrenia, schizoaffective disorder, bipolar disorder, and depression

BENEFITS OF ePEP

- ◀ Counseling
- ◀ Assistance gaining or maintaining employment, stable housing, and education goals
- ◀ Assistance with memory, attention, focus, and problem solving
- ◀ Group support for you, your family, and others that are closest to you
- ◀ Recovery plan that is tailored to your goals and needs
- ◀ Personal education in anger management, dual diagnosis, stress, anxiety, and mental health
- ◀ Expert assessment, prescription, and management of medications
- ◀ Personal assistance with applying practical daily living skills



COMMON SYMPTOMS

Hearing or seeing things others do not hear or see

Having thoughts or beliefs that seem strange or unusual

Withdrawing from family or friends

Feeling fearful or suspicious

If left untreated, these feelings, thoughts, and behaviors can become worse over the time. Contact the ePEP team to find out more.

metrocareservices.org

CONTACT US

If you feel like you might qualify and are interested in ePEP, contact:

Martin Lee

Clinical Manager

469-680-3544

[changha.lee@](mailto:changha.lee@metrocareservices.org)

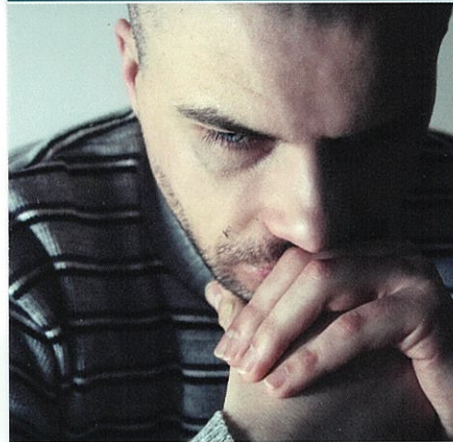
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ePEP Crisis Line:

214-505-2771



ePEP



ENHANCED PROGRAM FOR EARLY PSYCHOSIS

The Enhanced Program for Early Psychosis (ePEP) is designed to offer individuals in the early stages of psychosis with assistance in achieving their life goals.

Treatment and care can help.

You can feel better.



Metrocare

*Behavioral Healthcare
for Children & Adults*

**CHANGING
MINDS**