



Test-Taking Tips

Understand the Content and Design of Your AANPCB Exam

- Items on AANPCB exams focus on applying clinical knowledge and skills to management of individuals with common health conditions
- The Exam Content Outline shows the number of questions for each broad content area
- A description of the exam is available in the Candidate Handbook located on the AANPCB website home page: www.aanpcert.org

Allow Several Weeks to Prepare

- A minimum of 6 to 12 weeks is recommended
- Compare different types of review courses that fit your personal learning style

Create a Study Plan

- Identify the materials you plan to review
- Select an organizing framework for studying the content, such as by body systems or health conditions
- Allot an amount of time for each topic
- Set target dates, for example by writing the plan on a calendar

Adhere to Your Plan

- Monitor progress regularly
- Update and revise your study plan as needed
- Use rewards and social support to help you in meeting target goals

Review Basic Test-Taking Skills

- Read the entire question, then read each response option completely before selecting your answer
- Answer all questions
- Mark the items that you want to review again
- After reviewing marked items, make changes to your answers only if you have good reason for making a change
- Monitor your progress on the computer timeclock
- Allow time to review the exam and ensure all items have been answered

Take Practice Tests

- Answering practice questions will help you assess your knowledge and test-taking skills
- Time yourself or use time-based practice tests

Prepare for Exam Day

- Prior to Exam Day
 - Find location of Prometric testing center
 - Review the What to Expect video available on the Prometric website
 - Take time to relax and reduce stress – no cramming two days prior to test
 - Take care of yourself – practice good nutrition, hydrate, and rest
- Exam Day
 - Allow sufficient time to get to the testing center
 - Bring two forms of government-issued ID
 - Be confident – you have prepared for this!