

Quick Guide: Personal Income & Outlays Releases

This monthly release combines:

Personal income

- From all sources, not just wages and salaries
- Includes government social benefits, such as unemployment insurance, Medicare, Medicaid, Social Security, and pandemic-related payments

Outlays primarily personal consumption expenditures, also known as **consumer spending**



Each monthly news release includes:

News Release Related Materials Contact

- Full Release & Tables ^(PDF)
- Tables Only ^(Excel)
- Release Highlights ^(PDF)
- Historical Comparisons ^(PDF)
- Effects of Selected Federal Pandemic Response Programs on Personal Income

The Related Materials tab takes you to a longer version of the release with tables, historical comparisons, and more

Includes info about COVID-19 and federal stimulus programs



When using the data, note:

Personal income *Available in current dollars*

Consumer spending *Available in current and real, or adjusted for inflation, dollars*

The personal income landing page includes:

bea.gov/data/income-saving/personal-income

[Current Release](#)

[Interactive Data](#)

○ Download tables, modify time periods, create charts, and save your findings

The consumer spending landing page includes:

bea.gov/data/consumer-spending/main

Interactive Data

○ Download tables, modify time periods, create charts, and save your findings

[Summary Tables](#)

Annual, Quarterly, and Monthly estimates

[Underlying Detail Tables](#)

Annual, Quarterly, and Monthly estimates will be either based on judgmental trends or on 1

○ More details of spending on products and services



What about my state or city?

See bea.gov/news/schedule for release dates:

- Personal income and outlays by state
- Real personal income by state
- Personal income by county and metropolitan area

For more info about other numbers in the release, see bea.gov's *Data by Topic* landing pages:

- Disposable personal income
- Personal saving rate
- PCE price index
- PCE price index, excluding food and energy
- Government receipts and expenditures