



# MANAGING FOOD ALLERGIES IN SCHOOLS

## Select Resources



## FEDERAL RESOURCES

### Centers for Disease Control and Prevention (CDC)

#### CDC Food Allergy Tool Kit for Schools

The CDC's food allergy information page provides links to the *Voluntary Guidelines for Managing Food Allergies in Schools and Early Care and Education Programs* and to the resource tool kit for schools, which includes tip sheets for specific school audiences, including school superintendents, administrators, teachers and paraeducators, school nutrition professionals, school transportation staff and school mental health professionals. In addition, presentations for use in training school staff about food allergy management are available.

<https://www.cdc.gov/healthyschools/foodallergies>

### Food and Drug Administration (FDA), U.S. Department of Health and Human Services

#### Food Allergies: Reducing the Risks

This resource provides consumers with general information about food allergies, including a printer-friendly informational flier and a short video.

<http://www.fda.gov/ForConsumers/ConsumerUpdates/ucm089307.htm>

#### Food Allergies: What You Need to Know

These resources are designed to improve understanding of food allergies and labeling of food products, and includes food allergy updates for consumers.

<https://www.fda.gov/food/buy-store-serve-safe-food/what-you-need-know-about-food-allergies>

### U.S. Department of Agriculture (USDA)

#### Accommodating Children with Disabilities in the School Meal Programs

This resource from the USDA Food and Nutrition Service Office of Food Safety provides guidance to school nutrition programs about meeting the special dietary needs of students.

<https://www.fns.usda.gov/school-meals/2017-edition-accommodating-children-disabilities-school-meal-programs>



### Centers for Disease Control and Prevention

National Center for Chronic Disease Prevention and Health Promotion  
Division of Population Health

# NATIONAL NONGOVERNMENTAL RESOURCES

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## American Academy of Allergy Asthma and Immunology (AAAAI)

### School Tools: Allergy & Asthma Resources for Families, Clinicians and School Nurses

Sponsored by the American Academy of Allergy Asthma and Immunology, this resource provides information to keep children with allergic disease safe in school environments.

<https://www.aaaai.org/conditions-and-treatments/school-tools>

## American Academy of Pediatrics (AAP)

### Clinical Report: Management of Food Allergy in the School Setting

This report in the journal, Pediatrics, provides guidance to schools on the management of food allergies in schools.

<http://pediatrics.aappublications.org/content/early/2010/11/29/peds.2010-2575.full.pdf+html>

## Asthma and Allergy Foundation of America (AAFA)

### Kids with Food Allergies

This organization provides consumer information about a wide range of allergy topics affecting children. In addition to free archived webinars, educational resources, and recipes, the organization sponsors support forums for consumers.

<https://www.kidswithfoodallergies.org/>

## Food Allergy Research and Education (FARE)

### Living with Food Allergies

This site provides information and resources about food allergies and anaphylaxis to help people with food allergies and their families. Information includes educational and resource materials for use in schools, child care settings, and communities.

<https://www.foodallergy.org/>

### Statewide Guidelines for Schools

Hosted by Food Allergy Research & Education (FARE), this resource provides state guidelines for managing food allergies in schools.

<https://www.foodallergy.org/school-guidelines>

## National Association of School Nurses (NASN)

### Allergies and Anaphylaxis

Sponsored by the National School Nurses Association, this site provides a variety of tools and templates to educate and help people who are responsible for managing students with food allergies as an integral part of the delivery of health care services in schools.

<https://www.nasn.org/nasn/nasn-resources/practice-topics/allergies-anaphylaxis>