

Stay  
healthy

Stay at home  
if ill

Get vaccinated  
if you can

### Important contacts

#### VIC Medical Service

+43 (1) 2600 22222 Mon–Fri, 8:30–17:30  
+43 6991 652 2222 24/7

#### Coronavirus Hotline

(0) 1450 24/7

#### Ambulance Service

144 24/7

#### Doc Around The Clock (non-UN, private service)

+43 664 144 9 144 House visit, 24/7

### Resources

#### WHO

[www.who.int](http://www.who.int)

#### ECDC

[www.ecdc.europa.eu/en](http://www.ecdc.europa.eu/en)

#### Federal Ministry of Austria

[www.sozialministerium.at](http://www.sozialministerium.at)



VIC Medical Service  
Your Health Link at the Vienna International Centre

# COVID-19 QUICK GUIDE

## Precautions

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VIC Medical Service  
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# PRECAUTIONARY MEASURES



With soap and water frequently  
for a minimum of 20 seconds



Keep at least one metre  
between yourself and others



As required

## If you are feeling ill

- Minimise social contact with others.
- Get rest and stay hydrated.
- Take over-the-counter medication such as paracetamol to help you feel better.
- Stay home and call your doctor or the VIC Medical Service (VMS). Absence type depends on the doctor's assessment.
- Self-report to VMS, if you suspect you have COVID-19, have tested COVID positive or have been identified as a close contact.
- Come to work only if you are free of symptom(s) and healthy.

## Where to get the COVID-19 test in Vienna

- Free rapid antigen tests:
  - Austria Centre
  - Walk-in/drive-through testing centres [coronavirus.wien.gv.at/testangebote](https://coronavirus.wien.gv.at/testangebote)
  - Pharmacies (free with E-card) [apothekekammer.at](https://apothekekammer.at)
  - 'Check boxes' (if you have symptoms) [coronavirus.wien.gv.at/checkboxen](https://coronavirus.wien.gv.at/checkboxen)
- Alles gurgelt! – free PCR self-tests for you at home: [allesgurgelt.at](https://allesgurgelt.at)
- Private laboratories (not free of charge) [covid19-labore.at/bundesland\\_list.php?bundesland=10](https://covid19-labore.at/bundesland_list.php?bundesland=10)

## You are encouraged to get vaccinated

- The COVID-19 vaccination is voluntary and free of charge for all residents in Vienna.
- For more information about the COVID-19 vaccination, appointments and eligibility, please visit [impfservice.wien](https://impfservice.wien) or call 1450.
- Personnel from Vienna-based UN organizations are invited to inform VMS when they are completely vaccinated, through [EarthMed Portal](#).