

# Dietetics/Nutrition

## Practice In Louisiana

- ✔ **Must be Licensed in the State of Louisiana to practice or work as a Dietitian/Nutritionist**
- ✔ **Must be a Licensed Dietitian/Nutritionist (LDN) to use the Credentials RD or RDN in the State of Louisiana**

### Applying for LDN License

- Successfully passing the Entry-Level Registration Examination for Dietitians and provide proof which would be a letter from CDR or CDR Card
- Accreditation Council for Education in Nutrition and Dietetics (ACEND) Verification Statement
- College Transcripts showing degree awarded

### Applying for PL-LDN License

- Accreditation Council for Education in Nutrition and Dietetics (ACEND) Verification Statement
- College Transcripts
- After successfully passing the Entry-Level Registration Examination for Dietitians provide LBEDN with a letter from CDR or CDR Card in order to upgrade to LDN
  - Must apply for upgrade to LDN License - not automatically upgraded
    - ❖ Upgrade must be submitted online through Licensee Dashboard
    - ❖ Supervision must continue until upgrade is official

### Louisiana Board of Examiners in Dietetics and Nutrition (LBEDN)

LBEDN regulates the profession of Dietetics and Nutrition in Louisiana. Our mission is to assure the consumer of qualified licensed professionals. The Board has the authority to accept complaints against licensed practitioners and even unlicensed practitioners who are practicing in the scope of a dietitian and/or nutritionist, or an individual who uses such titles. The Board is a regulatory body; not a dietetic and/or nutrition advocacy group. The Board grants Licenses to Dietitians/Nutritionists to practice in the State of Louisiana.

### Types of Licensure in Louisiana regulated by LBEDN

- \* Provisional Licensed Dietitian/Nutritionist (Provisional LDN)
- \* Licensed Dietitian/Nutritionist (LDN)

Licensure is mandated by Louisiana law to practice dietetics and/or nutrition in the state of Louisiana. Licensure was put in place by the legislature in an effort to protect the consumer, by insuring that qualified professionals practice in Louisiana.



## Role of Professional Associations

Associations advocate for the profession legislatively and promote the profession. These require membership. Our professional associations are:

- Academy of Nutrition and Dietetics (AND)
- Louisiana Academy of Nutrition and Dietetics (LAND)
- District Dietetic Associations



## New Rule for Entry-Level Degree Dietitians

Entry-level degree requirement for dietetics/nutrition will be increasing to a minimum of a graduate degree at the national level as of January 1, 2024. According to CDR, a graduate degree includes a master's degree, practice doctorate, doctoral degree (e.g. M.S., M.P.H., Ph.D., Ed.D., and Sc.D.).

## Dietetic/Nutrition Telehealth Practice in Louisiana

The provision of telenutrition in Louisiana is covered under the Louisiana Dietetic/Nutrition license. When telenutrition is used and the Dietetic/Nutrition practitioner and the patient or client are located in different states, the Dietetic/Nutrition practitioner providing the patient care services must be licensed in the state where the patient is located.

## Commission on Dietetic Registration (CDR)

CDR is the credentialing agency and organization unit for the Academy of Nutrition and Dietetics. CDR serves the public by establishing and enforcing standards for certification, recertification and the Code of Ethics, and by issuing credentials to individuals who meet these standards. CDR administers the Board's approved examination, which is the Entry-Level Registration Examination for Dietitians.

Registered Dietitians have the option to use either the "Registered Dietitian (RD)" or "Registered Dietitian Nutritionist (RDN)" credentials along with their licensure designation.

In the state of Louisiana you cannot use the credentials RD or RDN until you are licensed.

As RD's and RDN's progress beyond entry level practice they may choose to concentrate on a specific area of dietetics. The Commission on Dietetic Registration offers board certified specialist certification in Pediatrics (CSP), Renal (CSR), Gerontological (CSG), Oncology Nutrition (CSO), Sports Dietetics (CSSD), Obesity in Weight Management

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