



UNIVERSITY of MARYLAND  
SCHOOL OF MEDICINE

## The Maryland Center of Excellence on Problem Gambling

The Center promotes healthy and informed choices regarding gambling and problem gambling to all Maryland residents. It does so by working closely with appropriate state stakeholders and bringing together experts from a variety of disciplines including psychiatry, medicine, epidemiology, social work, law and others.



The Center is part of the University of Maryland School of Medicine, Department of Psychiatry, with its Research Division located within the Department of Epidemiology and Public Health. The Center began operation on July 1, 2012, to help address the expansion of legal gambling availability within Maryland. The Center is funded through gambling legislation which provides for a problem gambling fund established and administered by the Maryland Department of Health's Behavioral Health Administration.

**Public Awareness** through social media, TV, radio, PSAs, documentaries, community outreach, public awareness materials and a lending library.

**Treatment** technical assistance to the health care/behavioral health care system to enhance capacity to address the issue of problem gambling and encourage participation in the state's Problem Gambling Counseling Reimbursement fund.

**Training** that offers free educational/clinical in person, live webinars and online programs on awareness, prevention, and treatment.

**Peer Recovery Support** providing assistance to individuals dealing with at risk and problem gambling by connecting them to resources.

**Prevention** programs promoting responsible gambling behaviors and preventing problem gambling across all ages and diverse populations.

**Public Policy** tracking of information, strategies and policies to address the impact of gambling on public health.

**Research** initiatives that provide evidence-based strategies for prevention and intervention on public health aspects of gambling disorders.

**Provider Referral List** of qualified problem gambling counselors offering "no cost treatment" and listed with the Maryland Helpline and on the Center's website.

**Maryland Helpline Services** offering free, confidential 24/7 help and referrals to treatment, peer support and resources.

### Since July 2012 the Center has:

- Distributed over 280,000 awareness materials and engaged 22,630 residents.
- Assisted over 4,800 individuals with the Maryland Helpline and Peer Support.
- Presented and trained over 19,800 clinicians and preventionists.
- Engaged with 400 organizations, with over 100 Providers/Private Practitioners offering "no cost treatment."

**Maryland Problem Gambling Helpline 1-800-GAMBLER**  
**Mdproblemgambling.com ~ Helpmygamblingproblem.org**

**For more information, contact the  
Center at: (667) 214-2120**

