

Find your path towards
Gambling Recovery



WE CAN HELP

HELPLINE: **1-800-GAMBLER** ~ www.mdproblemgambling.com

The most important message about
Gambling Recovery is that it is
a slow and steady journey.



For resources and help,
call or text **1-800-GAMBLER** (1-800-426-2537)
or visit www.mdproblemgambling.com