



UNIVERSITY of MARYLAND  
SCHOOL OF MEDICINE

The Maryland Center of Excellence  
on Problem Gambling

# November is Veterans and Military Families Month

- 29% of veterans screened indicated a probable gambling disorder.
- 22% of veterans met criteria for disordered gambling.
- Those most likely to meet criteria for disordered gambling:
  - African American veterans
  - Veterans earning less than \$25,000
- Veteran disordered gamblers were more likely to be younger, homeless, and/or hazardous drinkers.

If gambling is causing problems for you or your family,  
call or text the Maryland Helpline

**1-800-GAMBLER (1-800-426-2537)**

visit **MilitaryGambleSafe.org**  
or scan the QR code below

