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State/Territory Name: Colorado

State Plan Amendment (SPA) #: 24-0004

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS 179 Form/Summary Form (with 179-like data)
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES
Centers for Medicare & Medicaid Services
601 E. 12th St., Room 355
Kansas City, Missouri 64106



Medicaid and CHIP Operations Group

August 19, 2024

Kim Bimestefer, Executive Director
Department of Health Care Policy & Financing
1570 Grant Street
Denver, CO 80203

Re: Colorado State Plan Amendment (SPA) TN 24-0004

Dear Executive Director Bimestefer:

The Centers for Medicare & Medicaid Services (CMS) reviewed the proposed Medicaid State Plan Amendment (SPA) submitted on May 31, 2024, under transmittal number (TN) 24-0004. This amendment covers doula services for Medicaid-enrolled pregnant and postpartum persons.

CMS conducted our review of your submittal according to statutory requirements in Title XIX of the Social Security Act and implementing regulations. This letter informs you that Colorado's SPA TN 24-0004 was approved on August 19, 2024, effective July 1, 2024.

Enclosed is a copy of Form CMS-179 and the approved pages for incorporation into the Colorado State Plan.

If you have any questions regarding this amendment, please contact Mandy Strom at mandy.strom@cms.hhs.gov or (303) 844-7068.

Sincerely,

A black rectangular redaction box covers the signature of James G. Scott. A blue circular mark is visible to the left of the redaction.

Digitally signed by James
G. Scott -S
Date: 2024.08.19 16:22:27
-05'00'

James G. Scott, Director
Division of Program Operations

Enclosures

cc: Adela Flores-Brennan, CO State Medicaid Director
Jessica Farnen, CO Medicaid

**TRANSMITTAL AND NOTICE OF APPROVAL OF
STATE PLAN MATERIAL
FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES**

| | |
|---|-----------------------|
| 1. TRANSMITTAL NUMBER <u>2 4 — 0 0 0 4</u> | 2. STATE <u>CO</u> |
| 3. PROGRAM IDENTIFICATION: TITLE OF THE SOCIAL SECURITY ACT <input checked="" type="radio"/> XIX <input type="radio"/> XXI | |

TO: CENTER DIRECTOR
CENTERS FOR MEDICAID & CHIP SERVICES
DEPARTMENT OF HEALTH AND HUMAN SERVICES

4. PROPOSED EFFECTIVE DATE
July 1, 2024

5. FEDERAL STATUTE/REGULATION CITATION
42 CFR 440.130(c)*

6. FEDERAL BUDGET IMPACT (Amounts in WHOLE dollars)
a. FFY 2024 \$ 207,876
b. FFY 2025 \$ 841,897

7. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT
Supplement to Attachment 3.1-A Limitations to Care and Services - Doula Services - Item 29 - Pages 1 of 1 #3 Pages 1 and 2 of 2* Attachment 4.19-B – Methods and Standards for Establishing Payment Rates – Doula Services - Item 29 - Page 1 of 1 13.c. #3 Page 1 of 1*

Attachment 4.19-B - Introduction Page 2 of 3*

8. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT (If Applicable)
NEW

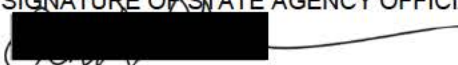
Attachment 4.19-B - Introduction Page 2 of 3 (23-0040)*

9. SUBJECT OF AMENDMENT
This Amendment would create coverage for doula services for Medicaid-enrolled pregnant persons. Services shall include up to 12 prenatal/postpartum visits, and support during labor and delivery. These changes will increase access to care for all pregnant persons.

10. GOVERNOR'S REVIEW (Check One)

GOVERNOR'S OFFICE REPORTED NO COMMENT
 COMMENTS OF GOVERNOR'S OFFICE ENCLOSED
 NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL

OTHER, AS SPECIFIED:
Governor's letter dated 5 April 2023

11. SIGNATURE OF STATE AGENCY OFFICIAL


12. TYPED NAME
Adela Flores-Brennan

13. TITLE
Medicaid Director

14. DATE SUBMITTED
May 31, 2024

15. RETURN TO
Colorado Department of Health Care Policy and Financing
303 E. 17th Avenue, Suite 1100
Denver, CO 80203

Attn: Alex Lyons

FOR CMS USE ONLY

16. DATE RECEIVED
May 31, 2024

17. DATE APPROVED
August 19, 2024

PLAN APPROVED - ONE COPY ATTACHED

18. EFFECTIVE DATE OF APPROVED MATERIAL
July 1, 2024

19. SIGNING OFFICIAL

Digitally signed by James G. Scott -S
Date: 2024.08.19 16:23:20 -05'00'

20. TYPED NAME OF APPROVING OFFICIAL
James G. Scott

21. TITLE OF APPROVING OFFICIAL
Director, Division of Program Operations

22. REMARKS

* Colorado authorized pen & ink changes for boxes 5, 7, and 8 on August 8, 2024.

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT
MEDICAL ASSISTANCE PROGRAM

STATE OF COLORADO

Supplement to Attachment 3.1-A
Page 1 of 2

LIMITATIONS TO CARE AND SERVICES

3. Doula Services

Doula services provide support for pregnant individuals throughout the perinatal period to improve birth-related outcomes. Pursuant to 42 C.F.R. Section 440.130(c), Doula services are provided as preventive services and must be recommended by a physician or other licensed practitioner of the healing arts within their scope of practice under state law to prevent perinatal complications and/or promote the physical and mental health of the beneficiary.

Service Description:

Doula services may be provided for pregnant persons during pregnancy, childbirth, and the postpartum period. Doulas offer support, guidance, evidence-based education, practical support during childbirth, and linkages to community-based resources. Service components include:

1. Perinatal support services, including emotional support, guidance, and education on caring for a newborn, to prevent adverse outcomes;
2. Labor support; and
3. Postpartum support to improve member outcomes and support.

Qualified Provider Requirements:

1. Be at least 18 years of age; and
2. Enroll with Health First Colorado through either the “Certification Pathway” or the “Experience Pathway.”
 - a. The “Certification Pathway” requires:
 - i. Completion of a doula training program that is approved by the Colorado Department of Health Care Policy and Financing (Department);
 - ii. Attendance at a minimum of three (3) births within the last five (5) years;
 - iii. Submission of a copy of current CPR training certification; and,
 - iv. Signing the Doula Code of Conduct.
 - b. The “Experience Pathway” requires:

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Supplement to Attachment 3.1-A
Page 2 of 2

LIMITATIONS TO CARE AND SERVICES

- i. Attendance at ten (10) births in the role of a doula with five (5) births being within the past two (2) years;
- ii. Submission of four (4) letters of recommendation that include two (2) letters from clinical members of a birth team (e.g., Nurse, Nurse Practitioner, Midwife, Obstetrician) for a previously attended birth, and two (2) letters from previous clients;
- iii. Submission of a copy of current CPR training certification;
- iv. Signing the Doula Code of Conduct; and
- v. Attesting to having knowledge and competency in specific areas of prenatal, labor/delivery, postpartum, lactation, and newborn support, guidance, and education.

Limitations:

1. Prenatal services are limited to 12 units per pregnancy, and postpartum services are limited to 12 units per pregnancy. One unit of service is equivalent to 15 minutes;
2. Labor support is limited to one unit, per diem, per pregnancy
3. Any service limits may be exceeded based on medical necessity.

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Attachment 4.19-B
Introduction
Page 2 of 3

METHODS AND STANDARDS FOR ESTABLISHING PAYMENT RATES-
OTHER TYPES OF CARE

Effective Dates for Reimbursement Rates for Specified Services

| Service | Attachment | Effective Date |
|---|----------------------------------|-----------------|
| 9. Clinic Services | Attachment 4.19-B, Page 1-3 of 4 | July 1, 2023 |
| 10. Dental Services | Attachment 4.19-B, Page 1 of 3 | July 1, 2023 |
| 11. Physical Therapy, Occupational Therapy, Speech Therapy, and Audiology Services | Attachment 4.19-B | July 1, 2023 |
| 12.b. Dentures | Attachment 4.19-B | July 1, 2023 |
| 12.c. Prosthetics | Attachment 4.19-B | July 1, 2023 |
| 12.d. Eyeglasses and Contact Lenses | Attachment 4.19-B | July 1, 2023 |
| 13.c. Preventive Services - Screening, Brief Intervention, and Referral to Treatment (SBIRT) and Doula Services | Attachment 4.19-B | July 1, 2024 |
| 13.d. Rehabilitative Services: Substance Use Disorder Treatment | Attachment 4.19-B | July 1, 2023 |
| 13.d. Rehabilitative Services: Behavioral Health Services | Attachment 4.19-B | July 1, 2023 |
| 13.d. Rehabilitative Services: Mental Health and Substance Abuse Rehabilitation Services for Children | Attachment 4.19-B, Page 1-2 of 2 | July 1, 2023 |
| 19. Targeted Case Management: Persons with a Developmental Disability | Attachment 4.19-B, Page 1-2 of 2 | July 1, 2023 |
| 19.a. Targeted Case Management: Outpatient Substance Use Disorder Treatment | Attachment 4.19-B, Page 1 of 2 | July 1, 2023 |
| 19.b. Targeted Case Management: Transition Services | Attachment 4.19-B, Page 1 of 1 | October 1, 2023 |

TN No. 24-0004

Approval Date: August 19, 2024

Supersedes TN No. 23-0040

Effective Date: July 1, 2024

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT
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Attachment 4.19-B

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METHODS AND STANDARDS FOR ESTABLISHING PAYMENT RATES –
OTHER TYPES OF CARE

13.c. #3. Doula Services Colorado will reimburse up to 12 units of prenatal services, 12 units of postpartum services, and labor and delivery services. Any service limits may be exceeded based upon medical necessity.

Each visit shall be billed and reimbursed separately. A unit of service for prenatal and postpartum services is 15 minutes. Telemedicine visits are reimbursable for both prenatal and postpartum periods.

Labor and delivery shall be billed per diem and is limited to one unit. Telemedicine visits are not reimbursable for labor and delivery.

Except as otherwise noted in the State Plan, state-developed fee schedule rates are the same for both governmental and private providers. The rates are effective for services on or after the date listed on the Attachment 4.19-B Introduction Page.