

Mobility for Minnesota's Aging Population (MMAP) is a member-based collaborative of public, nonprofit, and educational experts representing the needs of the aging population by working to maintain and improve mobility for the aging community.

Mission

To improve the safety and mobility of Minnesota's aging population by creating and supporting new initiatives, and by promoting research education, and public policy development.

Goals & Objectives:

- Encourage collaborative partnerships of public and social service agencies and private groups to develop best practices, policy initiatives, and mobility options.
- Educate state and local government officials on the importance of creating mobility friendly communities that may enhance the safety of all older Minnesota drivers.
- Support the design of roadways and intersections in concert with the Minnesota Strategic Highway Safety Plan, for greater driving safety such as improved lighting, signage, and improved roadway delineation.
- Improve driving alternatives that may include para-transit services, volunteer driver networks and other public services.
- Support research to improve the safety of aging drivers and the continuum of mobility as Minnesota ages.

MMAP is a partner in Minnesota's Toward Zero Deaths (TZD) initiative. TZD supports safe driving of older adults and seeks alternatives to driving that will result in moving older Minnesotans toward zero deaths on our roadways.

MMAP Committees

Policy
Assessment
Communication
Education/ Resources
Infrastructure and Environmental
Mobility Management/Transit Alternatives

Issues Facing Minnesota

Demographics

- 707,000 drivers ages of 65 or over in 2013
- 83,000 drivers age of 85 or over in 2013
- 17.3% of licensed drivers are ages 65 or over, but disproportionably are 22.0% of all crash fatalities
- The number of people over the age of 65 is expected to grow by 17.4% by 2020

Needs for older driver mobility

- Assistance for driving safely longer
- Safe and accessible public transit options
- "Senior Friendly" infrastructure such as signage, roadways, and lights
- Awareness of cognitive, vision, and physical issues

MMAP Website can be found on the TZD website: http://www.minnesotatzd.org/whatistzd/mntzd/partners/mmap

Available Resources

<u>Local</u>

'On the Go: A Safety Guide for Seasoned Drivers'

http://www.minnesotasafetycouncil.org/resources/download/onthego.pdf

"Love of Car: Transportation as we Age" (1 hour movie):

www.mngero.org/academics/loveofcar.html

Senior LinkAge Line: 1-800-333-2433

www.mnaging.org/

Alzheimer's Association — Minnesota and North Dakota Chapter:

www.alzmndak.org

National

AAA:

www.SeniorDriving.AAA.com

American Occupational Therapy Association:

www.oata.org/older-driver

CarFit:

www.car-fit.org/carfit/RegisterCarFit

Eldercare Locator:

www.eldercare.gov

Hartford Foundation:

www.thehartford.com/mature-market-excellence/

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