



Health Resources on Bones, Joints, Muscles, and Skin

National Institute of Arthritis and Musculoskeletal and Skin Diseases

niams.nih.gov



niams.nih.gov/asian-language-resources

☑ Mobile-friendly health information, available to download and print. Topics include:

- Atopic Dermatitis
- Back Pain
- Gout
- Lupus
- Osteoarthritis
- Rheumatoid Arthritis



Health Information

- Indexed A to Z or search by category
- Mobile-friendly health information
- Basics and In-Depth versions
- All topics are available in Spanish, and select topics are available in Chinese, Korean, and Vietnamese.

niams.nih.gov/health-topics



Multilingual Resources

- Health information in Chinese, Korean, and Vietnamese
- Spanish-language portal

niams.nih.gov/community-outreach-initiative/resources-other-languages



Resources for Community Outreach

- Social media tools, e-newsletters, and free resources for outreach efforts

niams.nih.gov/community-outreach-initiative (in English)

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National Institutes of Health
877-22-NIAMS | 301-565-2966 (TTY)

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骨骼、關節、肌肉和皮膚健康資源

關節炎、肌肉骨骼及皮膚疾病國家研究院

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☑ 適用於行動裝置的健康資訊，可供下載和列印。
主題包括：

- 異位性皮膚炎
- 背痛
- 痛風
- 狼瘡
- 骨關節炎
- 類風濕性關節炎



健康資訊

- 從字母A到Z列出或者按照類別搜索
- 適用於行動裝置的健康資訊
- 基本資訊版本和深入介紹版本
- 所有主體均提供西班牙文版本，而且部分主題提供中文、韓文和越南文版本。

niams.nih.gov/health-topics



多語種資源

- 以中文、韓文和越南文提供的健康資訊
- 西班牙文入口網站

niams.nih.gov/community-outreach-initiative/resources-other-languages



社區外展資源

- 社交媒體工具、電子新聞稿和外展活動的免費資源

niams.nih.gov/community-outreach-initiative (英文)

與我們保持聯繫！

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niams.nih.gov/newsletters



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