

# EVEN HEROES NEED PROTECTION

## Healthcare Professionals Need a Yearly Flu Vaccine\*



As a healthcare professional, you work hard every day to protect the health of others. While being a hero, it's important to also keep yourself safe and healthy.

Shield yourself from the flu by getting a yearly flu vaccine!

### HEALTH BENEFITS

Anyone can get sick from the flu, even those who are otherwise healthy. Flu vaccination prevents millions of illnesses each year.

### EFFECTIVENESS

Flu vaccines are both safe and effective. Flu vaccination has been shown to reduce the risk of flu illness in vaccinated people by 40-60%.

*Protect yourself, protect others, get vaccinated!*

Some people can face severe consequences if they get sick with the flu. By getting vaccinated, you are helping to protect yourself AND your patients.

### RISK REDUCTION

COVID-19 will likely be circulating during this year's flu season. By getting the flu vaccine, you are reducing your chances of getting sick with the flu during the pandemic. Your family and your patients need you--be prepared.

### OPPORTUNITY

\*NJ A1576 (P.L.2019, c.330) requires certain healthcare facilities to provide and employee to receive annual flu vaccination. More information can be found at: [https://www.njleg.state.nj.us/2018/Bills/PL19/330\\_.PDF](https://www.njleg.state.nj.us/2018/Bills/PL19/330_.PDF).

Source: Centers for Disease Control and Prevention Flu Frequently Asked Questions