





Welcome

Welcome to San Diego!

Our City is known for its great weather and iconic scenery. We are lucky that nature offers our residents and visitors nearly year-round opportunities to enjoy the outdoors.

The City owns and maintains more than 42,000 acres of park assets across 54 communities. Nineteen percent of the City is dedicated park space, including 60 recreation centers, 15 pools, three municipal golf courses, four visitor and nature centers, 13 skate parks and plazas and 17 off-leash dog areas.

Our abundance of public parks means that about 81% of San Diegans are within a 10-minute walk of a park, which is higher than the national average of 75%.

But not everyone enjoys the same ease of access to our public, outdoor spaces. We are actively working to change that.

We are doing a better job than many cities and municipalities across the country when it comes to parks, but our work is not done until every San Diegan, especially those in our historically underserved communities, can easily walk to a park.



I am committed to helping ensure that all San Diegans have access to high-quality parks.

To get us closer to that goal, my new citywide Parks Master Plan replaced a previous park planning document crafted more than 65 years ago. The updated plan is part of my "Parks for All of Us" initiative, which is designed to make the City's park system more modern, equitable and accessible for all San Diegans. The plan addresses past inequities and creates a new system for all that prioritizes the greatest needs and allows us to plan holistically for the future.

We are also using public parks to expand access to technology by offering free Wi-Fi in two dozen park and recreation facilities across San Diego.

The City of San Diego is proud of our mission to offer great recreational spaces and healthy lifestyle opportunities for everyone. We know that access to green space results in big boosts in both physical and mental health. Parks also serve as important social gathering places that strengthen connections between people and help build community.

On behalf of the City of San Diego and the thousands of hard-working Parks and Recreation employees – everyone from the planners to the maintenance workers who make the parks as beautiful as they are – welcome to learning more about San Diego's plan to expand park access to everyone!

Mayor Todd Gloria Mayor, City of San Diego

good offoris

Overview

When you think of San Diego, you immediately think of the outdoors. Sunny, expansive beaches. Beautiful, lush green spaces. Iconic, world-renowned parks. Scenic trails along hillsides, canyons, and rolling grasslands. The ideal place for a healthy and active lifestyle.

The City of San Diego's Parks and Recreation Department serves as proud stewards of this diverse, world famous park system beloved by millions of residents and visitors each year.

But there's so much more.

In addition to the operation and maintenance of over 42,000 acres of park assets, which includes over 27,000 acres of open space, the department offers culturally vibrant and historic parks including Balboa Park (the Crown Jewel of San Diego), Mission Bay Park (largest aquatic park on the west coast), Mission Trails Regional Park including Kumeyaay Campground; three



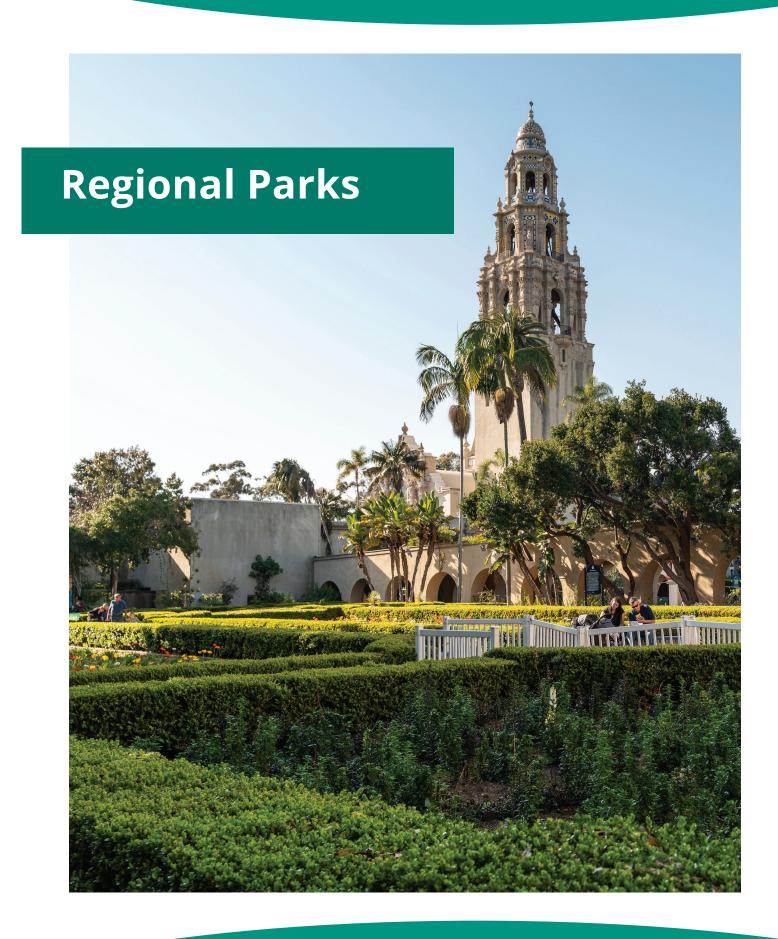
golf complexes including world-renowned Torrey Pines, skate parks and plazas and bicycle pump track; aquatic facilities; shared use facilities with local school districts; and numerous dog off-leash areas.

The department provides inclusive, innovative recreational programming that extends from volleyball and soccer leagues to summer Teen Nights, Parks After Dark, and community activities. From the award-winning Civic Dance Arts program to the AgeWell program with accessibility-driven services for older adults to the Therapeutic Recreation Services program for those with physical and mental disabilities, the department continually strives to achieve its mission: to provide healthy, sustainable, and enriching environments for all.

In short, the San Diego Parks and Recreation Department literally has something for everyone. Come and see what we have to offer. You may be surprised what you discover!

Find your happy space.

Andy Field



Balboa Park

Balboa Park is a **1,200-acre urban cultural oasis** encompassing 16 museums, the San Diego Zoo, 16 ornamental and interpretive gardens, a botanical building, plazas, fountains, open space areas, green belts, and over 45 miles of walking paths.

Initially established as 'City Park' in 1868, the park was developed and renamed for the Spanish explorer Vasco Nunez de Balboa. The park's signature buildings and structures were built as part of the 1915 Panama California Exposition and the 1935 California Pacific International Exposition.

Today, the park serves as a vibrant cultural center offering art, music, science, history and a wealth of other unique opportunities for the public to discover, explore, and enjoy.

In addition to its cultural significance, Balboa Park serves as an essential recreation hub for the public featuring sports fields, golf courses, archery ranges, a velodrome, and running and biking trails.

Its signature event, December Nights, is the nation's premier

multicultural family holiday festival attracting more than 350,000 visitors to the park over the course of two days. Since 1980, the event has played host to a variety of holiday entertainment, delicious food from around the world, unique shopping and festive holiday lighting displays. The event is free, and museums offer complimentary admission.

The park, including its historic Exposition buildings and landscapes encompassing over 15,000 trees, was designated as a **National Historic Landmark in 1977**. Many trees date back to the work of Kate







Mission Bay Park

Mission Bay Park is one of the largest waterparks in the nation, offering 4,600 acres of land and water, surrounded by **27 miles of bike paths and sandy beaches.**

Mission Bay's calm waters provide a perfect venue for water sports enthusiasts of every kind, from kayaking and stand-up paddle boarding to jet skis and kite boarding. Families can play in grassy areas while still having the opportunity to frolic on the sand.

Fiesta Island features 150 acres of off-leash park for dogs to run and play on the sand and in the water (voted "Best Dog Park in America"

Shoreline Park

Along 13.6 miles of City coastline, Shoreline Parks extend from Torrey Pines City Park and Glider Port south to the picturesque coastal bluffs in Sunset Cliffs Natural Park. Locals and visitors explore the city's coastline along miles of oceanfront boardwalk or adventure into the water for championship swimming and surfing destinations.

Established in 1971, the **533-acre Ecological Reserve** and the La Jolla Underwater Canyon off the La Jolla coast provides endless educational opportunities north to the Marine Life Refuge and the Scripps Pier at Scripps Institution of Oceanography and academic research area. The canyon reaches depths of 600 feet within the Underwater Park. The Reserve provides shelter for numerous species of oceanic flora and fauna, including





Presidio Park

Located on the site of San Diego's original Spanish presidio and mission dubbed "the birthplace of California" or "the Plymouth Rock of the West Coast," Presidio Park offers over **50 acres of beauty and history** nestled on a hill overlooking Mission Bay, San Diego Bay, Mission Valley, Old Town San Diego, and the Pacific Ocean. Built in 1929, the instantly recognizable Spanish-revival styled Serra Museum, conceived of by George Marston, educates visitors detailing the park's pre-European history and San Diego's historical origins.

The park is also a horticultural cornucopia, flourishing with native

The park is also a horticultural cornucopia, flourishing with native and non-native species. Visitors can explore more than two miles of trails and learn about the history of the area by exploring the Old



Presidio Historical Trail.

Chicano Park

Established in 1970 after the community of Barrio Logan came together to demand a park, Chicano Park serves as a cultural touchstone and is home to the largest collections of outdoor murals in the United States.

Located adjacent to Interstate 5 and the San Diego-Coronado Bridge, the nearly nine-acre park hosts the annual Chicano Park Day each April attracting thousands of visitors with cultural displays, dance, music, food, and presentations. **Chicano Park Day** is a symbol of community organization to preserve Chicano culture, and the



Mount Hope Cemetery

Mount Hope is the **only cemetery owned and operated** by the City. Since 1869, the cemetery has provided internment options at reasonable costs. Prominent San Diegans including Alonzo Horton and Kate Sessions are buried at this 110-acre site. Burials continue





Mission Trails Regional Park

Mission Trails Regional Park offers **7,220 acres of developed and recreational areas** with rugged hills,
challenging mountains, valley and open areas as well as 60
miles of trails, and boating and camping opportunities at
Lake Murray and Kumeyaay Lake. Its visitor center, located
on Father Junipero Serra Trail, provides an overview of the
geography, geology, and ecology of this preserved area. Old
Mission Dam shows history dating back to mission times.
Recent efforts to expand the park include ongoing property
acquisitions in East Elliott located just north of the State
Route 52 freeway.

Black Mountain Open Space

Located in Rancho Peñasquitos, Black Mountain Open Space features more than **2,300 acres of chaparral** and sage covered hills, ridges, and canyons. The centerpiece of the park is the **1,554-foot climb to the summit of Black Mountain** affording 360-degree views of the surrounding area. The Jas Arnold Trail for All People provides an accessible walk around a section of the preserve.





Chollas Lake and Chollas Creek Watershed Regional Park

Chollas Creek connects numerous neighborhoods and communities including Chollas Valley and Encanto, City Heights, Mid-City Eastern Area, and Southeastern San Diego. A key focal area is Chollas Lake, a 341-acre park located in the Oak Park neighborhood that offers numerous hiking trails, youth fishing, and a variety of outdoor activities. Planned hiking trails and other amenities are planned to connect various parks along Chollas Creek. A master planning effort for this recently created regional park is currently underway.





Los Peñasquitos Canyon Preserve

Located north of Mira Mesa and south of Del Mar Mesa and Torrey Highlands this **4,000-acre open space** in the Peñasquitos and Lopez canyons, Los Peñasquitos Canyon Preserve is jointly owned by the City and County of San Diego. The preserve is rich in biodiversity with over **500 plant species**, **175 types of birds**, waterfalls, **sycamore trees**, **giant California oak trees**, the historic Santa Maria de Los Peñasquitos





Otay Valley Regional Park

Otay Valley Regional Park is comprised of **2,029 acres**, has trails and staging areas and is a joint effort of the City of San Diego, City of Chula Vista, and County of San Diego. The park offers visitors a variety of scenic trails in a natural river valley. A ranger station offering park information is located at 2155 Beyer Boulevard. Plans call for additional land acquisition and improved amenities to help expand

Urban Canyonlands

The Open Space Canyons Program oversees management of over **3,000 acres of canyon areas Citywide**. Many of these preserved canyons are located in urbanized communities such as City Heights, Greater Golden Hill, and Southeastern San Diego. The program takes the lead in coordinating the



Tri-Canyon Parks: Marian Bear Park, Rose Canyon & Tecolote Canyon

Located in the heart of San Diego, these **open space canyons** wind through the communities of Clairemont, La Jolla, Linda Vista, Mission Valley, Pacific Beach, and University. A nature center, located at 5180 Tecolote Road, offers displays of local flora and fauna and show historic preservation efforts to keep the canyon areas undeveloped. San Diegans can enjoy numerous hiking opportunities through the canyon areas.

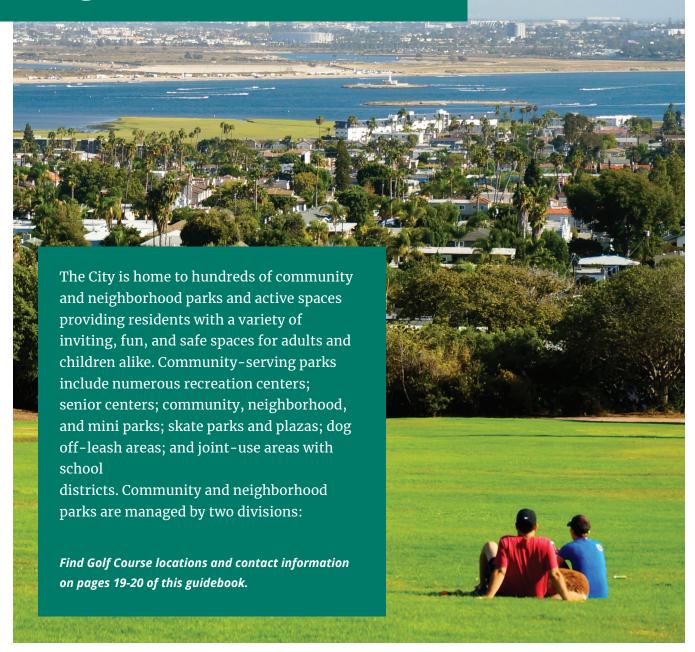


San Diego River Park

The park includes **376 acres along the San Diego River** in the Mission Valley area. The San Diego River Garden features easy trails through a large native plant garden. The park contains three miles of paved walking and biking trails and is **wheelchair accessible**. Regular park ranger-led interpretive walks and volunteer events are conducted throughout the San Diego River Park and tributary canyons. In 2024, the San Diego State University Mission Valley section of river park opened, and

























Mission Bay Golf Course and Practice Center



Mission Bay Golf Course and Practice Center is an **18-hole executive course** designed by former president of the American Society of Golf Course Architects, Ted Robinson. Beloved by locals, and the location where Tiger Woods won his Junior World title, Mission Bay Golf Course holds the distinction of being the only course with stadium lighting giving golfers the opportunity to play at night!

The practice center provides golfers looking to hone their game outstanding facilities featuring one of the few remaining grass driving ranges as well as a state of the art putting and chipping area for golfers looking to practice their short game.

The course also features an 18-hole foot golf course giving fans of soccer and golf an easy to learn and fun recreational opportunity.

Balboa Park Golf Course

Framed by the undulating topography of oak lined canyons and boasting one of the best views of the downtown San Diego skyline, Balboa Park Golf Course is one of the hidden gems within the boundaries of historic Balboa Park. Inaugurated in 1919 and designated as **the oldest golf course in San Diego County**, Balboa Park Golf Course features a rolling, scenic 18-hole professional course as well as a nine-hole executive course. Hall of Fame golf legend, Sam Snead holds the current







Torrey Pines Golf Complex

Perched atop the seaside bluffs of the Pacific Ocean, Torrey Pines Golf Complex is **one of the most famous municipal golf courses in the world**. Home to the annual Farmers Insurance Open PGA event and host of the 2008 and 2021 U.S. Open Golf Championship, the famed Torrey Pines South Course is a "bucket list" course for golfers from around the globe.

A complete renovation of Torrey Pines North Course was completed in November 2016. The new layout provides an updated, challenging course while remaining respectful of the original design making the North an









Aquatics

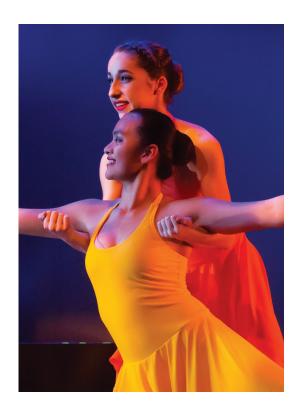
The City's Aquatics Program features **15 permanent pools offering a variety of youth and adult swimming** programming from lessons and team sports to exercise classes and adaptive lessons for individuals with disabilities. During most summer months, Aquatics facilitates a Portable Pool Program to bring recreational swimming instruction to communities with no permanent pool. The program provides quality lessons to over 1,000 participants annually at a reasonable or no cost. To help introduce the City as a viable employer, Aquatics also provides on the job certification and training and free swimming lessons to children at pools in low income areas.

Find pool locations and contact information on page 21 of this guidebook.

Civic Dance Arts

Founded in 1942, San Diego Civic Dance Arts has introduced hundreds of thousands of citizens to the art form of dance and has been lauded as the standard for which other citywide dance programs nationwide are measured.

San Diego Civic Dance Arts **provides affordable dance training** at numerous recreation centers throughout the City as well as in several dance facilities in Balboa Park. With several thousand students enrolled, the program provides students, ages three to senior citizen, the chance to participate in a wide variety of classes including tap, jazz, ballet, modern, musical theater, creative movement, hip hop, Hawaiian and more. The reputation of the quality of the program consistently attracts the highest caliber instructional and student talent while providing instruction at the least cost in the community via a low-income fee waiver program that ensures that anyone who









Summer Lunch Program

The Department partners with local school districts to offer free lunch and snacks annually. Generous grants support nutrition instruction and guided physical activity for kids. Since its inception in 2003, the program





has **served more than a million meals to children** of all socio-economic backgrounds.

Therapeutic Recreation Services

Therapeutic Recreation Services (TRS) provides community outings, sports, recreation and outreach services to over **50,000 people annually**. Services include therapeutic recreation programs, special events and adaptive sports opportunities, designed to meet the special needs of individuals with disabilities who have difficulty accessing and participating in recreation opportunities offered to the general public. Many TRS services are centrally housed at the recently renovated Park de la Cruz Community Center in City Heights. Park de la Cruz Community Center offers an accessible garden and state of the art sensory room.

TRS oversees unique programming designed to provide access to areas for those with mobility disabilities including the popular Beach Wheelchair Program which allows the public to enjoy the sand and surf through "independently



operated" beach chairs at Mission Beach free of charge. TRS provides inclusion support to include individuals with disabilities into programs at their neighborhood recreation centers.

AgeWell Services

AgeWell Services Program provides recreation, leisure and outreach services to over **30,000 older adults (55+) annually**. Activities include dances, out of town trips, and special events (Talent Show, Photography Contest, Craft Sale Art Contest, and Volunteer Recognition celebrations). The Department offers cafes, lunch programs, educational classes, and an array of different recreational activities at multiple sites around the City of San Diego.

Come Play Outside

The **Come Play Outside** program focuses on expanded programming over the summer at 21 recreation centers and aquatic centers in San Diego's most underserved communities. It focuses on providing a variety of equitable programs and events connecting youth with the outdoors, promoting mental and physical health and wellness, and culturally relevant programs and activities. This program is conducted in partnership with the San Diego Parks Foundation. Come Play Outs programs include:

- Swim and lifeguard classes
- Recreational classes
- Adventure camps
- Teen Nite
- Movies in the park
- Fern Street Circus



Recreation Centers

As of September 2023, there are **60 recreation centers** throughout the City of San Diego offering residents old and young thousands of hours of unique programming designed exercise and improve both body and mind. Call your

Recreation Center	Address	Phone
Adams Recreation Center	3491 Adams Avenue San Diego, CA 92116	619-235-1149
Allied Gardens Recreation Center	5155 Greenbrier Avenue San Diego, CA 92120	619-235-1129
Azalea Recreation Center	2596 Violet Street San Diego, CA 92105	619-235-1162
Balboa Park Activity Center	2145 Park Boulevard San Diego, CA 92101	858-581-7100
Bay Terraces Community and Senior Center	7445 Tooma Street San Diego 92139	619-527-7632
Black Mountain Multipurpose Center	9353 Oviedo Street San Diego 92129	858-538-8128
Cabrillo Recreation Center	3051 Cañon Street San Diego 92106	619-531-1534
Cadman Recreation Center	4280 Avati Drive San Diego 92117	858-581-9929
Canyonside Recreation Center	12350 Black Mountain Road San Diego 92129	858-538-8131
Carmel Mountain Ranch / Sabre Springs Recreation Center	10152 Rancho Carmel Drive San Diego 92128	858-538-8100
Carmel Valley Recreation Center	10152 Rancho Carmel Drive San Diego 92128	858-538-8100
César Chávez Community Center	455 Sycamore Road San Diego 92173	619-424-0464
Chollas Lake Park	6350 College Grove Drive San Diego 92105	619-527-7683
City Heights Recreation Swim & Tennis Center	4380 Landis Street San Diego 92105	619-641-6125
Colina Del Sol Recreation Center	5319 Orange Avenue San Diego 92115	619-235-1144
Doyle Recreation Center	8175 Regents Road San Diego 92122	858-552-1612
Encanto Recreation Center	6508 Wunderlin Avenue San Diego 92114	619-527-3411
Golden Hill Recreation Center	2600 Golf Course Drive San Diego 92102	619-235-1138
Hilltop Recreation Center	9711 Oviedo Way San Diego 92129	858-538-8198
Hourglass Field Community Park and Fieldhouse	10440 Black Mountain Road San Diego 92126	858-538-8153
Kearny Mesa Recreation Center	3170 Armstrong Street San Diego 92111	858-573-1387
La Jolla Recreation Center	615 Prospect Street San Diego 92037	858-552-1658
Linda Vista Recreation Center	7064 Levant Street San Diego 92111	858-573-1392
Lopez Ridge Recreation Center	7245 Calle Cristobal San Diego 92126	858-538-8171
Martin Luther King Jr. Recreation Center	6401 Skyline Drive San Diego 92114	619-527-3415
Dolores Magdaleno Memorial Recreation Center	2902 Marcy Avenue San Diego 92113	619-235-1125
Mid-City Gymnasium	4302 Landis Street San Diego 92105	619-516-3082
Gil Johnson Mira Mesa Recreation Center	8575 New Salem Street San Diego 92126	858-538-8122

Montgomery-Waller Recreation Center	3020 Coronado Avenue San Diego 92154	619-424-0466
Morley Field Sports Complex	2221 Morley Field Drive San Diego 92104	619-692-4919
Mountain View Community Center	641 South Boundary Street San Diego 92113	619-527-3417
Municipal Gymnasium	2111 Pan American Plaza San Diego 92101	619-525-8262
Nobel Athletic Fields and Recreation Center	8810 Judicial Drive San Diego 92122	858-552-1626
North Clairemont Recreation Center	4421 Bannock Avenue San Diego 92117	858-581-9926
North Park Recreation Center	4044 Idaho Street San Diego 92104	619-235-1152
Ocean Air Recreation Center	4770 Fairport Way San Diego 92130	858-552-1687
Ocean Beach Recreation Center	4726 Santa Monica Avenue San Diego 92107	619-531-1527
Pacific Beach Recreation Center	1405 Diamond Street San Diego 92109	858-581-9927
Pacific Highlands Ranch Recreation Center	5977 Village Center Loop Road San Diego 92130	858-538-8184
Paradise Hills Recreation Center	6610 Potomac Street San Diego 92139	619-527-3419
Park De La Cruz Gymnasium	3911 Landis Street San Diego 92105	619-516-3141
Penn Athletic Field	2555 Dusk Drive San Diego 92139	619-527-3458
Presidio Recreation Center	2811 Jackson Street San Diego 92110	619-692-4918
Rancho Bernardo Glassman Recreation Center	18448 West Bernardo Drive San Diego 92127	858-538-8129
Robb Athletic Field	2525 Bacon Street San Diego 92107	619-531-1563
San Carlos Recreation Center	6445 Lake Badin Avenue San Diego 92119	619-527-3443
Col. Irving Salomon San Ysidro Community Activity Center	179 Diza Road San Diego 92173	619-424-0472
San Ysidro Teen Center (Old San Ysidro Library)	101 W. San Ysidro Boulevard San Diego 92173	
Santa Clara Recreation Center	1008 Santa Clara Place San Diego 92109	858-581-9928
Scripps Ranch Community Recreation Center	11454 Blue Cypress Drive San Diego 92131	858-538-8085
Serra Mesa Recreation Center	9020 Village Glen Drive San Diego 92123	858-573-1408
Silver Wing Recreation Center	3737 Arey Drive San Diego 92154	619-424-0465
Robert Egger Sr. South Bay Recreation Center	1885 Coronado Avenue San Diego 92154	619-424-0470
South Clairemont Recreation Center	3605 Clairemont Drive San Diego 92117	858-581-9924
Southcrest Recreation Center	4149 Newton Avenue San Diego 92113	619-527-3413
Standley Recreation Center	3585 Governor Drive San Diego 92122	858-552-1652
Stockton Recreation Center	330 32nd Street San Diego 92102	619-235-1163
Tecolote Recreation Center	4675 Tecolote Road San Diego 92110	858-581-9930
Tierrasanta Recreation Center	11220 Clairemont Mesa Boulevard San Diego 92124	858-573-1393
Willie Henderson Sports Complex	1035 South 45th Street San Diego 92113	619-527-3407

Golf Courses

Torrey Pines Golf Course	11480 N. Torrey Pines Road, San Diego 92037	858-581-7171
Balboa Park Golf Course	2600 Golf Course Drive, San Diego 92102	619-235-1184
Mission Bay Golf Course	2702 North Mission Bay Drive, San Diego 92109	858-581-7880



Pools

Allied Gardens Pool	6707 Glenroy St., San Diego 92120	619-235-1143
Bud Kearns Memorial Pool	2229 Morley Field Drive, San Diego 92101	619-692-4920
Carmel Mountain Pool	12159 World Trade Drive, San Diego, CA 92128	619-235-5236
Carmel Valley Pool	3777 Townsgate Drive, San Diego 92130	858-552-1623
City Heights Swim Center	4380 Landis St., San Diego 92105	619-641-6126
Clairemont Pool	3605 Clairemont Drive, San Diego 92117	858-581-9923
Colina Del Sol Pool	4150 54th Place, San Diego 92115	619-235-1147
Kearny Mesa Pool	3170 Armstrong St., San Diego 92111	858-573-1389
Memorial Pool	2902 Marcy Ave., San Diego 92113	619-235-1139
Martin Luther King Jr. Pool	6401 Skyline Drive, San Diego 92114	619-527-3451
Ned Baumer Aquatic Center	10440 Black Mountain Road, San Diego 92126	858-538-8083
Standley Aquatic Center	3585 Governor Dr, San Diego, CA 92122	619-605-2170
Swanson Pool	3585 Governor Drive, San Diego 92122	858-552-1653
Tierrasanta Pool	11238 Clairemont Mesa Blvd., San Diego 92124	858-636-4837
Vista Terrace Pool	301 Athey Ave., San Diego 92173	619-424-0469

Skate Parks and Plazas

Bill and Maxine Wilson Skate Park (Memorial Park)	702 South 30th St., San Diego 92113	619-235-1125
Carmel Valley Skate Park	12600 El Camino Real, San Diego 92130	858-552-1616
Cesar Solis Park	4895 Del Sol Blvd. San Diego, CA 92154	619-424-0472
Central Avenue Park Skate Plaza	3680 Central Ave. San Diego, CA 92105	619-516-3141
Charles L. Lewis III Memorial Skate Park	6610 Potomac St., San Diego 92139	619-527-3419
Chicano Park Skate Park	Under Coronado Bridge between Newton Avenue and National Avenue	619-235-1125
Del Sur Park Skate Park	15816 Paseo Montenero, San Diego, CA 92127	858-538-8131
Linda Vista Skate Park	7064 Levant Street, San Diego 92111	858-573-1392
Pacific Highlands Ranch Skate Park and Pump Track	5977 Village Center Loop Road, San Diego 92130	858-538-8184
Park de la Cruz Skate Park	3911 Landis Street, San Diego 92105	619-516-3141
Rancho Peñasquitos Skate Park	10111 Carmel Mountain Road, San Diego 92129	858-538-8131
Robb Field Skate Park	2525 Bacon St., San Diego 92107	619-531-1563
Southcrest Trails Skate Park	3565-3621 Birch St, San Diego, CA 92113	619-527-3413







Dog Off Leash Areas

Park	Address	Directions	Hours
Allied Gardens	6707 Glenroy St., San Diego, CA 92120	On the lawn adjacent to Allied Gardens Pool	Open 24 hours
Balboa Park - Grape Street	2865 Grape St., San Diego 92102		Mon- Fri - 7:30 a.m 9 p.m. Sat-Sun and Holidays 9 a.m 9 p.m.
Balboa Park - Morley Field	2225 Morley Field Dr., San Diego 92104	Northwest of tennis courts	Open 24 hours
Balboa Park - Nate's Point	2500 Balboa Dr., San Diego 92103	South side of Cabrillo Bridge	Open 24 hours
Cadman Park	4280 Avati Dr., San Diego 92117	Northwest corner of Rec Center	Hours vary. See postings at Recreation Center.
Capehart Park	4744 Soledad Mountain Rd., San Diego 92109	Corner of Felspar and Soledad Mountain Road	Open 24 hours
Charles Lewis III Memorial Park	4750 Home Ave., San Diego 92105	Northern end of park	Open 24 hours
Centrum Park	8578 Lightwave Ave., San Diego, CA 92123		Open 24 hours
Civita Park	7960 Civita Blvd., San Diego, CA 92108		Open 24 hours
Dog Beach	5156 W. Point Loma Blvd., San Diego 92107	Foot of Voltaire Street in Ocean Beach	Open 24 hours
Doyle Park	8175 Regents Rd., San Diego 92122	Behind Doyle Recreation Center	Open 24 hours (not lighted)
Dusty Rhodes Park	2865 Sunset Cliffs Blvd., San Diego 92107	Between Nimitz and West Point Loma Boulevard	Open 24 hours
Eugene Brucker Education Center	4100 Normal St., San Diego, CA 92103		Open dawn to dusk daily
Fiesta Island (Mission Bay Park)	1590 E. Mission Bay Dr., San Diego 92109		Open 6 a.m 10 p.m. daily
Kearny Mesa Park	3170 Armstrong Street, San Diego 92111	Southwest of Kearny Mesa Rec Center	6:30 a.m 10 p.m. daily
Maddox Park	7815 Flanders St., San Diego 92126		Open 24 hours
Nobel Park	8820 Judicial Drive, San Diego 92122	Near Nobel Rec Center	Open 24 hours
Memorial Park	2902 Marcy Avenue, San Diego 92113		Open 24 hours
North Park	4044 Idaho St., San Diego 92104		Open 24 hours
Pacific Highlands Ranch Park	5977 Village Center Loop Rd., San Diego 92130		Open 24 hours
Rancho Bernardo Park	18848 W. Bernardo Dr., San Diego 92127		Open 24 hours
Paradise Hills	6610 Potomac St., San Diego, CA 92139		6:00 a.m 9 p.m. daily
Rancho Peñasquitos Park	13339 Salmon River Rd., San Diego 92129	Across from Rancho Peñasquitos Library	Open 24 hours
Torrey Highlands Park	3710 Del Mar Heights Rd., San Diego 92130	Behind Torrey Pines High School	Open 24 hours
Ward Canyon Park	3905 Adams Ave., San Diego 92116	Near 40th Street and Interstate 15	Dawn to dusk daily













