



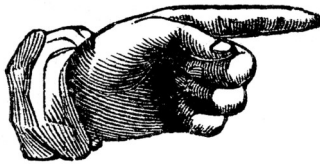
Chollas Lake Park

July 2024

Seasonal Happenings

- > Summer is here and so is the heat, be sure to stay hydrated.
- > It's Nesting Bird season so keep an eye out for baby birds, and report wildlife in distress to park staff.
- > Join Park Rangers and Recreation Staff for some exercise, education and fun! See program descriptions below.

Please Notice This



TRAIL UPDATES

- ◇ Weather events may necessitate trail closures. Call ahead to stay informed: (619) 527-7683
- ◇ See something unsafe on City property? Use the Get It Done app: www.sandiego.gov/get-it-done



Mourning Cloak (*Nymphalis antiopa*)
at Chollas Lake



***Weather or hazards may close the park at any time. Check our answering machine for up to date info: (619) 527-7683. Normal closing times are posted at all vehicle entrances.**

Recreation Programs

Due to Summer Camp these activities will be on hold. Programs will resume August 17th, 2024

Children's Fishing Clinic The clinic is free for children 15 and under. Join us!	Saturdays and Sundays 11:30 am to 2:00 pm. Chollas Lake, 6350 College Grove Dr.
Borrow a Game Enjoy a board game with friends and family!	Mondays, 12:00 pm to 1:30 pm Choose a game at Park Office
Archery Class Join our Recreation Leaders to enjoy this fun activity for all ages and abilities!	Sundays, 11:00 am to 12:00 pm, and Adults only on Mondays from 2:30 pm to 3:30 pm Meet at Camp Office
Nature Crafts Join our Recreation to create fun craft items!	Saturdays, 12:00 pm to 1:00 pm Meet at Camp Office

Park Ranger Programs and Events!

Chollas Lake Wildlife Walk

If you are curious about the wild and feral animals that reside in our park, this program will delight you. 1 mile, some steps and steep surfaces. *No strollers

Saturday, July 13 at 1:00 pm

Location: Meet at the parking lot 6350 College Grove Dr, San Diego, CA 92115

Beyond Chollas Lake: The Beauty of North Chollas

Join Intern Whitney Haluza to discover the Beauty of North Chollas, a flourishing riparian and shrub land area. 2 miles, with incline and hills. * No strollers

Saturday, July 20 at 1:00 pm

Location: Meet at the comfort station, near the ball field at the north end of the parking lot. North Chollas Community Park, 5598 Chollas Station Rd, San Diego, CA 92115

Explorations with a Ranger

Join Ranger Najja Lyon for an exploration of the park. Bring your inquisitive mind and comfortable shoes! 2 miles. *No strollers.

Monday, July 22 at 2:00 pm

Location: Meet at the parking lot. 6350 College Grove Dr, San Diego, CA 92115

Wheelchair-Accessible Botanical Tour at Charles Lewis III Memorial Park

An exciting journey through a lesser-known botanical treasure with native trees and plants. Wheelchair and stroller accessible!

Saturday, July 27 at 11:00 am

Location: Meet at Charles Lewis III Memorial Park (4639 Home Avenue, San Diego, CA 92105) *Plan to arrive early to find street parking.