



SWITCHBOARD TRAINING

LGBTIQA+SB Lived Experience of Suicidal Distress Workforce Development Training

What is it about?

- Understanding LGBTIQA+SB suicidal behaviour and improving support: insight from intersectional lived experience conducted by Switchboard Vic, RMIT University, University of Sydney, Roses in the Ocean and Suicide Prevention Australia.
- This training is a unique opportunity to hear peoples lived experience of suicidal distress and learn about factors that are protective for LGBTIQA+SB experiencing distress and how these factors can vary in strength.

How long is the training?

5 hours (in-person, onsite)

What did they say?

"I appreciated the case studies; they allowed us to really get deep into the lives and experiences of LGBTQIA+SB suicidality."

"I learnt about intersectionality and how different identities come together in the context of suicidality. And the importance of knowing each consumer is an expert and has existing coping strategies and know what they need."

"I love the shared discussion of the participant lives/ situations / strengths / barriers etc."

"The facilitators were incredible. So knowledgeable, created safety within the group and it felt like you couldn't ask a wrong question. Thank you!!"

How do I attend?

To find out more - head to our website via the QR code or email training@switchboard.org.au

