



Foundation for *Woman's*

Woman's Impact

Improving the health of women and infants.

SUMMER 2024

Empowerment, Healing, and Hope

Transforming Perinatal Mental Health

According to the Centers for Disease Control and Prevention (CDC), maternal mental health conditions are among the most common complications of pregnancy and childbirth. These conditions include anxiety, perinatal depression, postpartum depression, and birth-related PTSD. Currently, perinatal women who require inpatient mental healthcare are admitted to generalized mental health facilities.



Guests attending the Woman's Impact Luncheon learned more about the perinatal mental health unit.
Shown: Gabriella St. Amant, Cheri Johnson, Celton Hayden, Jr., Allyson Boudreaux, MD, Janet Olson, Rene Ragas, and Cheree Schwartzburg, MD

“

Mental health conditions are a leading cause of death in pregnant and postpartum women in the United States. Those are not statistics we can sit by and ignore.

- Cheri Johnson, Executive Vice President and Chief Nursing Officer, MSN, RNC-OB

”

Louisiana's first pregnancy and postpartum mental health unit is opening this fall at Woman's. This specialized unit will be one of only four in the nation.

You can make a difference in the life of a mother navigating pregnancy-related mental health challenges. By supporting Woman's, you provide essential programs and services that offer mothers a sanctuary for healing during some of their most vulnerable moments.

Together, we can transform perinatal mental healthcare and ensure no mother will have to navigate this journey alone. Visit womans.org/donate to support Louisiana's first perinatal mental health unit.

1 in 5
women
are affected by maternal
mental health conditions



75%
of these conditions
go untreated

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Inspired Giving

"Because of YOU...there is and will always be a Woman's Hospital!"

- Celton Hayden Jr., *Foundation for Woman's Board of Trustees Chair*

On April 17, 2024, Woman's Impact Luncheon guests generously contributed over **\$165,000** in support of Louisiana's first inpatient perinatal mental health unit. Rene Ragas, Woman's President and CEO announced the opening of the unit at the luncheon. The 2024 Board of Trustees Chair, Celton Hayden, Jr. and Executive Vice President/Chief Nursing Officer, Cheri Johnson shared compelling stories that inspired the audience to support new mothers facing these mental health challenges. Attendees left the event feeling hopeful and excited about the future of mental healthcare for patients at Woman's.



Liz Saurage, Laurie Saurage, Donna Saurage, and Catherine Saurage



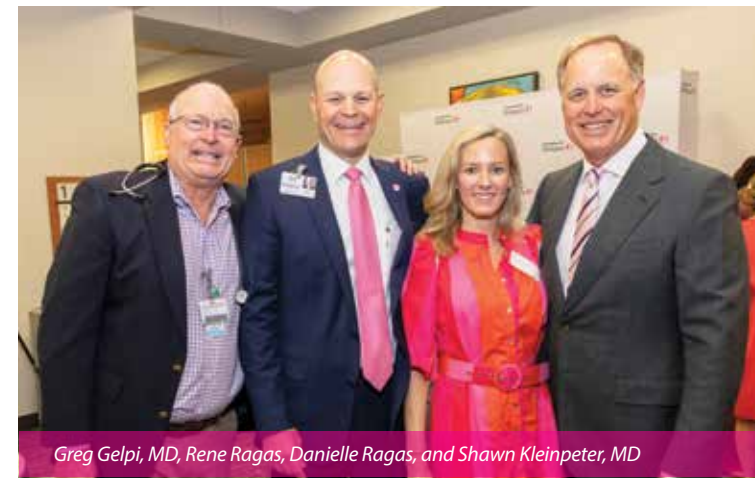
Kim Sangari, Allyson Boudreaux, MD, and Sarah Davis, MD



Aneatra Boykin, Emilia Gilbert Henry, Jessica Guinn, Erin Monroe, Helena Cunningham, Jolene Hardy, and Shelia Sterling



Bianca Glueck, Donna Fraiche, Cynthia Amedee, and Kelly Cannon, MD



Greg Gelpi, MD, Rene Ragas, Danielle Ragas, and Shawn Kleinpeter, MD



Martin Haymon, Beverly Brooks Thompson, and Devin Lemoine



Rose Marie Fife, Rene Ragas, Gabriella St. Amant, Tom Yura, Cathy Giering, and Keila Stovall



Robin Patty, MD and Cindy Schwartzburg, MD



Brooke Coogan and Sarah Monsour



Eboni Buchanan and Wendy Singleton



Audrey Wascome, Harmony Hobbs, Bailey Ortega, Loren McIntyre, and Melissa Thompson



Lindsey Weinstein, Shawn Kleinpeter, MD, Tara Weinstein, and Kim Litel

Photos by Kleinpeter Photography



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In the Community

Generous community members provide support for Woman's.

1. Jarrett and Emily Logan honor the memory of their son Myles, who passed away in February 2022, by donating 200 lovey blankets. Their heartfelt gesture aims to provide comfort and hope to families enduring similar circumstances.
2. Kenyatta Breaux-Coleman, alongside her daughter Denver, and husband Derek, honored Denver's first birthday by giving back to Woman's by donating baby items and treating the NICU staff to lunch and dinner during "Denver's Day of Service."
3. Springfield High School volleyball team members raised \$750 by hosting a pink t-shirt fundraiser in support of Woman's breast cancer programs.
4. The BUST Breast Cancer Volunteer Committee began planning efforts for the annual bra-art fashion show during their kick-off meeting in March.
- 5a/5b. The 2024 class of BUST Breast Cancer survivor models and artists gathered for a meet and greet on April 29 to begin preparations for the runway show in September.



You can get involved and support Woman's. To host a fundraising event or join an event committee, email giving@womans.org.

Volunteer Spotlight

Meet the 2024 Woman's Victory Open Chair and Board of Trustees Treasurer, Adam Foy



Why do you choose to volunteer with Woman's and Woman's Victory Open?

I believe there is a servant leader in all of us who has a desire to help others, and I choose Woman's because of the immense support it has provided to me and my family.

Volunteering with Woman's Victory Open is one way I can give back. This event contributes to the numerous programs Woman's offers patients and their families and creates camaraderie through golf and team-building experiences. As a member of the Board of Trustees, I am honored to be a part of a group seeking measurable change.

“
Every patient at Woman's Hospital is a cherished child, a mother, a sister, and a friend. I am honored to extend support to those who are put in challenging circumstances they neither sought nor deserved.
 ”

Why is Woman's important to our community?

Woman's Hospital serves as the foundation of our community, where countless individuals begin their life's journey. It's more than just a place of birth; it's a beacon of safety and support that accompanies individuals throughout their lives.

How has Woman's made a difference in your life?

Woman's has made an impact during some of the most pivotal moments of my life. From witnessing my mother receive compassionate care during her losing battle with cancer to seeing my wife, Ashley, triumphantly walk down the runway at BUST Breast Cancer after her diagnosis in 2019, Woman's has been an unwavering source of support. These experiences have transformed and inspired me to extend that same care and compassion to others in need.

Taking a Swing at Cancer!

Golfers gather to support women battling cancer.

Over 150 guests attended the Woman's Victory Open on April 11, 2024. Together, our sponsors raised over **\$64,000** to benefit breast and gynecologic cancer programs at Woman's. Thanks to the unwavering commitment of our sponsors and volunteers, women facing cancer diagnoses will receive top-tier care in our region.

The Woman's Victory Open would not be possible without our dedicated sponsors. **Thank you for supporting the mission of Woman's!**



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Chris Ciesielski, Cheree Schwartzburg, MD, Randy Arabie, Danielle and Rene Ragas



Southern Medical Corporation



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Lincoln Financial Group
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A Sanctuary for Healing and a Pathway to Move Forward

Woman's Perinatal Mental Health Unit Opening Fall 2024

Together we are creating a haven where women can heal, thrive, and embark on their journey of motherhood with confidence and resilience.



**You can make
a difference**
one life, one infant,
one family at a time.

Give Today



*Your investment will
ensure women in need
receive specialized care.*