

REACH & RISE® MENTORING

IN A RECENT SURVEY, 56% OF SAN FRANCISCO 9th AND 10th GRADERS REPORTED NOT HAVING A CARING ADULT RELATIONSHIP.

Youth who do not have a positive role model are often predisposed to:

LOW SELF-ESTEEM

PEER CONFLICTS

POOR ACADEMIC PROGRESS

leading to higher risk of:

DROPPING OUT OF SCHOOL

SUBSTANCE USE AND ABUSE

ENTERING THE JUVENILE JUSTICE SYSTEM

In response, the YMCA of San Francisco founded the REACH & RISE® program in 1992 identifying, training and matching caring adult mentors to at-risk youth.

Since then, with funding from the Office of Juvenile Justice and Delinquency Prevention (OJJDP) and generous donors, the program operation has expanded to twelve states.



CARING ADULTS TRAINED AT LEAST 18 HOURS IN THERAPEUTIC MENTORING VASTLY EXPANDING SKILLED ROLE MODEL AVAILABILITY



REFERRED CHILDREN AGED 6 TO 17 BUILD SAFE AND HEALTHY ADULT RELATIONSHIPS THROUGH WEEKLY ONE-ON-ONE OR GROUP MENTORING SESSIONS FREE OF CHARGE



YMCA OF SAN FRANCISCO PROGRAM DIRECTORS PROVIDE MONTHLY CASE MANAGEMENT AS WELL AS ONGOING MENTOR, FAMILY AND YOUTH SUPPORT

A five-year randomized control trial showed that REACH & RISE® mentored youth have been impacted meaningfully.

15,000

YOUTH HAVE RECEIVED SUPPORT NATIONALLY SINCE 2009

2.3x

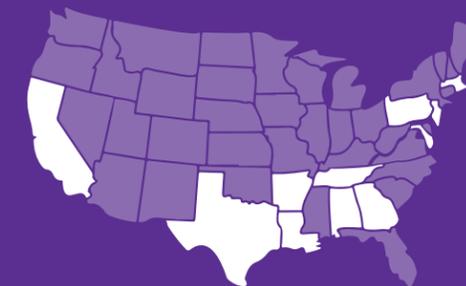
LESS LIKELY TO BE INVOLVED IN JUVENILE DELINQUENT BEHAVIORS

2x

LESS LIKELY TO USE SUBSTANCES BY DEVELOPING ALTERNATIVE COPING SKILLS

MENTORING PROGRAMS IMPACT

2022 was the 30th anniversary of the Reach & Rise® Program.



Under the leadership of the YMCA of San Francisco, the program has expanded throughout the United States. This year, 1,400 youth experienced therapeutic mentoring.