



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CHINATOWN YMCA 華埠青年會

ANNUAL REPORT 2023-24







As I look back on the past year, the Chinatown YMCA is proud to share a few highlights:

- We continue to address food insecurity by starting a new grocery program with support from HSA. 100 Households in the community receive weekly groceries. Grocery items are bought locally, ensuring that the food is culturally relevant, and at the same time, supporting local businesses. Along with our Food Pantry, we now serve over 350 households weekly with food support.
- We supported 200 families with wellness programming in partnership with CYC. From regular exercise to health workshops and field trips, these families learned to live a healthy lifestyle. A healthy family lives together, plays together and exercises together!
- Our Active Older Adults programming continues to grow. We now serve over 150 Seniors with programs aimed at decreasing social isolation and increasing relationship building. This past year, we added an intergenerational aspect by partnering with a local middle school. Our AOA participants and the students met regularly to learn about each other; often finding many similarities that bind us together as one community.

As always, we cannot achieve any of this without you, our most dedicated supporters. I continue to be amazed and humbled by your generosity. Thank you!

This past year, we also lost two long time board members, Hanley Fong and Ford Lee. Their contributions to the Chinatown YMCA were significant. From our capital campaign to build the new Y, to their time on our Board (60+ years each), we are not where we are without their contribution of time and talent. We forge ahead in their memory.

Thank you all as we build strong communities where we all can **BE, BELONG, and BECOME.**



ANDY CHU
Executive Director
Chinatown YMCA



CHINATOWN COMMUNITY AT A GLANCE

APPROXIMATELY 15,000 RESIDENTS CALL THE 20 SQUARE ICONIC BLOCKS OF CHINATOWN HOME.

This vibrant and historic neighborhood, though rich in culture and tradition, faces significant daily challenges



LIMITED ACCESS
TO OPEN SPACES



LANGUAGE
BARRIERS



FINANCIAL
CONSTRAINTS



70% OF RESIDENTS
ARE IMMIGRANTS



71% OF RESIDENTS
HAVE LIMITED
ENGLISH PROFICIENCY

Navigating social services, accessing resources, and finding jobs can be daunting tasks. Financial stability remains a constant struggle for many.

Chinatown Family Income Overview:

\$26,500

MEDIAN HOUSEHOLD INCOME

**UNDER
\$20,000**

ANNUAL INCOME OF NEARLY 40% OF RESIDENTS

These factors compound the difficulties residents face in achieving a healthy and prosperous life.

The Chinatown YMCA serves as a vital lifeline, offering programs and services designed to address these specific needs and challenges.



ENRICHMENT PROGRAMMING

In Chinatown, where only 5% of the land is open space compared to the city average of 23%, access to safe and engaging environments is crucial. This is particularly significant for the 12% of youth under 18 living in the area.

Our enrichment programs play a vital role in the social, emotional, and physical development of these children.



Art



Tutoring



Swim Lessons



Martial Arts



Youth Sports

These programs not only offer physical activity and recreation but also foster:



COMMUNITY ENGAGEMENT



VOLUNTEERISM



LEADERSHIP



By bridging resource gaps for immigrant and low-income families, our enrichment initiatives support overcoming barriers like language and financial constraints. Celebrating cultural backgrounds helps build self-esteem and positive identity among immigrant youth, nurturing future community leaders.

INVESTING IN THESE PROGRAMS ENSURES A MORE EQUITABLE FUTURE FOR ALL.



REACH & RISE MENTORING

Challenges Faced by Children of Immigrant Parents in Chinatown



**CULTURAL
ADJUSTMENT**



**LANGUAGE
BARRIERS**



**EDUCATIONAL
DIFFICULTIES**



**DIFFICULTIES WITH
SOCIAL INTEGRATION**

These stressors can lead to feelings of **isolation** and **cultural dissonance**. Additionally, many immigrant children act as translators for their families, adding to their pressures.

The Reach & Rise™ Mentoring Program addresses these issues by providing positive adult role models. Mentored youth are:

55%

MORE LIKELY TO ENROLL IN COLLEGE

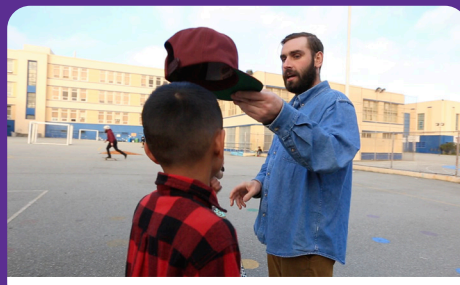
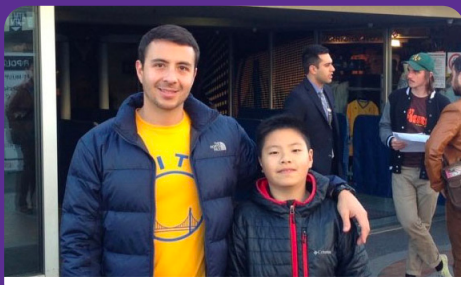
78%

MORE LIKELY TO VOLUNTEER REGULARLY

130%

MORE LIKELY TO HOLD LEADERSHIP POSITIONS COMPARED TO THEIR PEERS WITHOUT MENTORS

(The Mentoring Effect, 2014, MENTOR: The National Mentoring Partnership)



With a dedicated program manager, we have expanded the program, pairing up to 20 vulnerable youth with trained, caring mentors to support their positive development.



INTERGENERATIONAL PROGRAMMING FOR SENIORS

COVID-19 Impact on Seniors



ISOLATION



DIGITAL
DIVIDE



ECONOMIC
HARDSHIP



LIMITED
HEALTHCARE
ACCESS



MENTAL
HEALTH
ISSUES



FEAR OF
RACIALLY BASED
ATTACKS

Even with the return to regular programming, many seniors feel the long-term impacts of isolation and fear.

Intergenerational programming offers a solution by connecting different age groups thus enhancing:



SOCIAL
WELL-BEING



EMOTIONAL
WELL-BEING



MENTAL
WELL-BEING



PHYSICAL
WELL-BEING

In partnership with **Presidio Knolls School**, our program brings together seniors and 4th graders to learn and share.



COMBAT
SOCIAL ISOLATION



PROMOTE
MENTAL HEALTH

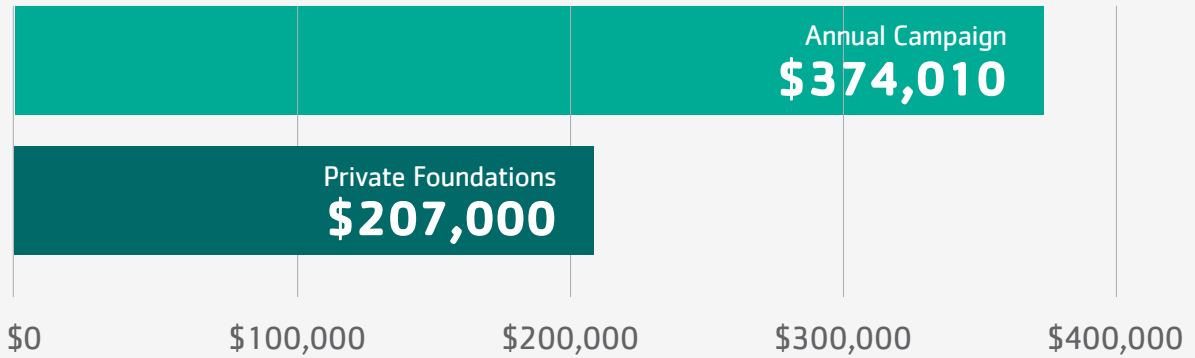


BRIDGE
GENERATION GAP

Seniors tell their stories, and students engage with them, stimulating cognitive abilities and breaking stereotypes. The success of this partnership encourages us to continue and expand intergenerational programming, positively impacting both elders and youth.

FINANCIAL REPORT

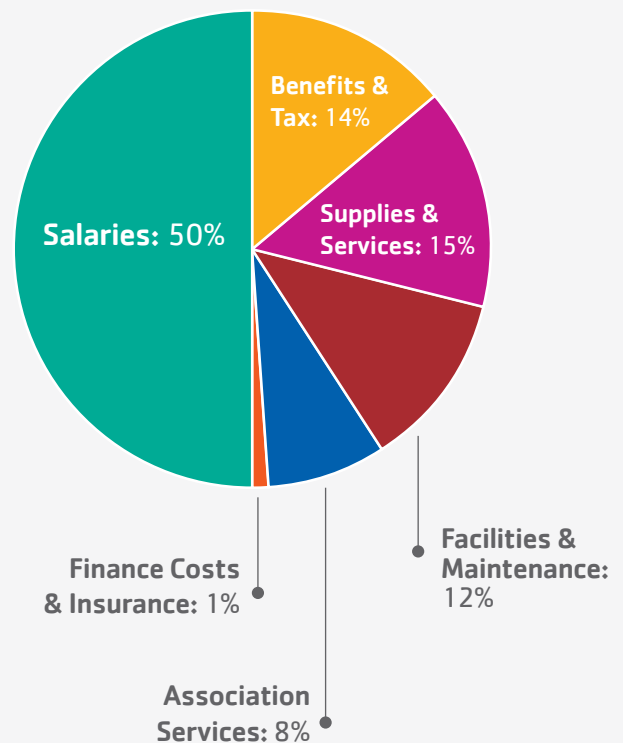
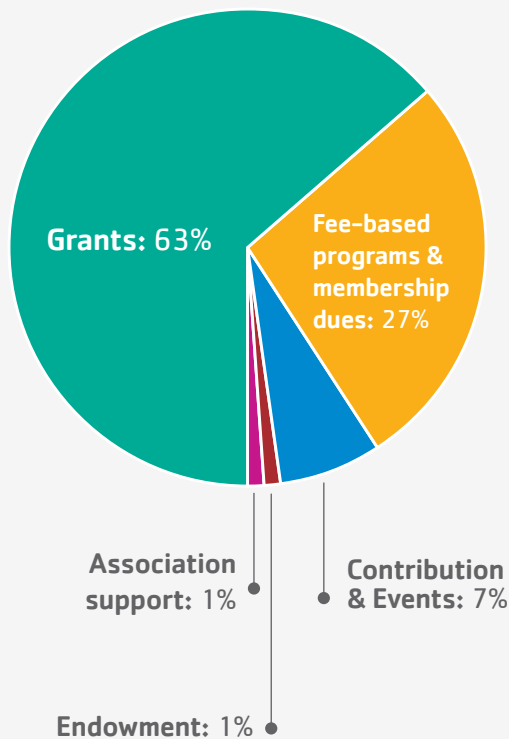
IN 2023-2024, YOU RAISED



OUR TOTAL ENDOWMENT IS **\$3,812,000.**

INCOME: \$9,707,451.15

EXPENSES: \$9,451,410.08





ACCESSIBLE TO ALL
CREATING OPPORTUNITIES
HEALTHY EMPOWERED LOVE
LIVING INTEGRITY BALANCE
HERE SUPPORTIVE SAFE
FOR FRIENDSHIPS
GOOD FORWARD CONNECTION
THINKING INCLUSIVE
LEADERSHIP A PLACE VALUE
FAMILY FOR ALL DISCOVER
CONNECT WITH ALL
ANTI-RACIST HOLISTIC RESOURCEFUL
EQUITABILITY APPRECIATIVE
TRANSFORMATIVE A BETTER
PASSION POSITIVE FUTURE
PERCEPTIVE
ENDLESS POSSIBILITIES HOME
YMCA OF SAN FRANCISCO

HEALING WELLNESS

HOPE YOUTH DEVELOPMENT
HEALING TOGETHER

FAMILY FRIENDLY NURTURING

WELCOMING DIVERSE
IMPACTFUL

ENGAGING COLLABORATIVE FUN
INNOVATIVE CHANGE RESPECT

STRONG STARTS MIND BELONGING
BODY

BE HERE SPIRITUAL DRIVEN

BELONG YOUTH-LED
COMPASSION

BECOME IMPACTFUL
OUTREACH

STRONGER COMMITMENT
TOGETHER SOCIAL RESPONSIBILITY

COMMUNITY PERSONAL
GROWTH

BUILDING A RESILIENT RELIABLE
BAY AREA LOVE DIFFERENCES



BE, BELONG, BECOME
YMCA OF GREATER SAN FRANCISCO

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