

# BACKYARD baseball

Presented by



There's plenty of ways to stay active while staying home. We're here to give you some creative ways to play backyard baseball and practice your playing skills!

## AROUND THE HORN

### What you'll need:

Makeshift bases from household items like pillows or chalk drawing on pavement to denote home, first, second, and third! To prevent any accidents, we recommend using chalk to draw your own bases or using weighted down piece of papers. Optional: baseball glove.



### What now?

Practice catching fly balls by tossing one up in the air from home to first. Run from home plate to first base to see if you can catch the ball! Do this for every base until you've gone "around the horn."

Play with members of your family. Have each member stand at a base and throw the ball from base to base. Start off a few feet apart and gradually move the bases further for a greater challenge!



Share how you're staying active while #boredwithoutbaseball by sharing pictures with @redsox on social media!