

CREATE YOUR OWN GARDEN

Fenway Farms style

WHAT IS FENWAY FARMS?

This 5,000 square foot rooftop farm within Fenway Park utilizes a milk crate container growing system. Harvested produce is served throughout the park, primarily in the Club restaurant. Fenway Farms was installed to further exemplify the Red Sox's commitment to helping protect and preserve the environment and the neighbors around Fenway Park.

MATERIALS AND SUPPLIES

- 1 Milk Crate
- Non-Woven light-weight fabric that water can drain out of (landscape fabric is recommended)
- Potting soil
- Zip ties or rope
- Scissors
- Vegetable or herb seeds of your choice

INSTRUCTIONS

1. Line the milk crate with a single layer of fabric. Make sure to fit the fabric into the corners of the crate, leaving plenty of fabric hanging over all four top edges of the milk crate
2. Use scissors to create small holes in the fabric at the bottom of the milk crate to ensure water drainage
3. Fill the crate with soil to weigh down the fabric, then cut the fabric with scissors leaving 3-4 inches above the milk-crate edge
4. Create small holes to thread rope or zip ties through in order to secure loose fabric over the edge
5. Follow seed packet planting instructions
6. Keep seed/plant watered
7. Harvest a healthy crop to take from your milk crate to your plate!

For more information on Fenway Farms, please visit greencitygrowers.com/fenway-farms

