











## INSTRUCTIONS FOR USE:

Follow these instructions each time the respirator is worn. (See pictures 1-6)

- 1. Hold the respirator in your hand with head straps hanging forwards over the front of the nose clip. Place the respirator over your nose and mouth.
- 2. Place the bottom elastic strap over your head just below the ears. Untwist the strap.
- 3. Place the top head strap over your head above your ears. Untwist the strap.
- 4. Using both hands, carefully shape the nose clip to fit your nose and adjust the respirator to achieve a completely tight fit to your face.
- 5. Strap tension may be reduced without removing the respirator from the head by pushing out on the back of the buckle. To tighten, pull the strap end through the buckle.
- 6. Test the tightness of the facial fit by covering the front of the respirator with both hands and inhale sharply. If air leaks out around the nasal area (nose clip) or elsewhere, these leaks must be eliminated by readjusting the nose clip and respirator, before entering the contaminated area.