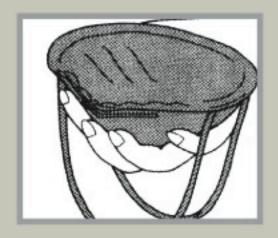
## FITTING INSTRUCTIONS

Must be followed each time respirator is worn



Cup the respirator in your hand, with the nosepiece at your fingertip, allowing the headbands to hang freely below your hand.



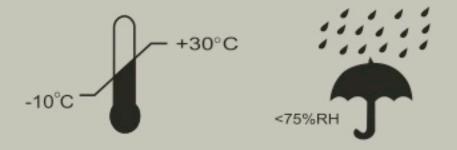
Position the respirator under your chin with the nosepiece up. Pull the top strap over your head resting it high at the top back of your head. Pull the bottom strap over your head and position it around the neck below the ears.



- Place your fingertips from hands at the top of the metal nosepiece. Using two hands, mold the nose area to the shape of your nose by pushing inward while moving your fingertips down both sides of
  - Pinching the nosepiece using one hand may result in improper fit and less effective respirator performance. Use two hands.



Perform a User Seal Check prior to each wearing. To check the respirator-to-face seal, place both hands completely over the respirator and exhale. Be careful not to disturb the position of the respirator. If air leaks around the nose, readjust the nosepiece as described in Step 3. If air leaks at the respirator edges, work the straps back along the sides of your head.



INSPEC International Ltd 56 Leslie Hough Way, Salford Greater Manchester M6 6AJ United Kingdom