



Frida Kahlo Inspired Self-Portrait

Frida Kahlo: famous female, Mexican artist who painted several self-portraits that described her life.

(Right image: *Me and My Parrots*, 1941.)

Self-Portrait: an artist's depiction of him or herself.

Materials: Mirror, pencil, paper, crayons/markers

Instructions:

1. Look at Frida Kahlo's self-portrait of her with her pet parrots. How many parrots does she have? Why do you think she did a painting of herself with her parrots?
2. Take a piece of paper and put it on something hard, like a book. Then sit in front of a mirror and do your best to draw a portrait of yourself with a pencil.
3. After you finish drawing yourself, think about what kind of birds you would want as pets and draw those around you like Frida.
4. Finish by coloring in your drawing with markers or crayons.

Take it further: Read *Frida Kahlo and her Animalitos* by Monica Brown or watch the YouTube Read-Aloud version: <https://youtu.be/Zea9QrhieZk>

Lesson Adapted from: @createwithkrass



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