## Introduction to Brain Health and Community Resources

An education program presented by: The Alzheimer's Association & The North Idaho Area Agency on Aging



Join us for a program created and presented by the Alzheimer's Association and the Area Agency on Aging that offers education and resources to support those facing a diagnosis, as well as their families.

## Join us to learn more about:

- · Basic Disease information
- Risk Reduction
- · Building a Care Team
- Advance Directives
- · Fall Prevention Tips & Tricks
- Caregiver Support & Local Resources
- Road Safety for Aging Adults

1st & 3rd Friday every month

12 - 1 pm

Area Agency on Aging 402 W Canfield Ave Ste 1 Coeur d'Alene, ID 83815

Registration Info/Questions:

208-666-2996 or mllarson@alz.org



ALZHEIMER'S () ASSOCIATION

