



Juice:

Product Name: Mott's® 100% Apple Juice

% Juice: 100%

Ingredient Statement:

WATER, APPLE JUICE CONCENTRATE, ASCORBIC ACID (VITAMIN C).

Nutrition Information:

Serving Size: 4.23 fl oz

Nutrients	Amount	% Daily Value
Calories	60	
Total Fat (g)	0	0%
Sodium (mg)	15	1%
Total Carbohydrates (g)	15	5%
Total Sugars (g)	14	
Added Sugars (g)	0	0%
Protein (g)	0	
Iron (mg)	0.5	2%
Potassium (mg)	150	4%
Vitamin C (mg)	18	20%



Fruit:

Product Name: Mott's® No Sugar Added Applesauce

% Juice: N/A

Ingredient Statement:

APPLES, ASCORBIC ACID (VITAMIN C).

Nutrition Information:

Serving Size: 90 g

Nutrients	Amount	% Daily Value
Calories	40	
Total Fat (g)	0	0%
Sodium (mg)	5	0%
Total Carbohydrates (g)	10	4%
Dietary Fiber (g)	1	4%
Soluble Fiber (g)	1	
Total Sugars (g)	8	
Added Sugars (g)	0	0%
Protein (g)	0	
Potassium (mg)	70	2%
Vitamin C (mg)	9	10%