Headspace Web Application
Accessibility Conformance Report

WCAG Edition

(Based on VPAT® Version 2.4)

Name of Product/Version:

Headspace Web Application (my.headspace.com)

Report Date:

June 15, 2022

Product Description:

Headspace is a global leader in mindfulness and well-being, offering a range of consumer- and enterprise-focused tools for managing stress, sleep, and focus.

Contact Information:

For any questions about the accessibility of this application, please contact help@headspace.com.

Evaluation Methods Used:

Perkins Access, an independent accessibility consulting division of Perkins School for the Blind, was contracted by Headspace to test the product and document their findings in this VPAT. Perkins Access accessibility consultants thoroughly reviewed the Headspace web application for conformance to the Web Content

Accessibility Guidelines 2.1 Level A and Level AA using Windows 10/Chrome/JAWS 2020, Mac OS Catalina/Safari/VoiceOver and other accessibility features and technologies built into these operating systems.

Applicable Standards/Guidelines

This report covers the degree of conformance for the following accessibility standard/guidelines:

Standard/Guideline	Included In Report
[Web Content Accessibility Guidelines 2.0](#)	Level A (Yes) Level AA (Yes) Level AAA (No)
[Web Content Accessibility Guidelines 2.1](#)	Level A (Yes) Level AA (Yes) Level AAA (No)

Terms

The terms used in the Conformance Level information are defined as follows:

- **Supports**: The functionality of the product has at least one method that meets the criterion without known defects or meets with equivalent facilitation.

- **Partially Supports**: Some functionality of the product does not meet the criterion.

- **Does Not Support**: The majority of product functionality does not meet the criterion.

- **Not Applicable**: The criterion is not relevant to the product.

- **Not Evaluated**: The product has not been evaluated against the criterion. This can be used only in WCAG 2.0 Level AAA.

WCAG 2.1 Report

Note: When reporting on conformance with the WCAG 2.1 Success Criteria, they are scoped for full pages, complete processes, and accessibility-supported ways of using technology as documented in the WCAG 2.0 Conformance Requirements.

Table 1: Success Criteria, Level A

Criteria	Conformance Level	Remarks and Explanations
1.1.1 Non-text Content (Level A)	Supports	All non-text content that is presented to the user in the application has a text alternative that serves an equivalent purpose.
1.2.1 Audio-only and Video-only (Prerecorded) (Level A)	Supports	The application does not have prerecorded video-only content and provides an alternative that presents equivalent information for prerecorded audio-only content.
1.2.2 Captions (Prerecorded) (Level A)	Partially Supports	The application provides a way to turn on captions for most of the audio content that is prerecorded.
1.2.3 Audio Description or Media Alternative (Prerecorded) (Level A)	Partially Supports	The application provides a way to turn on audio descriptions for some, but not all, of the video content that is prerecorded.
1.3.1 Info and Relationships (Level A)	Supports	Information that is conveyed through presentation in the application can be programmatically determined.
1.3.2 Meaningful Sequence (Level A)	Supports	When the sequence in which content is presented affects its meaning, a correct reading sequence can be programmatically determined.
1.3.3 Sensory Characteristics (Level A)	Supports	Instructions provided for understanding and operating the platform do not rely solely on sensory characteristics such as shape, size, visual location, orientation, or sound.

Criteria	Conformance Level	Remarks and Explanations
1.4.1 Use of Color (Level A)	Supports	Color is not used as the only visual means of conveying information, indicating an action, prompting a response, or distinguishing a visual element.
1.4.2 Audio Control (Level A)	Not Applicable	The application does not contain any audio that plays automatically for more than 3 seconds that would require a mechanism to pause or stop the audio, or a mechanism to control audio volume independently from the overall system volume level.
2.1.1 Keyboard (Level A)	Supports	All user interface controls in the application are operable when using a keyboard interface.
2.1.2 No Keyboard Trap (Level A)	Supports	If keyboard focus can be moved to a component of the page using a keyboard interface, then focus can be moved away from that component using only a keyboard interface.
2.1.4 Character Key Shortcuts (Level A 2.1 only)	Not Applicable	The application does not use single-key shortcuts that require a mechanism to remap or to turn off.
2.2.1 Timing Adjustable (Level A)	Supports	The time limits implemented by the application exceeds 20 hours.
2.2.2 Pause, Stop, Hide (Level A)	Supports	The application does not have moving, blinking or scrolling content that starts automatically.
2.3.1 Three Flashes or Below Threshold (Level A)	Supports	The application does not have flashing content.
2.4.1 Bypass Blocks (Level A)	Supports	A mechanism is available to bypass blocks of content that are repeated on multiple Web pages in the application.
2.4.2 Page Titled (Level A)	Supports	The application's Web pages have titles that describe the topic or purpose of the page.
2.4.3 Focus Order (Level A)	Supports	All of the interactive components within the application receive focus in an order that preserves meaning and operability.

Criteria	Conformance Level	Remarks and Explanations
2.4.4 Link Purpose (In Context) (Level A)	Supports	The purpose of links in the application can be determined from the link text alone or from the link text together with its programmatically determined link context.
2.5.1 Pointer Gestures (Level A 2.1 only)	Supports	The application does not rely on multipoint (such as pinch zoom) or path-based (such as swipe) gestures to operate.
2.5.2 Pointer Cancellation (Level A 2.1 only)	Supports	Functionality in the application does not execute on a down event (such as tap down).
2.5.3 Label in Name (Level A 2.1 only)	Supports	All user interface controls in the application have accessible names / labels that contain the same text as the component's visible label, where applicable.
2.5.4 Motion Actuation (Level A 2.1 only)	Supports	The product does not include functionality that can be operated by device motion or user motion.
3.1.1 Language of Page (Level A)	Supports	The default human language used in the application can be programmatically determined.
3.2.1 On Focus (Level A)	Supports	When user interface controls in the application receive focus, they do not result in a change of context.
3.2.2 On Input (Level A)	Supports	When user interface controls in the application receive input, they do not initiate a change of context.
3.3.1 Error Identification (Level A)	Supports	If an input error is automatically detected, the item that is in error is identified and the error is described to the user in text.
3.3.2 Labels or Instructions (Level A)	Supports	Sufficient labels or instructions are provided in the application when content requires user input.
4.1.1 Parsing (Level A)	Supports	Elements in the application have complete start and end tags, are nested according to their specifications, do not contain duplicate attributes, and have unique IDs where applicable.

Criteria	Conformance Level	Remarks and Explanations
4.1.2 Name, Role, Value (Level A)	Supports	The name and role for the user interface controls in the application can be programmatically determined; states, properties, and values that can be set by the user can be programmatically set; and notification of changes to these items is available to user agents, including assistive technologies.

Table 2: Success Criteria, Level AA

Criteria	Conformance Level	Remarks and Explanations
1.2.4 Captions (Live) (Level AA)	Not Applicable	The application does not have live audio content that would require captions.
1.2.5 Audio Description (Prerecorded) (Level AA)	Partially Supports	The application provides a way to turn on audio descriptions for some, but not all, of the video content that is prerecorded.
1.3.4 Orientation (Level AA 2.1 only)	Supports	Content in the application does not restrict its view and operation to a single display orientation, such as portrait or landscape.
1.3.5 Identify Input Purpose (Level AA 2.1 only)	Supports	The purpose of each input field collecting information about the user can be programmatically determined.
1.4.3 Contrast (Minimum) (Level AA)	Partially Supports	The visual presentation of text and images of text has a contrast ratio of at least 4.5:1 with surrounding colors, except when white text is used on colored backgrounds for a small number of videos found in the application.
1.4.4 Resize text (Level AA)	Supports	Text in the application can be resized 200 percent without loss of content or functionality.
1.4.5 Images of Text (Level AA)	Supports	The app uses machine-readable text to convey information rather than images of text.

Criteria	Conformance Level	Remarks and Explanations
1.4.10 Reflow (Level AA 2.1 only)	Supports	Content in the app is presented without loss of information or functionality, and without requiring scrolling in two dimensions.
1.4.11 Non-text Contrast (Level AA 2.1 only)	Supports	The visual presentation of user interface components and graphical objects in the platform have a contrast ratio of at least 3:1 with surrounding colors.
1.4.12 Text Spacing (Level AA 2.1 only)	Supports	No loss of content or functionality occurs in the application when customizing the spacing for lines, paragraphs, letters and words as required by the requirements for this success criteria.
1.4.13 Content on Hover or Focus (Level AA 2.1 only)	Supports	The application does not have any content that displays on mouse hover or keyboard focus.
2.4.5 Multiple Ways (Level AA)	Supports	The application has more than one way to locate a Web page within a set of Web pages.
2.4.6 Headings and Labels (Level AA)	Partially Supports	Headings and labels that describe the topic or purpose of content and controls are present in the application, except for the Audio Description toggle button found in the App Settings.
2.4.7 Focus Visible (Level AA)	Supports	The keyboard focus indicator is visible on all user interface components within the application.
3.1.2 Language of Parts (Level AA)	Supports	The human language of each passage or phrase in the content found in the application can be programmatically determined.
3.2.3 Consistent Navigation (Level AA)	Supports	Navigational elements that are repeated throughout pages in the application occur in the same relative order each time they are repeated.
3.2.4 Consistent Identification (Level AA)	Supports	Components that have the same functionality within the application are identified consistently.

Criteria	Conformance Level	Remarks and Explanations
3.3.3 Error Suggestion (Level AA)	Supports	Suggestions are provided to the user if an input error is automatically detected and suggestions for correction are known.
3.3.4 Error Prevention (Legal, Financial, Data) (Level AA)	Supports	The application has a way to reverse changes to user-controllable data in data storage systems.
4.1.3 Status Messages (Level AA 2.1 only)	Supports	Status messages can be programmatically determined through role or properties such that they can be presented to the user by assistive technologies without receiving focus.