



mississippi access to maternal assistance

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*Mama, you can do this!*

**T**he Mississippi Access to Maternal Assistance (MAMA) program is a website that connects women and families to the countless public and private resources available in the state. Whether you're a mother-to-be or a mother of three, MAMA can help you quickly access healthcare services, infant essentials, clothing, food, shelter, financial assistance, child care, jobs, education, legal aid, adoption services and more.

**MAMA.MS.GOV**

The **Mississippi Access to Maternal Assistance** program is administered by the **Office of the Mississippi Attorney General**.



*Lynn Fitch*  
ATTORNEY GENERAL



**Questions or feedback?**  
Send an email to [mama@ago.ms.gov](mailto:mama@ago.ms.gov)

# How Can We Help You?

Here are some of the resources you will find on **MAMA**:



**Pregnancy:** Receive a free pregnancy test or ultrasound, visit a center with baby essentials, find a diaper bank, or take a childbirth and parenting class.



**Health:** Enroll in Medicaid, find free health services near you, connect with a mental health counselor, seek help for substance abuse/addiction, or download health/pregnancy/childbirth tips.



**Adoption:** Learn more about adoption and other life-affirming options.



**Food:** Sign up for food benefits and assistance, locate food pantries or a community kitchen, or access free formula.



**Goods:** Find a resource center near you with car seats, strollers, cribs, diapers and wipes, maternity and infant clothing, and other household items.



**Safety:** Find a domestic abuse shelter or rape crisis center, connect with a confidential counselor, or request legal aid.



**Money:** Apply for financial assistance and government benefits for food, rent/mortgages, transportation, and child care; learn more about child support enforcement; or find a financial planning and literacy class.



**Child Care:** Locate a child care center near you or apply for financial assistance.



**Jobs:** Search job openings, enroll in job training courses, or apply for financial aid for college.

**More About MAMA:** In 2023, the Mississippi State Legislature adopted the Mississippi Access to Maternal Assistance (MAMA) program (SB 2781). MAMA is a website and mobile app to connect pregnant women and new mothers with resources available in Mississippi. MAMA is a key component of The Empowerment Project, General Fitch's policy initiative focused on empowering women and promoting strong Mississippi families.

**VISIT**

[www.AttorneyGeneralLynnFitch.com/TheEmpowermentProject](http://www.AttorneyGeneralLynnFitch.com/TheEmpowermentProject) to learn more about The Empowerment Project.