

HRC EDINBURGH – Allergen list



Please ensure you inform a team member of your allergen needs ahead of ordering. This will allow us to take every precaution, in our kitchen, to handle your allergen needs correctly and prevent cross contamination.

The Allergy data has been collected and derived from the specifications obtained from our suppliers. This information is specific to the MAJOR 14 allergens:



This data is provided to allow you to make an informed choice.

Some of our dishes ‘*may*’ be modified to help remove an allergen, or ingredient, but this is not always the case. If you need help choosing a dish please speak to one of our managers.

**Please note that due to the nature of cooking, our deep fried products cannot be guaranteed to be free from cross contamination with other allergens. If you are unsure which of our products go through the deep fryer please ask a member of our staff.*

** May 2024*

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<u>Starters & Shareable:</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Hard Rock Nachos						Y							Y	
Hard Rock Nachos w/ grilled chicken						Y							Y	
Hard Rock Nachos w/ grilled beef						Y						Y	Y	
One Night in Bangkok Spicy Shrimp™		Y		B/W		Y		Y			Y	Y	Y	
Smoked Chicken Wings - Classic	Y	Y				Y		Y			CC		Y	
Smoked Chicken Wings – Hickory BBQ	Y	Y				Y		Y			CC		Y	
Smoked Chicken Wings – Tangy sauce	Y	Y				Y		Y			CC		Y	
Boneless Wings - Classic buffalo	Y	Y		W		Y		Y			CC		Y	MC
Boneless Wings – Hickory BBQ	Y	Y		W		Y		Y			CC		Y	MC
Boneless Wings – Tangy sauce	Y	Y		W		Y		Y			CC		Y	MC

*Cereal cont. Gluten. **B** = Barley. **W** = Wheat. **MC** = May Contain

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<u>Starters & Shareable (cont)....</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Mini Legends		Y		W		Y		Y	MC				MC	MC
Chicken Sliders		Y		W		Y		Y	MC		CC		MC	MC
Pretzels		Y		Y		Y		Y					Y	
Loaded Tater Tots	Y			M		Y		Y			CC	Y	MC	

*Cereal cont. Gluten. **W** = Wheat. **M**= Malt **MC** = May Contain

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<u>Legendary Burgers</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Original Legendary Burger with Fries		CC		W		Y		MC	MC		CC	MC		MC
BBQ Bacon Cheeseburger with Fries	Y	CC		W		Y		Y	MC		CC		Y	MC
The Big Cheeseburger with Fries*	Y	Y		W		Y		Y	MC					MC
Moving Mountains Burger with Fries				B/W/O		Y		MC	MC		CC	Y		MC
Surf n' Turf burger with Fries		Y		B/W		Y		Y			Y	Y	Y	
Messi Burger	Y	Y		W		Y		Y	MC				MC	MC
Classic Smash Burger & Fries	Y	Y		B/W		Y		Y	MC				MC	MC
Swiss Mushroom Burger & Fries		Y		W		Y		Y	MC					MC
Spicy Diablo Burger & Fries	MC	Y		W		Y		Y	MC			Y	Y	MC

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<u>Sandwiches</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Honey Mustard Grilled Chicken Sandwich	Y	Y		W		Y		Y	MC				MC	MC
BBQ Pulled Pork Sandwich	Y	Y		W		Y		Y	MC		CC		Y	MC
Crispy Chicken Sandwich	Y	Y		W		Y		Y	MC		CC			MC
Buffalo Crispy Chicken Sandwich	Y	Y		W		Y		Y	MC		CC			MC
Messi Chicken Sandwich		Y		W		Y		Y	MC		CC			MC
<u>Burger Subs</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Onion Rings (no sauces)		CC		W		CC		MC			CC	MC		
Bacon														
Cheese & Bacon Fries		Y				Y		Y						

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<u>Salads</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Chicken Caesar Salad		Y	Y	B/W		Y		Y	MC				Y	MC
Caesar Salad w/ Grilled Beef		Y	Y	B/W		Y		Y	MC			Y	Y	MC
Caesar Salad w/ Grilled Salmon		Y	Y	B/W		Y		Y	MC				Y	MC
Steak Cobb Salad	Y	Y		W		Y		Y				Y	Y	
Grilled Salmon Bowl			Y	W						Y		Y	Y	
Grilled Salmon Bowl SUB CHICKEN				W						Y		Y	Y	
Grilled Salmon Bowl SUB BEEF				W						Y		Y	Y	
Southwest Chicken Bowl	Y	Y				Y		Y					Y	
Southwest Chicken Bowl w/Beef	Y	Y				Y		Y				Y	Y	
Side Caesar Salad		Y	Y	B/W		Y		Y	MC				Y	MC
Side House Salad (NO dressing)				W		Y								

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<u>Salad Dressings & FRY DIPS</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Blue Cheese Dressing		Y				Y		Y						
Caesar Dressing		Y	Y	B		Y		Y	MC				Y	MC
Honey Mustard Dressing		Y						Y						
Oil & Vinegar													Y	
Guacamole Ranch Dressing		Y				Y		Y					Y	
Sesame Soy Dressing				W						Y		Y	Y	
Legendary Sauce	Y	Y						Y						
Spicy Mayonnaise		Y						Y				Y	Y	
Dijonnaise		Y						Y						
Herb Aioli		Y						Y						
Buffalo Sauce														
Signature BBQ Sauce	Y							Y					Y	
Garlic Aioli		Y						Y						
Ranch Dressing		Y				Y		Y						

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<u>Speciality Entrees</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Hickory Smoked Ribs	Y	Y		MC (B/M)				Y					Y	
Rib Eye Steak	Y					Y							Y	
NY Strip Steak	Y					Y							Y	
Famous Fajitas (with set, ALL incl. Veggie)				W		Y						Y		
Twisted Mac, Chicken and Cheese	Y			W		Y			MC					MC
Hickory Smoked Chicken	Y	Y		MC (B/M)				Y					Y	
Smokehouse BBQ Duo – Ribs & Pork	Y	Y		W				Y			CC		Y	
Smokehouse BBQ Duo – Ribs & Chicken	Y	Y		MC (B/M)				Y					Y	
Smokehouse BBQ Duo – Pork & Chicken	Y	Y		W				Y			CC		Y	
Smokehouse Trio Combo	Y	Y		W				Y			CC		Y	
Grilled Salmon	Y		Y			Y		Y				Y	Y	
Tupelo Chicken Tenders (with Fries & sauce)		Y		W		Y		Y	MC		CC		Y	MC

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<u>Subs & Side Items</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Sub House Salad (no dressing)				W		Y								
Sub Caesar Salad		Y	Y	B/W		Y		Y	MC				Y	MC
Side Twisted Mac and Cheese				W		Y			MC					MC
Breaded Onion Ring (side)	Y	Y		Y		Y		Y			CC	Y	Y	
Smokehouse Beans	Y							Y					MC	
Tomato & Cucumber Salad				W						Y		Y	Y	
Seasoned French Fries														
Side Golden Mashed Potatoes						Y								
Side Guacamole														
Side Cheese & Bacon Fries		Y				Y		Y						
Fresh Seasonal Vegetables	Y					Y							Y	

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<u>Cocktails</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Hurricane													Y	
Classic Caribbean Mojito													Y	
Passion Fruit Mai Tai													Y	A
Rhythm & Rose Mule													Y	
Bahama Mama													Y	C
Smoked Old Fashioned													Y	
Paloma														
Dirty Martini													Y	
Cosmopolitan													Y	
Whiskey Sour		Y												
Gin and Tonic														

* A = Almond

* C = Coconut

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<u>Draught Beer</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Stella Artois				B										
Budweiser				B									Y	
Camden Pale Ale				B/W										
Camden Hells				B/W										
Corona				B										
Goose Island Ipa				B/W										
Stewart's Lager														
Magners Cider													Y	

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<u>Bottle Beer</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Beck's				B										
Corona				B										
Budweiser				B										
Magners Original Cider													Y	
Magners dark Fruit Cider				B									Y	
Corona Cero (Non-Alcoholic)				B										
Stewart's Edinburgh Gold														
Hoegaarden				B/W										
Stewarts's Holyrood														

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<u>Wine</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Da luca Proseco													Y	
Galanti													Y	
Louis Dornier Brut Imperial													Y	
Moet & Chandon Brut Imperial													Y	
Talevera Blanco													Y	
Bespoke Chenin Blanc													Y	
Da Luca Pinot Grigio													Y	
Pulpo Sauvignon Blanc													Y	
Berri Estates Chardonnay		Y				Y							Y	

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													Y	
Hampton Water Rose													Y	
Wicked Zinfandel													Y	
Talavera Tinto													Y	
Solandia Nero D'avola													Y	
Lunaris Malbec													Y	
Whispering Hills Merlot													Y	
Gerard Bertrand Organic Merlot													Y	
Between Thorn Shiraz													Y	

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<u>Soft Drinks</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Americano coffee														
Cappucino						Y								
Latte						Y								
Iced Tea														
Hot Chocolate		Y		Y		Y						Y		
Draught sodas														

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