



ARNSTEIN JEWISH COMMUNITY CENTER POOL & TENNIS RULES

We wish everyone a fun, safe and healthy summer. These rules are designed to help us achieve this goal.

FOOD POLICY

Food may be brought into the pool and tennis court area; however, it must be dairy or vegetarian. No meat products are permitted unless they are certified Kosher. No food or drinks, other than water/ice, are allowed at poolside.

SABBATH REGULATIONS

In deference to the Sabbath (Saturdays), please refrain from taking pictures and playing radios.

TENNIS

Court reservations may be made by calling the AJCC office at 690-6343. Reservations will be accepted up to five days in advance. Reservation schedule will be posted.

1. Only members in good standing may use the tennis courts.
2. On weekends and after 5:00 p.m. on weekdays play is limited to one and a half (1 ½) hours per session when members are waiting for court time.
3. Entrance to the tennis courts is through the Pool through the new gate
4. No breakable materials or containers of any kind will be allowed in the tennis court area.
5. Tennis courts are reserved for Milton Collins Day Camp, Monday-Friday from 9:00 a.m.-1:00 p.m.
6. Illegal drugs and alcohol are not permitted in the tennis court area at any time.
7. Anyone under the influence of alcohol or drugs will not be permitted in the tennis court area.

POOL

ELIGIBILITY AND GUEST FEES FOR THE POOL

1. Members in good standing are permitted to use the pool. **Please sign in with the gate attendant.**
2. Members are welcome to bring guests for a fee of \$2.00 per guest per visit. Members will receive six complimentary guest passes with their summer pool packet. **A member must escort guests entering the pool.**
3. Members are responsible for the actions of their guests.
4. Illegal drugs are not permitted in the pool area at any time. Alcohol is not allowed during pool hours.
5. Anyone under the influence of alcohol or drugs will not be permitted in the pool.
6. Parties may be scheduled during normal pool operation for up to fifteen (15) people. A fee of \$2 each will be charged for each non-member guest. Parties of more than fifteen (15) people must be scheduled through the main office at 690-6343. After hour parties must be scheduled through the main office. **Please note that a party is 10 or more people.**

HEALTH AND SAFETY

1. Parents are responsible for the health and safety of their own children.
 - A. Children ages 16 and older may sign themselves into the pool and supervise younger children.
2. **When the pool closes due to inclement weather parents must pick up their children within thirty minutes of closing.**
3. Unacceptable behavior will not be tolerated and may result in removal from pool area.
4. THREE (3) consecutive whistle blows by a lifeguard indicates a **water emergency**. All swimmers must freeze. The lifeguard will be off the stand. Lifeguards will provide instructions on how to proceed at that time.
5. Recreational rafts and large inner tubes may not be used in the pool. Water safety flotation devices, such as floaties, may be used in the shallow area only. When water safety flotation devices are used, an adult must be in the water with the child and must directly supervise the child in the device.
6. No one is allowed in the pool unless a lifeguard is in the chair.
7. In the interest of safety, anyone going into the deep area of the pool may be requested by the lifeguard to prove his/her ability to swim.
8. The following rules for use of the diving board must be observed: A) one person at a time on the board and ladder, B) only one bounce on the board and C) no swimming, playing or “hanging out” in the board area.
9. Diving is allowed from the diving board or diving blocks only.
10. Use of the diving board may be restricted during crowded periods. This will be at the discretion of the pool staff.
11. No attempts at “inward” or dangerous dives are allowed.
12. No running in the pool area.
13. No horseplay will be allowed in the pool at any time.
14. No squirt guns of any kind will be allowed in the pool area.
15. All patrons must exit the pool and the pool deck when thunderstorms or lightning are in the area.
16. No person can get up on another’s shoulders (no “chicken fights” allowed.)
17. No hanging on lane ropes.
18. No talking to the lifeguard while the guard is on a stand unless it is an emergency.
19. If a child is not toilet trained, swim diapers **MUST** be worn in the pool.
20. No breakable materials or containers of any kind will be allowed in the pool area.
21. The AJCC will not be responsible for the loss of personal property.
22. The lap lane closest to the railroad tracks is reserved for adult lap swimmers only, except during swim team practice. Diving, jumping or playing across this area will not be allowed.
23. Cut-off shorts, jeans, or any swim attire that is indecent and not in good taste are not considered proper bathing attire for the pool; anyone wearing them will not be allowed to swim.
24. The AJCC is a non-smoking campus.
25. No pets of any kind are allowed in the pool area
26. The aquatics staff is responsible for general health and safety practices and is authorized to request a member to cease an action deemed dangerous; they are required to enforce pool rules for the health and safety of all patrons. **You are important to us!** The lifeguard and/or pool supervisor on duty is authorized to request the removal of a member from the pool area for violations of the pool rules. Repeated violations may result in seasonal suspension.

PARENTS, PLEASE DISCUSS THESE RULES WITH YOUR CHILDREN.
TOGETHER WE CAN MAKE THIS A SUMMER OF FUN FOR EVERYONE!