

# **2023 US Rugby Foundation Grant Policy GUIDELINES & APPLICATION**

### **POLICIES**

- **1.** We seek requests for grants that support the mission of the US Rugby Foundation's five grant Program Initiatives:
  - 1) Youth & Development 2) Coaching 3) Refereeing 4) Pathways to Excellence 5) Health & Safety
- 2. Individual grant requests should be for no more than \$10,000. However, with Board approval, larger grant requests may be considered.
- **3.** We support programs, events and activities which improve the health and safety of amateur rugby players in the United States, including training and development as well as research studies.
- **4.** Grant requests for capital expenditures, including the acquisition and development of playing fields and facilities, will require Board approval.
- **5.** Grant requests will be reviewed on a rolling basis by a Grant Committee appointed by the US Rugby Foundation Board, which shall have at least three members, two of which shall be members of the Board.

## **EXAMPLES OF PROGRAMS, ACTIVITIES, AND EVENTS SUPPORTED BY OUR GRANTS**

#### **YOUTH & DEVELOPMENT**

- Start-up kits
- Ball Grants
- Inner City/Underserved Youth and High School programs

#### **COACHING & REFEREEING**

- Coaching Development USA/Abroad
- Referee Development USA/Abroad
- Youth and Collegiate Representative Rugby

#### **PATHWAYS TO EXCELLENCE**

- Player Development USA/Abroad
- College Scholarships: including the Kevin Higgins, Meg Votta, Terry O'Reilly, and Richard Donelli Scholarship Awards
- Prusmack Awards: Annual top male/female
  Collegiate 7's players

## **HEALTH & SAFETY**

- Epidemiology of musculoskeletal injury in rugby
- Neurological studies including concussions and catastrophic spinal injury
- Wellness studies including stress management, focus, performance enhancement and nutrition

#### **HOW TO SUBMIT GRANT APPLICATION**

- 1. Review the grant policies above and be sure that your grant request falls within the specifications mentioned.
- 2. Create a pdf document of your grant request.
- 3. Your grant request should include the following:
  - **a. Applicant Name:** Name of the requesting organization and contact person, or individual, along with a brief biographical history, address and contact information.
  - **b. Purpose of Grant:** Description of the activity, program or event to be supported, what the applicant seeks to accomplish, and in particular the benefit to be achieved.
  - **c. Description of Request:** Detailed description of the project (including the number of participants and the names of the sponsors, where applicable) and the dollar amount requested, along with a detailed budget and time-line.
  - **d. Health and Safety Initiative Grants:** Must include the applicant's CV and academic institution involved, and list of presentations and publications related to the grant request.
  - **e. Reports:** The applicant must commit to provide periodic reports as requested by the Grant Committee (at least annually) describing the progress of the project and the use and sources of funds spent on the project.
- Email your completed grant request to USRF President, Brian Vizard at <u>bvizard@usrugbyfoundation.com</u>. If you have any questions, please contact Brian at 619-743-6343.
- 5. The grant Committee will review your request and will contact you regarding next steps.