

BMI-for-age* GIRLS

2 to 5 years (z-scores)



Year: Month	Month	L	M	S	Z-scores (BMI in kg/m ²)						
					-3 SD	-2 SD	-1 SD	Median	1 SD	2 SD	3 SD
2: 0	24 [†]	-0.5684	15.6881	0.08454	12.4	13.3	14.4	15.7	17.1	18.7	20.6
2: 1	25	-0.5684	15.6590	0.08452	12.4	13.3	14.4	15.7	17.1	18.7	20.6
2: 2	26	-0.5684	15.6308	0.08449	12.3	13.3	14.4	15.6	17.0	18.7	20.6
2: 3	27	-0.5684	15.6037	0.08446	12.3	13.3	14.4	15.6	17.0	18.6	20.5
2: 4	28	-0.5684	15.5777	0.08444	12.3	13.3	14.3	15.6	17.0	18.6	20.5
2: 5	29	-0.5684	15.5523	0.08443	12.3	13.2	14.3	15.6	17.0	18.6	20.4
2: 6	30	-0.5684	15.5276	0.08444	12.3	13.2	14.3	15.5	16.9	18.5	20.4
2: 7	31	-0.5684	15.5034	0.08448	12.2	13.2	14.3	15.5	16.9	18.5	20.4
2: 8	32	-0.5684	15.4798	0.08455	12.2	13.2	14.3	15.5	16.9	18.5	20.4
2: 9	33	-0.5684	15.4572	0.08467	12.2	13.1	14.2	15.5	16.9	18.5	20.3
2:10	34	-0.5684	15.4356	0.08484	12.2	13.1	14.2	15.4	16.8	18.5	20.3
2:11	35	-0.5684	15.4155	0.08506	12.1	13.1	14.2	15.4	16.8	18.4	20.3
3: 0	36	-0.5684	15.3968	0.08535	12.1	13.1	14.2	15.4	16.8	18.4	20.3
3: 1	37	-0.5684	15.3796	0.08569	12.1	13.1	14.1	15.4	16.8	18.4	20.3
3: 2	38	-0.5684	15.3638	0.08609	12.1	13.0	14.1	15.4	16.8	18.4	20.3
3: 3	39	-0.5684	15.3493	0.08654	12.0	13.0	14.1	15.3	16.8	18.4	20.3
3: 4	40	-0.5684	15.3358	0.08704	12.0	13.0	14.1	15.3	16.8	18.4	20.3
3: 5	41	-0.5684	15.3233	0.08757	12.0	13.0	14.1	15.3	16.8	18.4	20.4
3: 6	42	-0.5684	15.3116	0.08813	12.0	12.9	14.0	15.3	16.8	18.4	20.4
3: 7	43	-0.5684	15.3007	0.08872	11.9	12.9	14.0	15.3	16.8	18.4	20.4
3: 8	44	-0.5684	15.2905	0.08931	11.9	12.9	14.0	15.3	16.8	18.5	20.4
3: 9	45	-0.5684	15.2814	0.08991	11.9	12.9	14.0	15.3	16.8	18.5	20.5
3:10	46	-0.5684	15.2732	0.09051	11.9	12.9	14.0	15.3	16.8	18.5	20.5
3:11	47	-0.5684	15.2661	0.09110	11.8	12.8	14.0	15.3	16.8	18.5	20.5
4: 0	48	-0.5684	15.2602	0.09168	11.8	12.8	14.0	15.3	16.8	18.5	20.6

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					-3 SD	-2 SD	-1 SD	Median	1 SD	2 SD	3 SD
4: 1	49	-0.5684	15.2556	0.09227	11.8	12.8	13.9	15.3	16.8	18.5	20.6
4: 2	50	-0.5684	15.2523	0.09286	11.8	12.8	13.9	15.3	16.8	18.6	20.7
4: 3	51	-0.5684	15.2503	0.09345	11.8	12.8	13.9	15.3	16.8	18.6	20.7
4: 4	52	-0.5684	15.2496	0.09403	11.7	12.8	13.9	15.2	16.8	18.6	20.7
4: 5	53	-0.5684	15.2502	0.09460	11.7	12.7	13.9	15.3	16.8	18.6	20.8
4: 6	54	-0.5684	15.2519	0.09515	11.7	12.7	13.9	15.3	16.8	18.7	20.8
4: 7	55	-0.5684	15.2544	0.09568	11.7	12.7	13.9	15.3	16.8	18.7	20.9
4: 8	56	-0.5684	15.2575	0.09618	11.7	12.7	13.9	15.3	16.8	18.7	20.9
4: 9	57	-0.5684	15.2612	0.09665	11.7	12.7	13.9	15.3	16.9	18.7	21.0
4:10	58	-0.5684	15.2653	0.09709	11.7	12.7	13.9	15.3	16.9	18.8	21.0
4:11	59	-0.5684	15.2698	0.09750	11.6	12.7	13.9	15.3	16.9	18.8	21.0
5: 0	60	-0.5684	15.2747	0.09789	11.6	12.7	13.9	15.3	16.9	18.8	21.1

WHO Child Growth Standards

* If a child aged less than 2 years is measured standing up, change the height to length by adding 0.7 cm BEFORE calculating BMI, because the BMI-for-age for Birth to 2 years is based on length. For children 2 to 5 years measured lying down, convert length to height by subtracting 0.7 cm BEFORE calculating BMI for application of the BMI-for-age chart.

† 24 months corresponds to 731 days.