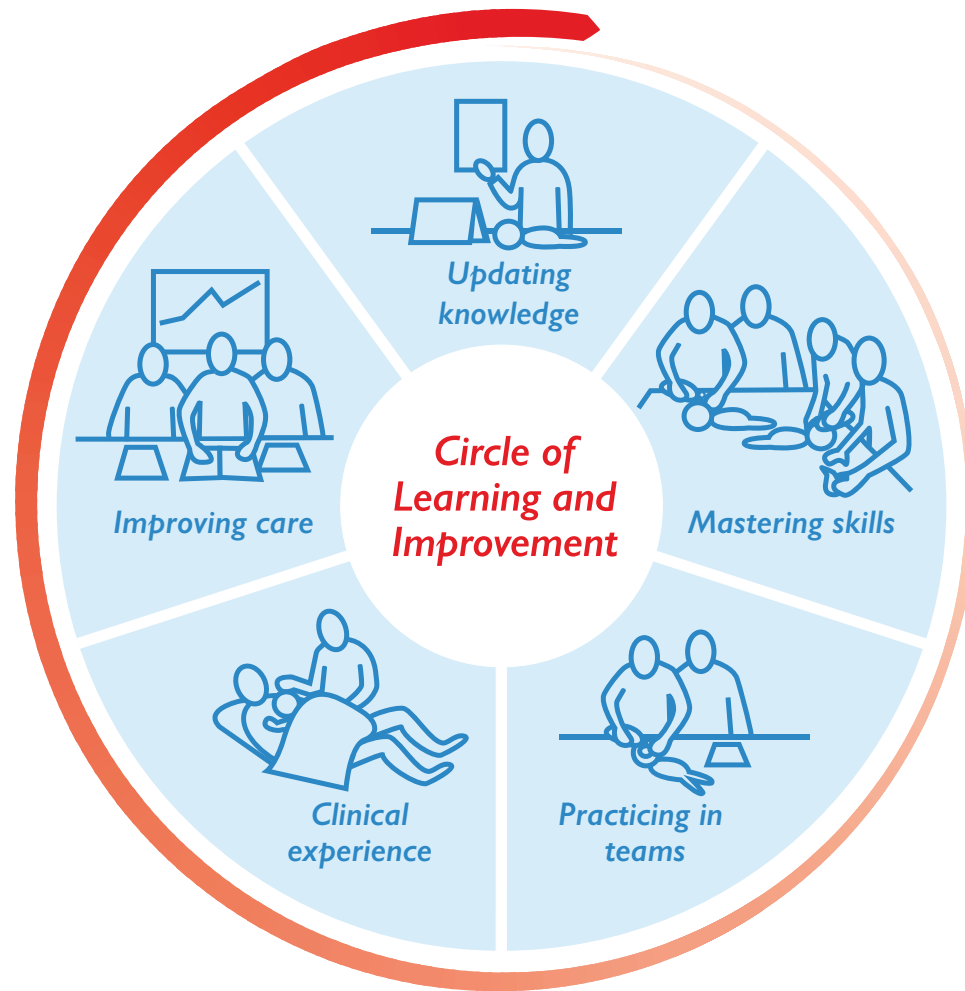


Essential Newborn Care Course

Second edition



Overview



Using the Circle of Learning and Improvement, the Essential Newborn Care Course (ENCC) aims to build competencies that save lives and help all newborns reach their full potential.

What is new in ENCC second edition?



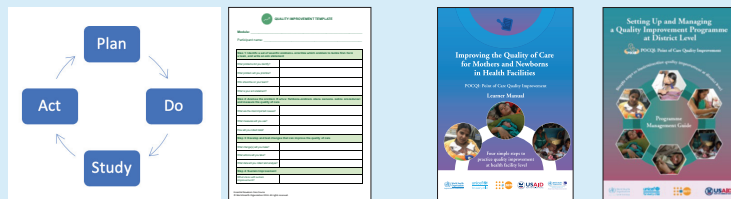
Transforming standards into care

- Incorporating guidance from recent WHO recommendations
- Addressing global gaps in care
- Including links to key references and resources



Applying contemporary educational methods

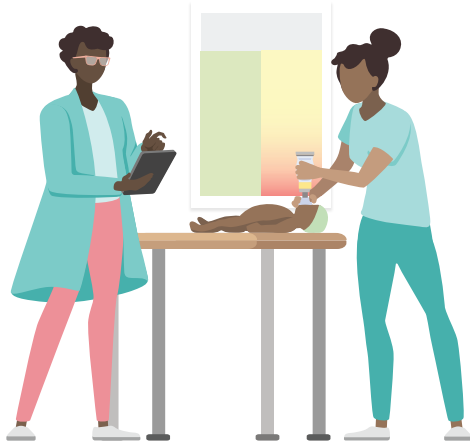
- Active learning and skills mastery through simulation and clinical practice
- Facility-based education to promote inter-professional engagement
- Flexible content to meet learning needs
- Flexible format, both print and digital
- Flexible learning agenda and timeline - concentrated or distributed over time
- Videos to model interventions and behaviours



Adding quality improvement

- Clinical practice with newborns
- Quality improvement template to identify gaps and solutions
- Use of local data to check for improvement
- Focus on sustained improvement

Who can benefit from ENCC second edition?



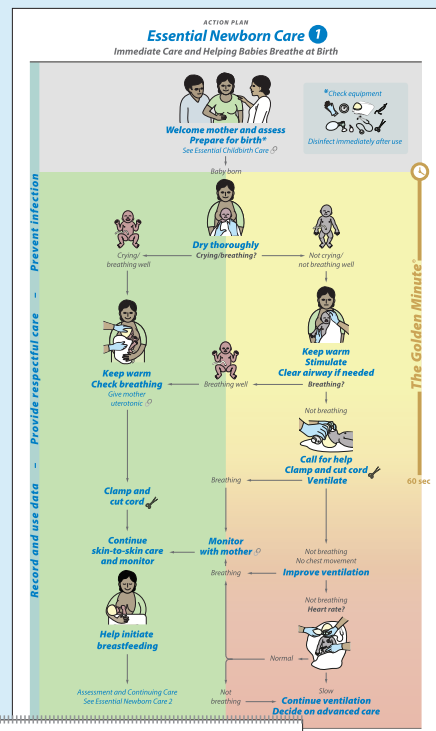
- ENCC is designed for all health workers who care for newborns:
 - Midwives
 - Nurses
 - Physicians (medical officers, paediatricians, obstetricians)
 - Other cadres - when newborn care is included in their scope of practice.
- Inter-professional education in ENCC sessions strengthens communication and teamwork.
- ENCC can be used in both in-service (refresher and orientation) and pre-service education.



What materials are part of ENCC second edition?

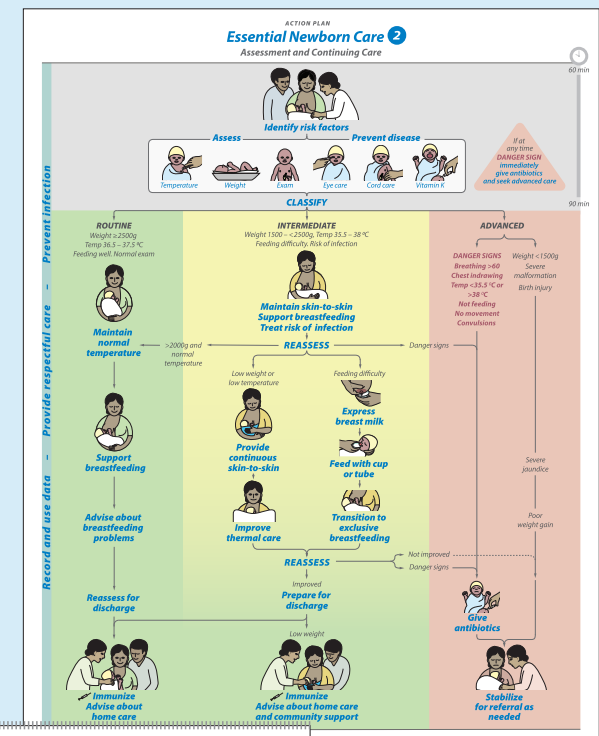
ENC 1

Immediate Care and Helping Babies Breathe at Birth
The first 60 minutes after birth



ENC 2

Assessment and Continuing Care
From 60-90 minutes to discharge from the facility and first month



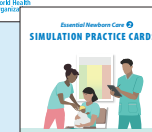
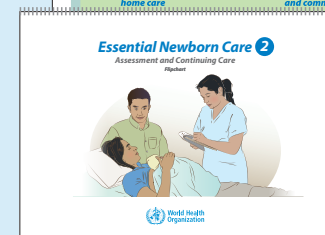
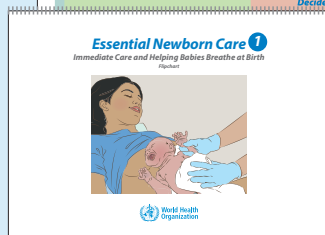
Action Plans – Pictorial wall charts show the evaluation/decision/action frameworks for providing care.

Facilitator Flipcharts – Images make concepts visible to participants and key messages guide facilitators.

Provider Guides – Participant resource promotes practice during a course, just-in-time refresher learning, and ideas for change to improve care.

Simulation Practice Cards – Group practice simulations continue building of skills and teamwork.

Parent Guide – Pictorial chart or handout emphasizes key messages for continuing essential newborn care at home.



Modules

Each module explores important steps of care through:

- Interactive slide sets with notes to guide active learning
 - Demonstrations and hands-on practice, simulations, questions and discussion, videos for examination of the evidence behind recommendations
- Clinical practice to build skills and observe routine care in the facility
- Quality improvement activities to identify gaps in care and prioritise improvement aims.

Three cross-cutting modules address the foundation for quality in all newborn care:

Communication and respectful care
 Infection prevention for newborns
 Data collection and use



Ten thematic modules explore specific issues:

Care at birth and in the first hour

- Preparation for birth
- Immediate care at birth
- Basic resuscitation of the newborn

Examination and assessment

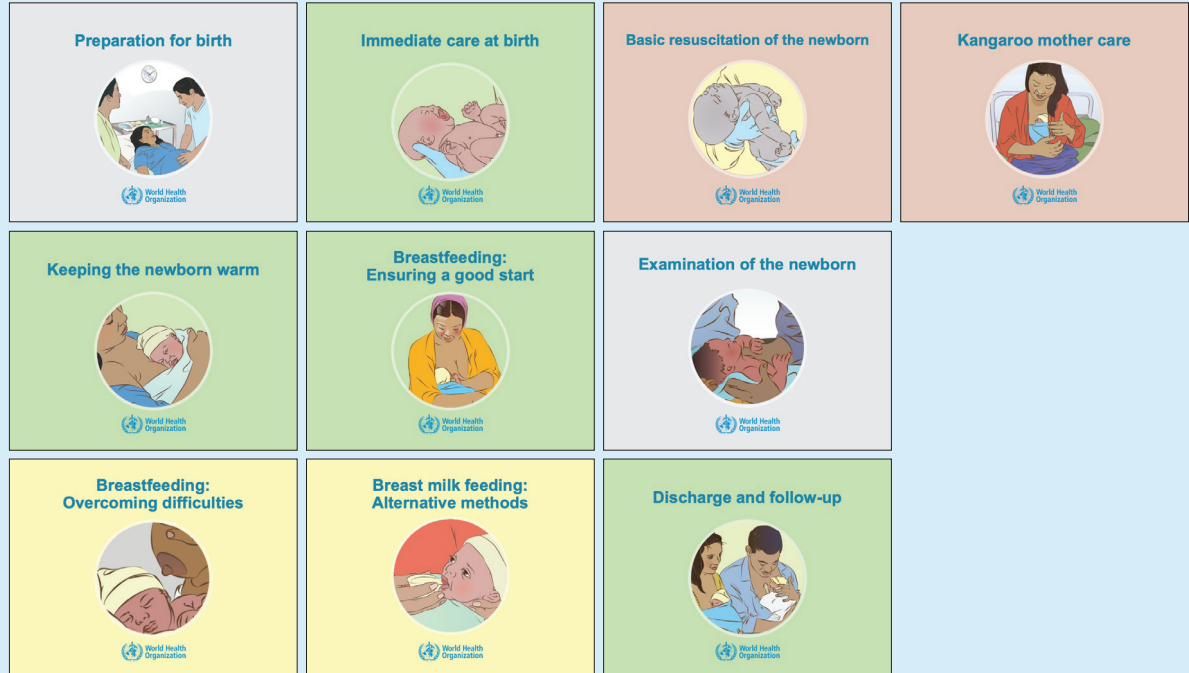
- Examination of the newborn
- Discharge and follow-up

Feeding

- Breastfeeding: Ensuring a good start
- Breastfeeding: Overcoming difficulties
- Breast milk feeding: Alternative methods

Special care of small newborns

- Keeping the newborn warm
- Kangaroo mother care

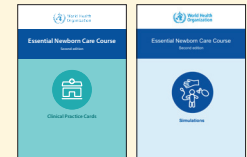


How can the materials be used to meet learning needs?

Flexible components allow organisers and facilitators to select the content that participants need.



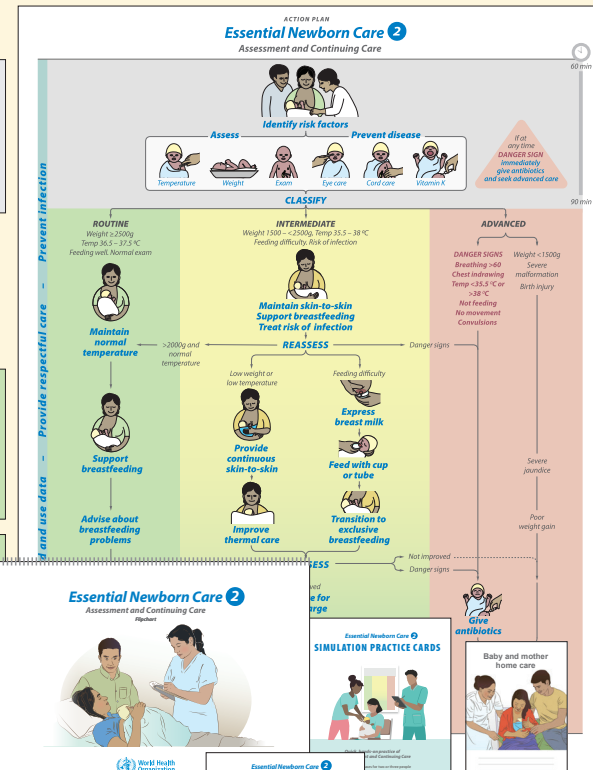
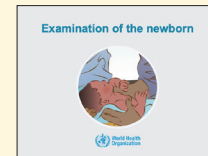
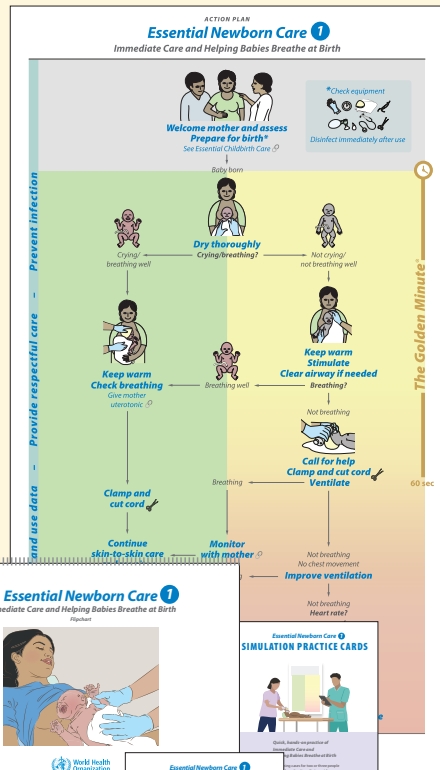
Cross cutting modules - slide sets



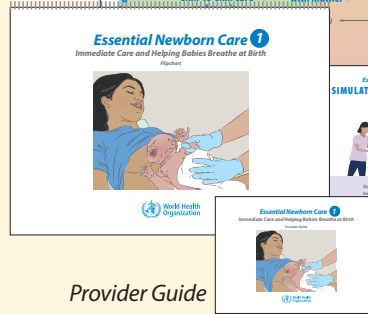
Clinical Practice Cards and Simulations

Action Plan - wall chart

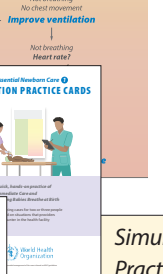
Thematic modules slide sets



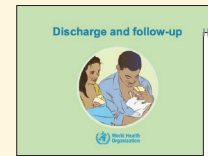
Flipchart



Provider Guide

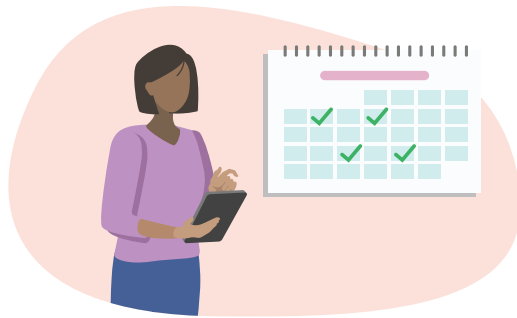


Simulation Practice Cards



Parent Guide







How and where is the course held?



The educational components allow a flexible agenda and timeline for educational activities in the health facility. Concentrated learning may occur over one to three days or distributed over weeks or months. Materials can be used in both digital format for laptops and mobile phones and in print.

Organisers and facilitators design format and agenda according to participant needs.







ENC 1 - Two full days

Day 1	Day 2
ENC 1 Introduction 	ENC 1 The Golden Minute 
ENC 1 Prepare for birth 	ENC 1 Continued ventilation 
ENC 1 Routine care 	ENC 1 Evaluations 







ENC 1 - Weekly sessions

Week 1	Week 2	Week 3
ENC 1 Introduction 	ENC 1 Prepare for birth 	ENC 1 Routine care 
ENC 1 The Golden Minute 	ENC 1 Continued ventilation 	ENC 1 Evaluations 

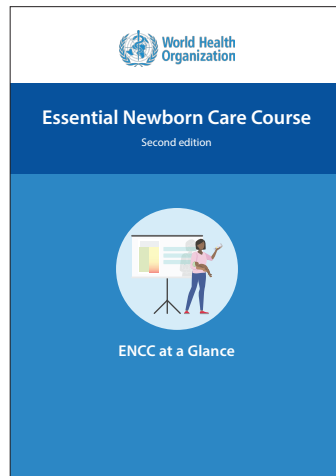
Modules - Monthly sessions

Month 1	Month 2	Month 3
Module Preparation for birth 	Module Immediate care at birth 	Module Basic resuscitation of the newborn 
Module Kangaroo mother care 	Module Breastfeeding: Ensuring a good start 	Module Data collection and use 

Combination of ENC1 and modules - Weekly sessions

Week 1	Week 2	Week 3
Module Communication and respectful care 	ENC 1 Introduction 	ENC 1 Routine care 
Module Infection prevention 	ENC 1 The Golden Minute 	Module Data collection and use 

What resources are available for implementors and facilitators?



ENCC at a Glance provides a guide to the organization and facilitation of a course in a health facility.

The guide includes checklists and worksheets for step-by-step preparation of a course. It provides help for using materials effectively and designing education to meet the needs of participants.

Access to ENCC resources online



Home / Tools and toolkits / Essential Newborn Care course



[Review and download course materials](#)



Home / About WHO / WHO Academy



[Online course - ENC 1 and 2](#)



[Coming soon: Midwifery education toolkit](#)



World Health Organization

Use the Essential Newborn Care Course second edition to address learning needs around provision and experience of care, then address remaining gaps in care through quality improvement and outcomes monitoring.

