

## CHILDHAVEN: NURTURING HEALING RELATIONSHIPS

### *We Believe In The Potential of Children.*

At Childhaven, we believe that early childhood mental health has the potential to change the world and our communities.

### *Childhood Trauma Is The Greatest Challenge.*

Early childhood trauma and adversity is the root cause for some of today's most urgent and costly problems that plague our kids, families, and communities.

### *Healthy Relationships Are The Greatest Hope.*

From prevention to intervention, we help nurture safe and stable relationships, offering care everywhere kids and families live, learn, and play.

### *We Seek To Achieve A Greater Impact.*

We meet the needs of those we serve by strengthening direct service, expanding community presence, and leading systems change, all with the goal to:

SERVE  
3,000

INFLUENCE  
30,000

INFORM  
300,000

### *Impact Is Found In A Continuum Of Care*

**Art with Heart:** Art with Heart training and therapeutic art activity books use creative expression to help kids identify and explore emotion management skills and build resilience, helping to turn pain into possibility.

**Child & Family Counseling:** Our outpatient behavioral health therapists focus on infant/early childhood mental health, and support families and children from birth to 24 years. Our therapeutic care and counseling services are all guided by evidence-based strategies and collaborative care plans.

**Early Learning:** Our Early Learning program includes classrooms in multiple communities and community-based partnerships. We offer Head Start, ECEAP, Early ECEAP, Kaleidoscope Play and Learn groups, and specialized therapeutic supports including ECLIPSE for children in childcare and preschool.

**Early Support for Infants & Toddlers:** ESIT birth to three services help achieve developmental milestones among infants and toddlers with delays in their early development. We also offer Healthy Start, a home-visiting program designed to improve family wellness and promote system changes focused on health equity.

**Wraparound with Intensive Services:** WISe combines a team and strengths-based approach with collaborative and culturally-relevant services to support young children ages birth to 6 with significant social, emotional, and behavioral needs. WISe teams include parent partners, mental health therapists and care facilitators.

**Community Based Programs:** Additional community-based child and family services offered by Childhaven help meet the needs of children and families in the places where they live, learn, and play. Supports include Family Navigator, RAYS UP, and Healthcare Integration services.

# CHILDHAVEN VISION FOR IMPACT

Target population: children, youth, and families in WA state, prioritizing children birth to 8 with the greatest social, emotional, and developmental needs.

