



Dodows silent revolution! More than 500,000 customers are convinced

After having sold 500,000 Dodows in France, the three young pioneers of the brand continue to conquer thousands of new customers all over the world!

Three sleepless friends - one very bright idea!

Dodow is a luminous metronome inspired by meditation and yoga to teach you how to fall asleep naturally without taking medication.

Just synchronise your breathing with the light pulse projected on to the ceiling and Dodow will gradually take

you from 11 to 6 breaths per minute. Exhaling longer than inhaling causes a feeling of tiredness. This phenomenon is known as cardiac coherence: as explained by Dr David O'Hare.

Dodow - N°1 retailer for sleeping products

Already the number one Amazon retailer in the well-being and sleep category, the company has more than 1500 outlets in France (Nature & Découvertes, Boulanger, Darty, Accor Hôtel, Air France as well as chemists). In a relatively short period, Dodow has experienced a meteoric rise and is gradually beginning to capture the sleep of the 50 million American insomniacs.



Pierre-luc,
Co-founder

«We are pleasantly surprised to have already rescued more than 500,000 insomniacs... and if we could help 1 million more by 2020; we will have fulfilled our mission!»



An undeniable strength: the versatility of the product

Dodow is suitable for all those who have difficulty falling asleep: mind buzzing, stress, exams, jet lag or interrupted sleep, pregnancy insomnia. Extremely easy to use, Dodow also works for children over the age of 6!



★★★★★ Amazing product!

By [Edith Doucet](#) on February 7, 2018

Verified purchase

I bought the Dodow for my mother who had significant problems falling asleep. She had tried many different things for her insomnia but nothing worked until she tried the Dodow! She just loves it, she is 82 years old and finds it very easy to use and within a few days saw a difference. She has been using it for the past 2 months and has seen significant improvement in her sleeping pattern. She falls asleep much more quickly and, if she wakes up in the middle of the night and can't get back to sleep, she turns on the Dodow and within a short period of time she falls back to sleep. We are so happy to have discovered the Dodow and highly recommend it.



★★★★★ When you think you've tried everything

By [Amazon Customer](#) on January 11, 2019

Verified purchase

Sleep deprivation makes you vulnerable to sellers offering their 'gold plated' answer to your debilitating condition. Experience tells me all that glitters is not gold. Many previous products now sit unused in the bottom drawer. However, this IS a golden product. It actually works and continues to work. It's such a simple device that allows me to slow my breathing, relax and fall asleep. It's hypnotic. You may think you have tried everything. If you haven't got a Dodow you have not tried everything.

More sleeper reviews [HERE](#)

Dodow at the heart of the «Low-Tech» revolution

Doesn't the phenomenon of the ultra-connected seem to give way to a strong desire to «disconnect»? Would the emergence of alternative health methods such as Dodow not be part of this so-called Low-Tech trend? The values claimed by the company: accessibility, universality, durability and simplicity seem to respond perfectly to the desire to return to simple solutions for our daily needs. This is why the founders decided to expand their range with the release of two new products related to the universe of sleep at the beginning of 2019.

To see our video:

https://www.youtube.com/watch?v=VlgDhj_5rBo



<http://www.mydodow.com>