Variable Dictionary

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| Variable | Description |
| study | Study number |
| author | Author name |
| year | Year of publication |
| tx\_dur | Duration of probiotic treatment in days |
| tx\_cfu\_billions | Probiotic treatment dose in billions of colony-forming units |
| tx\_n | Sample size of treatment group |
| c\_n | Sample size of control group |
| hedges | Standardized mean difference between treatment and control group (Hedge’s g) – Negative value = greater anxiety reduction in treatment group |
| se | Standard error of standardized mean difference |
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| Preclinical specific variables |
| paradigm | Behavioral paradigm |
| measure | Specific paradigm measure to assess for anxiety-like behavior |
| rodent | Rodent species employed – mouse or rat |
| clinical | Animal model of disease (0 = no, 1 = yes) |
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| Clinical specific variables |
| scale | Anxiety scale |
| clinical | Clinical sample (0 = no, 1 = yes) |