

DFCC

ACTION TEAM TO PREVENT
UNDERAGE DRINKING &
TOBACCO USE



TOBACCO USE FACT SHEET

Statistics:

- Garrett County has the highest use rates in the state (38.9%) for high school youth that use nicotine - cigarettes, smokeless tobacco, cigars, or electronic vapor devices. (MD YRBS 2016)
- 16.2% of Garrett County high school youth smoked cigarettes in the past 30 days; 14.3% used smokeless tobacco; 30.5% used electronic vapor devices (e-cigarettes, vaping pens, etc.). (MD YRBS 2016)
- Almost as many Garrett County High School youth use smokeless tobacco as cigarettes (16.2% vs. 14.3%). (MD YRBS 2016)
- Garrett County high school rates of smoking are decreasing over time, but rates of smokeless tobacco use continue to rise.

Core Messages:

- The addiction rate for smoking is higher than the addiction rates for marijuana, alcohol, or cocaine; and symptoms of serious nicotine addiction often occur only weeks or even just days after youth experimentation with smoking first begins.
- Studies have found that more than half of daily users of smokeless tobacco had lesions or sores in the mouth, and that the sores were found in the part of the mouth where users place their chew or dip.
- Electronic vaping devices are often promoted as safer alternatives to traditional cigarettes, which deliver nicotine by burning tobacco. Little is actually known yet about the health risks of using these devices.



For more information, resources, and community tools, visit

drugfreegarrettcountry.org



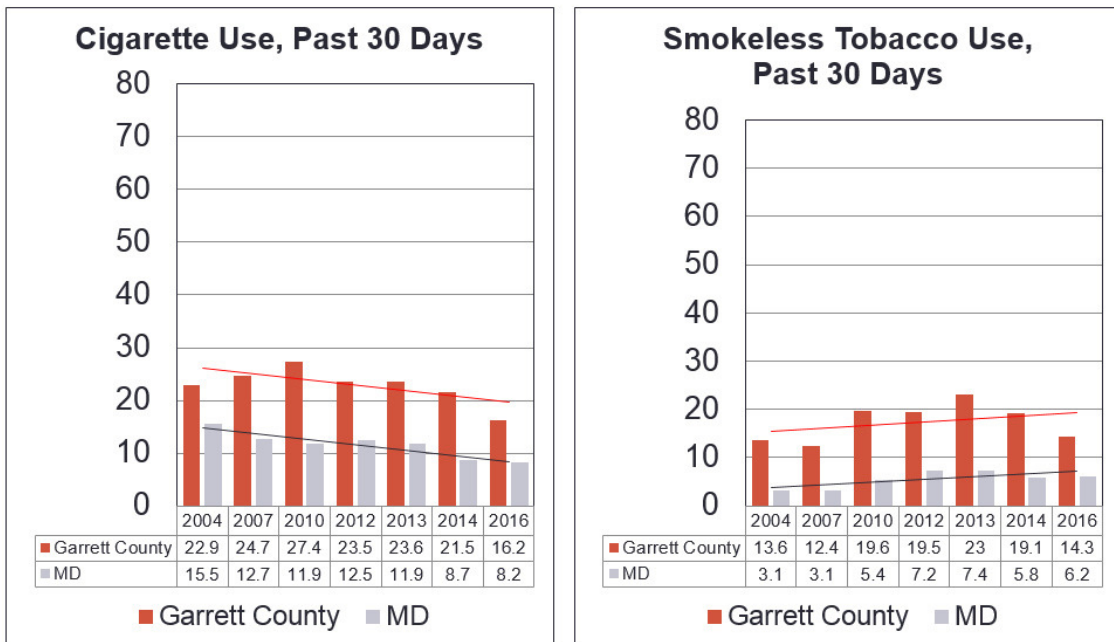
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Tobacco Use, High School



30.5% used Electronic Vapor Devices vs. 13.3% in MD

Source: Maryland Youth Risk Behavior Survey

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