



NEWFOUNDLAND GROWLERS 2023-24 ECHL SEASON



Regular Season Game #58

Friday, March 8, 2024

Last Game: 3/3/2024 - 6-3 L vs KAL

Next Game: 3/9/2024 vs IDH



Newfoundland Growlers (25-23-7-2)

Idaho Steelheads (37-15-2-1)

Newfoundland Growlers at a Glance

Overall Record: 25-23-7-2

Home Record: 14-9-3-1

Road Record: 11-14-4-1

Current Streak: 0-1-0-0

Home Game #28

Home Streak: 0-1-0-0

Road Streak: 1-0-0-0

Growlers Notes

TODAY'S GAME: The Growlers kick off a three-game series against the ECHL affiliates of the Dallas Stars, the Idaho Steelheads, at the Mary Brown's Centre beginning Friday night.

LAST TIME OUT: Tyler Weiss recorded a pair of goals and Tate Singleton added another but it wasn't enough as the Kalamazoo Wings skated to a 6-3 win over the Growlers last Sunday afternoon. Vyacheslav Peksa earned the start in goal and allowed four goals on 18 shots in 28:01 of ice time. Dryden McKay entered the game in relief and allowed one goal on eight shots. The Growlers were 1-for-9 on the power play and 5-for-7 on the penalty kill.

HOMESTAND RECAP: Tonight's contest is the fourth game of the Growlers' six-game homestand. Newfoundland is 1-2-0-0 through the first three games, all against Kalamazoo, and have scored nine goals while allowing 10 against. Newfoundland was 2-for-16 (12.5%) on the power play against the K-Wings and 10-for-12 (83.3%) on the penalty kill. Tate Singleton (2G, 2A), Neil Shea (2G, 2A) and Tyler Weiss (3G, 1A) lead the Growlers with four points each during the homestand.

GETTING IT DONE SHORTHANDED: The Growlers have scored a shorthanded goal in each of their last two games and have now scored seven shorthanded goals this season.

TIME RUNNING OUT: Including tonight's game, the Growlers have just 15 games remaining in the regular season, including nine home games and six on the road. Following the completion of the Idaho series, the Growlers will play three games each against North Division rivals, including Maine, Worcester, Trois-Rivieres and Norfolk.

SEASON SERIES: The Growlers and the Steelheads met for three games in Idaho earlier this season. Newfoundland owns a 2-1-0-0 record against the Steelheads from games played on Nov. 29 (5-4 SOW), Dec. 1 (8-3 L) and Dec. 2 (5-4 W). Isaac Johnson leads all skaters in the season series with nine points (4G, 5A) in three games. Wade Murphy (2G, 3A) and Patrick Kudla (5A) lead the Steelheads with five points each against Newfoundland.

KNOW YOUR FOE: The Steelheads enter tonight's game coming off a 3-1 loss to Utah on March 2, which snapped a three-game win streak. Idaho is 7-2-1-0 in their last 10 games and haven't lost back-to-back games since Jan. 27 and 28 in Tulsa. Parker AuCoin is on an eight-game point streak (3G, 7A) while defenseman Matt Register is on a four-game point streak (1G, 5A).

2023-24 Regular Season Schedule

Date	Opponent	Result
20-Jan	at Norfolk	2-1 L
21-Jan	at Norfolk	5-2 L
24-Jan	at Norfolk	7-4 W
26-Jan	at Adirondack	4-0 L
27-Jan	at Maine	5-1 W
28-Jan	at Maine	4-2 L
02-Feb	INDY	5-3 L
03-Feb	INDY	6-3 W
04-Feb	INDY	4-3 SOL
08-Feb	GREENVILLE	3-2 OTW
09-Feb	GREENVILLE	6-2 W
10-Feb	GREENVILLE	5-1 W
17-Feb	at Reading	4-3 SOL
19-Feb	at Reading	2-1 L
21-Feb	at Reading	5-3 W
23-Feb	at Trois-Rivieres	4-0 L
24-Feb	at Trois-Rivieres	4-3 SOW
01-Mar	KALAMAZOO	4-0 L
02-Mar	KALAMAZOO	6-0 W
03-Mar	KALAMAZOO	6-3 L
08-Mar	IDAHO	
09-Mar	IDAHO	
10-Mar	IDAHO	
22-Mar	at Maine	
23-Mar	at Maine	
24-Mar	at Maine	
27-Mar	at Worcester	
29-Mar	at Worcester	
30-Mar	at Worcester	
05-Apr	TROIS-RIVIERES	
06-Apr	TROIS-RIVIERES	
07-Apr	TROIS-RIVIERES	
11-Apr	NORFOLK	
13-Apr	NORFOLK	
14-Apr	NORFOLK	

STREAKS	
Current Streak:	(0-1-0-0)
Last 5 Games:	(2-3-0-0)
Last 10 Games - Home:	(5-4-0-1)
Last 10 Games - Away:	(4-5-0-1)
Longest Winning Streak:	(3-0-0-0)
Longest Winless Streak:	(0-4-2-0)

TRENDS + TIDBITS
The Growlers matched a season high with 42 shots on goal against Kalamazoo last Sunday.
Zach O'Brien leads the ECHL with 29 power play points.

2023-24 REGULAR SEASON HIGH & LOWS		
	HIGH	LOW
Goals For (Game)	7 (1/24/2023 @ NOR)	0 (3/1/2024 vs KAL)
Goals Against (Game)	8 (12/01/2023 @ IDH)	0 (3/2/2024 vs KAL)
Largest Goal Differential	7 (3/2/2024 vs KAL)	1 (2/24/2024 @ TR)
Goals in a Period (Home)	4 (3/2/2024 vs KAL)	0 (3/1/2024 vs KAL)
Goals in a Period (Away)	4 (2/21/2024 @ REA)	0 (2/24/2024 @ TR)
Shots For (Game)	42 (3/3/2024 vs KAL)	17 (3/1/2024 vs KAL)
Shots Against (Game)	53 (11/04/2023 @ TR)	13 (11/22/2023 @ UTAH)
Shots in a Period (For)	18 (12/2/2023 @ IDH)	2 (12/01/2023 @ IDH)
Shots in a Period (Against)	22 (12/01/2023 @ IDH)	1 (11/22/2023 @ UTAH)
Attendance (Home)	5380 (3/2/2024 vs KAL)	1604 (1/5/2024 vs UTAH)

INJURED RESERVE		
Name	Date	Injury
Josh Victor (D)	1/14/2024	Injured Reserve
Serron Noel (F)	11/13/2023	Injured Reserve

RECENT TRANSACTIONS		
Name	Date	Transaction
Cory Dennis (D)	3/2/2024	DEL - Traded to Orlando
Dan Cadigan (D)	3/1/2024	DEL - Released from SPC
Isaac Johnson (F)	3/1/2024	ADD - Reassigned from Toronto (AHL)
Nolan Dillingham (D)	3/1/2024	ADD - Reassigned from Toronto (AHL)
Tate Singleton (F)	3/1/2024	ADD - Reassigned from Toronto (AHL)
Nathan Staios (D)	2/27/2024	ADD - Reassigned by Florida (NHL)
Isaac Johnson (F)	2/27/2024	DEL - Recalled by Toronto (AHL)
Nolan Dillingham (D)	2/27/2024	DEL - Recalled by Toronto (AHL)
Tate Singleton (F)	2/27/2024	DEL - Recalled by Toronto (AHL)
Luke Cavallin (G)	2/24/2024	DEL - Recalled by Toronto (AHL)
Brock Caufield (F)	2/23/2024	ADD - Reassigned from Toronto (AHL)
Grant Cruikshank (F)	2/23/2024	DEL - Recalled by Toronto (AHL)
Brock Caufield (F)	2/21/2024	DEL - Recalled by Toronto (AHL)
Luke Cavallin (G)	2/21/2024	ADD - Reassigned from Toronto (AHL)
Grant Cruikshank (F)	2/21/2024	ADD - Reassigned from Toronto (AHL)

2023-2024 REGULAR SEASON TEAM LEADERS					
Goals:	Isaac Johnson	24	PIMS:	Tate Singleton	102
Assists:	Zach O'Brien	36	Majors:	Serron Noel	5
Points:	Isaac Johnson	53	Wins:	Luke Cavallin	15
+/-:	Grant Cruikshank (X)	9	GAA:	Luke Cavallin	2.95
Shots:	Tate Singleton	176	Save %:	Luke Cavallin	0.915
Shot %:	Isaac Johnson	19.40%	Shutouts:	Luke Cavallin	2
GWG:	Tate Singleton	4	Goalie GP:	Luke Cavallin	24
PP Goals:	Isaac Johnson	10	PP Assists:	Jonny Tychonick (X)	22
SH Goals:	T. Singleton/N. Shea	2	PP Points:	Zach O'Brien	29



NEWFOUNDLAND GROWLERS ROSTER 2023-24

March 8, 2024

#	FORWARDS (13)	HT	WT	S	BORN	BIRTHPLACE	2022-23 TEAM	LGE	GP	G	A	PTS	PIM	CON
6	Brock CAUFIELD	5-8	185	R	3/9/99	Stevens Point, WI	U. Wisconsin	NCAA	36	11	12	23	4	AHL
7	Jackson BEREZOWSKI	5-8	181	R	2/12/02	Yorkton, SK	Everett	WHL	62	48	33	81	41	AHL
8	Serron NOEL	6-5	216	R	8/8/00	Ottawa, ON	Florida	ECHL	7	0	1	1	19	ECHL
9	Tate SINGLETON	5-8	185	L	9/5/98	West Lebanon, MA	Ohio St.	NCAA	40	11	16	27	50	AHL
10	Zach O'BRIEN	5-11	192	R	6/29/92	St. John's, NL	Newfoundland	ECHL	59	23	64	87	8	ECHL
15	Todd SKIRVING	6-1	188	L	4/30/92	Thunder Bay, ON	Newfoundland	ECHL	70	31	27	58	33	ECHL
17	Jordan ESCOTT	6-2	165	L	9/28/91	St. John's, NL	Newfoundland	ECHL	16	1	3	4	4	ECHL
22	Neil SHEA	6-2	201	L	7/29/99	Marshfield, MA	Sacred Heart	NCAA	37	14	16	30	12	AHL
23	Isaac JOHNSON	6-3	183	R	1/24/99	Andover, MN	Newfoundland	ECHL	36	18	27	45	18	AHL
27	Keenan SUTHERS	6-8	245	L	4/27/98	Belle River, ON	Newfoundland	ECHL	56	18	22	40	24	AHL
36	Tyler WEISS	5-9	168	L	1/3/00	Raleigh, NC	Nebraska-Omaha	NCAA	37	6	21	27	26	AHL
39	Alex KOOPMEINERS	5-11	180	L	4/2/92	St. Cloud, MN	Alfa GIF	Div. 2	12	9	7	16	33	ECHL
47	Adam DAWE	5-8	145	R	1/18/99	Gander, NL	Newfoundland	ECHL	21	7	2	9	9	ECHL

#	DEFENSEMEN (9)	HT	WT	S	BORN	BIRTHPLACE	2022-23 TEAM	LGE	GP	G	A	PTS	PIM	CON
5	Brennan KAPCHECK	5-9	170	R	11/17/96	Mt. Prospect, IL	Newfoundland	ECHL	58	5	25	30	59	ECHL
16	Nolan DILLINGHAM	6-1	211	R	6/22/02	Mississauga, ON	Sarnia	OHL	45	6	8	14	65	AHL
21	Matt BRASSARD	6-3	205	R	8/8/98	Barrie, ON	UPEI	USports	22	3	24	27	46	ECHL
24	Josh VICTOR	6-4	212	L	2/10/94	Round Rock, TX	Worcester	ECHL	16	0	1	1	18	ECHL
25	Owen NORTON	5-10	181	R	6/19/98	Ancaster, ON	Mercyhurst	NCAA	36	0	4	4	41	ECHL
26	Joe GATENBY	6-0	190	R	5/15/97	Kelowna, BC	Greenville	ECHL	67	7	19	26	22	ECHL
43	James MELINDY	6-3	203	R	12/11/93	Goulds, NL	Newfoundland	ECHL	47	2	11	13	162	ECHL
44	Nathan STAIOS	5-8	170	L	5/17/01	Atlanta, GA	Florida	ECHL	44	4	14	18	14	NHL
48	Chase CARTER	5-11	165	L	4/30/00	Truro, NS	Birmingham	SPHL	34	2	3	5	31	ECHL

#	GOALTENDERS (2)	HT	WT	C	BORN	BIRTHPLACE	2022-23 TEAM	LGE	GP	MIN	GAA	W-L-T	SO	SV %	CON
45	Dryden MCKAY	5-11	175	L	11/25/97	Downers Grove, IL	Newfoundland	ECHL	33	1842	3.06	19-10-1	1	.900	AHL
50	Vyacheslav PEKSA	6-3	179	L	8/2702	Magnitogorsk, RUS	Bars Kazan	VHL	40	2013	2.34	13-19-6	2	.921	NHL

Head Coach: Matt Cooke | Development Coach: Adam Pardy | Equipment Manager: Nick Hornby |
 | Goaltending Coach: Marek Benda

Pronunciation Guide

#7 Berezowski – bear-uh-ZOW-skee

#8 Noel – no-ELL

#17 Escott – ESS-kitt

#19 Cruikshank – CROOK-SHANK

#20 Tychonick – ty-KON-ick

#36 Weiss – WEESS

#39 Koopmeiners – KOOP-mine-errs



2023-24 NEWFOUNDLAND GROWLERS

PLAYER BIOGRAPHIES

#5 BRENNAN KAPCHECK		Hometown: Mount Prospect, Illinois		Position: Defenceman	
Age: 27	Experience: Third Year Pro	DOB: November 17, 1996	Shoots: Right	Height: 5'9"	Weight: 170
TOTALS AS OF 22/23:	AHL: 8 GP, 0 G, 2 A, 2 PTS, 2 PIM	ECHL: 81 GP, 7 G, 39 A, 46 PTS, 91 PIMS	NCAA: 128 GP, 14 G, 80 A, 94 PTS, 120 PIMS	Contract: ECHL (NL)	
2022-23: Newfoundland (ECHL) - 58 GP, 5 G, 25 A, 30 PTS, 59 PIMS, +17			2021-22: Newfoundland (ECHL) - 23 GP, 2 G, 14 A, 16 PTS, 32 PIMS, +13		
Kapcheck, 27, rejoins the Growlers via a Standard Player Contract signed on Dec. 28, 2023. The Mount Prospect, Illinois native began the 2023-24 season in Slovakia with HKM Zvolen, appearing in 10 contests and recording one assist. Kapcheck played 81 games with the Growlers since the 2021-22 season and recorded seven goals and 39 assists for 46 points. Appeared in eight AHL games with the Toronto Marlies between the 2020-21 and 2021-22 seasons. Played four years of NCAA hockey with American International College from 2017 to 2021 and served as team captain in his senior year in 2020-21.					
#6 BROCK CAUFIELD		Hometown: Mosinee, Wisconsin		Position: Forward	
Age: 24	Experience: Rookie Season	DOB: March 9, 1999	Shoots: Right	Height: 5' 9"	Weight: 159
TOTALS AS OF 22/23:	ECHL: 0 GP, 0 G, 0 A, 0 PTS, 0 PIM	AHL: 0 GP, 0 G, 0 A, 0 PTS, 0 PIM	NCAA: 172 GP, 33 G, 41 A, 74 PTS, 22 PIMS	Contract: AHL (TOR)	
2022-23: Wisconsin (NCAA) - 36 GP, 11 G, 12 A, 23 PTS, 4PIMS, -12			2021-22: Wisconsin (NCAA) - 37 GP, 7 G, 12 A, 19 PTS, 14 PIM,-15		
Caufield, 24, signed an AHL contract with the Toronto Marlies on July 14, 2023. He appeared in 172 games with the University of Wisconsin (NCAA) over five seasons, registering 33 goals and 41 assists. Caufield captured the NCAA (B1G) Regular Season Championship in the 2020-21 season. Prior to his collegiate career, Caufield collected 57 points (25 goals, 32 assists) in 118 games with the Green Bay Gamblers (USHL). Brother Cole plays in the NHL with the Montreal Canadiens.					
#7 JACKSON BEREZOWSKI		Hometown: Yorkton, Saskatchewan		Position: Forward	
Age: 21	Experience: Rookie Season	DOB: Feb. 12, 2002	Shoots: Right	Height: 5' 9"	Weight: 185
TOTALS AS OF 22/23:	ECHL: 0 GP, 0 G, 0 A, 0 PTS, 0 PIM	AHL: 0 GP, 0 G, 0 A, 0 PTS, 0 PIM	WHL: 273 GP, 130 G, 102 A, 232 PTS, 121 PIMS	Contract: AHL (TOR)	
2022-23: Everett (WHL): 62 GP, 48 G, 33 A, 81 PTS, 41 PIMS			2021-22: Everett (WHL): 62 GP, 46 G, 33 A, 79 PTS, 23 PIMS		
Berezowski, 21, joins the Growlers for his rookie season of professional hockey. Signed a one-year AHL contract with Toronto on July 14, 2023. Served as the captain of the WHL's Everett Silvertips for the 2021-22 and 2022-23 seasons. In 2022-23, he broke the Silvertips' record for goals in a single season with 48 in 62 games. He scored 22 power play goals, tied for the most in the WHL. He is the all-time leading goal-scorer in Everett's franchise history with 130 in 273 career games. He was named the WHL U.S. Division Player of the Year and a First-Team U.S. Division All-Star. He was also named a U.S. Division First-Team All-Star in 2021-22.					
#8 SERRON NOEL		Hometown: Ottawa, Ontario		Position: Forward	
Age: 23	Experience: Fourth Year Pro	DOB: August 8, 2000	Shoots: Right	Height: 6' 5"	Weight: 216
TOTALS AS OF 22/23:	ECHL: 7 GP, 0 G, 1 A, 1 PTS, 19 PIM	AHL: 72 GP, 6 G, 18 A, 24 PTS, 87 PIM	OHL: 241 GP, 88 G, 114 A, 202 PTS, 203 PIMS	Contract: ECHL (NL)	
2022-23: Florida (ECHL): 7 GP, 0 G, 1 A, 1 PTS, 19 PIMS			2021-22: Charlotte (AHL): 64 GP, 5 G, 15 A, 20 PTS, 74 PIMS		
Noel, 23, is a Second Round draft pick, 34th overall in 2018 by the Florida Panthers. Signed as a free agent with the Growlers on October 17, 2023. Played four seasons of junior hockey in the OHL from 2016-17 to 2019-20 with the Oshawa Generals and Kitchener Rangers. Recorded 34 goals and 47 assists for 81 points in just 68 games in 2018-19 with Oshawa. In 2018, Noel represented Canada at the World Under-18 Championship and the Ivan Hlinka Memorial Tournament, winning gold in the latter.					
#9 TATE SINGLETON		Hometown: West Lebanon, New Hampshire		Position: Forward	
Age: 25	Experience: Rookie Season	DOB: September 5, 1998	Shoots: Left	Height: 5' 8"	Weight: 180
TOTALS AS OF 22/23:	ECHL: 0 GP, 0 G, 0 A, 0 PTS, 0 PIM	AHL: 0 GP, 0 G, 0 A, 0 PTS, 0 PIM	NCAA: 140 GP, 33 G, 37 A, 70 PTS, 106 PIMS	Contract: AHL (TOR)	
2022-23: Ohio State (NCAA) - 40 GP, 11 G, 16 A, 27 PTS, 50 PIMS, +12			2021-22: Ohio State (NCAA) - 37 GP, 10 G, 5 A, 15 PTS, 28 PIMS, -2		
Singleton, 25, signed an AHL contract with the Toronto Marlies on July 14, 2023. Singleton played four seasons of NCAA hockey from 2019-20 to 2022-23, skating in 140 games and recording 33 goals and 37 assists. In 2022-23, he set career highs in goals (11) and assists (16). Prior to his NCAA career, the West Lebanon, New Hampshire native appeared in 53 games for the Central Illinois Flying Aces (USHL) and collected 47 points (20 goals, 27 assists).					
#10 ZACH O'BRIEN		Hometown: St. John's, Newfoundland		Position: Forward	
Age: 31	Experience: 11th Pro Season	DOB: June 29, 1992	Shoots: Left	Height: 6' 0"	Weight: 185
TOTALS AS OF 22/23:	ECHL: 255 GP, 120 G, 202 A, 322 PTS, 30 PIM	AHL: 238 GP, 42 G, 71 A, 113 PTS	QMJHL: 192 GP, 127 G, 133 A, 260 PTS, 2 PIM	Contract: ECHL (NL)	
2022-23: Newfoundland (ECHL) - 59 GP, 23G, 64A, 87 PTS, 8 PIMS, +13			2021-22: Newfoundland (ECHL) - 53 GP, 28 G, 50 A, 78 PTS, 4 PIM , + 13		
O'Brien, 31, began the 2023-24 season in Slovakia, appearing in appearing in 16 contests with HC Slovan Bratislava, recording five goals and seven assists for 12 points. He returned to the Growlers via an ECHL Standard Player Contract signed on Nov. 11, 2023. He is the Growlers' all-time leader in goals (104), assists (175) and points (279) entering this season. He was the ECHL Kelly Cup Finals MVP when the Growlers defeated the Toledo Walleye to lift the Kelly Cup in 2019.					

#15 TODD SKIRVING						Hometown: Thunder Bay, Ontario			Position: Forward			
Age: 31		Experience: 6th Pro Season		DOB: April 30, 1992		Shoots: Left		Height: 6' 2"		Weight: 190		
TOTALS AS OF 22/23:			ECHL: 237 GP, 66 G, 67 A, 133 PTS, 142 PIM			AHL: 1 GP, 0 G, 0 A, 0 PTS, 0 PIM			NCAA: 127 GP, 19 G, 32 A, 51 PTS			Contract: ECHL (NL)
2022-23: Newfoundland (ECHL) - 70 GP, 31 G, 27 A, 58 PTS, 33 PIM , +15						2021-22: Newfoundland (ECHL) - 60 GP, 21 G, 20 A, 41 PTS, 40 PIM , +10						
Skirving, 31, returns for his fifth season with the Growlers. Last season in 2022-23, Skirving set personal career highs in games played (70), goals (31), assists (27) and points (58). A Kelly Cup champion with the Growlers in 2019, Skirving was the Growlers' representative at the 2023 ECHL All Star Classic last season. He also made his AHL debut in 2022-23 with the Toronto Marlies, suiting up against Hartford on April 5, 2023.												
#16 NOLAN DILLINGHAM						Hometown: Mississauga, Ontario			Position: Defenseman			
Age: 21		Experience: Rookie Season		DOB: June 22, 2002		Shoots: Right		Height: 6' 1"		Weight: 201		
TOTALS AS OF 22/23:			ECHL: 0 GP, 0 G, 0 A, 0 PTS, 0 PIM			AHL: 0 GP, 0 G, 0 A, 0 PTS, 0 PIM			OHL: 147 GP, 9 G, 23 A, 32 PTS, 143 PIMS			Contract: AHL (TOR)
2022-23: Sarnia (OHL): 45 GP, 6 G, 8 A, 14 PTS, 65 PIMS, +11						2021-22: Sarnia (OHL): 43 GP, 0 G, 10 A, 10 PTS, 40 PIMS, -7						
Dillingham, 21, signed an AHL contract with the Toronto Marlies on July 14, 2023. Dillingham recorded 14 points, including six goals and eight assists, in 45 games as the captain of the Sarnia Sting (OHL) this past season and also picked up three goals and three assists in 12 playoff games. The Mississauga, Ontario native was the recipient of the 2022-23 Mickey Renaud Captain's Trophy. In 147 career OHL games all with Sarnia, Dillingham collected 32 points (9 goals, 23 assists).												
#17 JORDAN ESCOTT						Hometown: St. John's, Newfoundland			Position: Forward			
Age: 32		Experience: Second Season Pro		DOB: September 28, 1991		Shoots: Left		Height: 6' 2"		Weight: 176		
TOTALS AS OF 22/23:			ECHL: 0 GP, 0 G, 0 A, 0 PTS, 0 PIM			QMJHL: 3 GP, 0 G, 0 A, 0 PTS, 2 PIM			AESHL: 164 GP, 60 G, 38 A, 98 PTS, 68 PIMS			Contract: ECHL (NL)
2022-23: Newfoundland (ECHL): 16 GP, 1 G, 3 A, 4 PTS, 4 PIMS, -2						2021-22: Newfoundland (ECHL) : 2 GP, 0 G, 0 A, 0 PTS, 0 PIMS, -2						
Escott, 32, rejoins the Growlers for his second full season of ECHL action. Scored his first pro goal with the Growlers in Adirondack on December 16, 2023. Made his professional debut with his hometown Growlers during the 2021-22 season against the Reading Royals on Feb. 3, 2022. Captained the HGOE CeeBee Stars in 2021-22, scoring 14 goals and adding 13 assists for 27 points in just 12 games in Newfoundland and Labrador's top senior hockey circuit.												
#21 MATT BRASSARD						Hometown: Barrie, Ontario			Position: Defenseman			
Age: 25		Experience: Rookie		DOB: August 8, 1998		Shoots: Right		Height: 6' 3"		Weight: 196		
TOTALS AS OF 22/23:			ECHL: 22 GP, 1 G, 4 A, 5 PTS, 8 PIM			USports: 57 GP, 10 G, 35 A, 45 PTS, 108 PIM			OHL: 222 GP, 40 G, 103 A, 143 PTS, 87 PIM			Contract: ECHL (NL)
2022-23: UPEI (USports) - 22 GP, 3 G, 24 A, 27 PTS, 46 PIM , +15						2021-22: UPEI (USports) - 22 GP, 5 G, 7 A, 12 PTS, 32 PIM , +1						
Brassard, 25, joins the Growlers on a Standard Player Contract signed on November 13, 2023. A 7th round Draft Pick of the Vancouver Canucks, 188th overall in 2017, Brassard was named to the USports All-Canadian Second Team and the AUS Conference First All-Star Team with the University of Prince Edward Island. Made his ECHL debut in 2019-20 playing 14 games with Fort Wayne and Wichita before going to UPEI to finish the season. Played four seasons in the Ontario Hockey League with Barrie, Oshawa and Niagara.												
#22 NEIL SHEA						Hometown: Marshfield, Massachusetts			Position: Forward			
Age: 24		Experience: Rookie Season		DOB: July 29, 1999		Shoots: Left		Height: 6' 1"		Weight: 201		
TOTALS AS OF 22/23:			AHL: 6 GP, 1 G, 1 A, 2 PTS, 2 PIM			ECHL: 0 GP, 0 G, 0 A, 0 PTS, 0 PIM			NCAA: 123 GP, 27 G, 40 A, 67 PTS, 38 PIMS			Contract: AHL (TOR)
2022-23: Sacred Heart (NCAA) - 37 GP, 14 G, 16 A, 30 PTS, 12 PIMS, +1						2021-22: Sacred Heart (NCAA) - 37 GP, 11 G, 20 A, 31 PTS, 10 PIMS, +15						
Shea, 24, signed an AHL contract with the Toronto Marlies on July 14. Played the last two seasons with Sacred Heart in the NCAA. Served as the club's assistant captain in 2022-23. Began his college career with a pair of seasons at Northeastern in 2019-20 and 2020-21. Made his professional debut with the Chicago Wolves (AHL) following the completion of his collegiate season in March 2023 and scored his first professional goal in his first game with the Wolves on March 11 vs Rockford. Brother Pat played for the Maine Mariners for the last two seasons. Father Neil played four seasons of NCAA hockey for Boston College in the 1980s.												
#23 ISAAC JOHNSON						Hometown: Andover, Minnesota, USA			Position: Forward			
Age: 23		Experience: Third Year Pro		DOB: 1/24/1999		Shoots: Right		Height: 6' 3"		Weight: 183		
TOTALS AS OF 21/22:			AHL: 11 GP, 1 G, 3 A, 4 PTS, 0 PIM			ECHL: 39 GP, 15 G, 11 A, 26 PTS, 24 PIM			WHL: 161 GP, 57 G, 96 A, 153 PTS, 96 PIM			Contract: AHL (MAN)
2021-22: Newfoundland (ECHL) - 39 GP, 15 G, 11 A, 26 PTS, 24 PIM , +16						2020-21: Huntsville (SPHL) - 19 GP, 7 G, 7 A, 14 PTS, 13 PIM , -3						
Johnson, 23, returns for his third season with the Growlers. In 36 games with the Growlers last season, Johnson netted 18 goals and added 27 helpers for 45 points with 18 penalty minutes. He also played in 15 postseason contests in helping the Growlers reach the Eastern Conference Finals. In the playoffs, he scored six goals and added 10 assists for 16 points.												

#24 JOSH VICTOR		Hometown: Round Rock, Texas		Position: Defenseman	
Age: 29	Experience: Fifth Year Pro	DOB: Feb. 10, 1994	Shoots: Left	Height: 6' 4"	Weight: 212
TOTALS AS OF 22/23:	ECHL: 74 GP, 0 G, 4 A, 4 PTS, 125 PIM	SPHL: 75 GP, 1 G, 9 A, 10 PTS, 80 PIM	NCAA III: 106 GP, 2 G, 23 A, 25 PTS, 117 PIM	Contract: ECHL (NL)	
2022-23: KAL/SAV/FLA/WOR (ECHL) - 42 GP, 0 G, 3 A, 3 PTS, 89 PIM, -6			2021-22: Wheeling (ECHL) - 29 GP, 0 G, 1 A, 1 PT, 34 PIMS, -2		
Victor, 29, joins the Growlers for his fifth pro season on a ECHL SPC signed on September 26, 2023. Split last season between four teams in the ECHL: Worcester, Florida, Savannah and Kalamazoo. Made his ECHL debut following his final NCAA season in 2018-19, appearing in three games for the Atlanta Gladiators. Played the 2021-22 season with the Wheeling Nailers. Served as team captain in his final season at Fitchburg State University in 2018-19.					
#25 OWEN NORTON		Hometown: Ancaster, Ontario		Position: Defenseman	
Age: 25	Experience: Rookie Season	DOB: June 19, 1998	Shoots: Right	Height: 5' 10"	Weight: 181
TOTALS AS OF 22/23:	ECHL: 4 GP, 0 G, 0 A, 0 PTS, 0 PIMS	NCAA: 159 GP, 7 G, 37 A, 44 PTS, 155 PIMS	BCHL: 58 GP, 4 G, 27 A, 31 PTS, 74 PIMS	Contract: ECHL (NL)	
2022-23: Mercyhurst (ECHL) - 36 GP, 0 G, 4 A, 4 PTS, 41 PIMS, -13			2021-22: Mercyhurst (NCAA) - 36 GP, 3 G, 10 A, 13 PTS, 52 PIMS, -8		
Norton, 25, joins the Growlers on a Standard Player Contract (SPC) signed on Feb. 13, 2024. Following his NCAA career at Mercyhurst (2018-19 to 2022-23), he played four games with the Maine Mariners at the end of the 2022-23 season to begin his pro career. He began the 2023-24 campaign with the Norfolk Admirals and appeared in 14 games and recorded two assists with four penalty minutes.					
#26 JOE GATENBY		Hometown: Kamloops, British Columbia		Position: Defenseman	
Age: 26	Experience: 2nd Year Pro	DOB: May 15, 1997	Shoots: Right	Height: 6' 0"	Weight: 190
TOTALS AS OF 22/23:	ECHL: 73 GP, 8 G, 23 A, 31 PTS, 24 PIMS	USports: 83 GP, 8 G, 33 A, 41 PTS, 62 PIMS	WHL: 317 GP, 25 G, 116 A, 141 PTS, 219 PIMS	Contract: ECHL (NL)	
2022-23: Greenville (ECHL) - 67 GP, 7 G, 19 A, 26 PTS, 22 PIMS, +24			2021-22: UNB (USports) - 23 GP, 2 G, 8 A, 10 PTS, 12 PIMS, +12		
Gatenby, 26, joined the Growlers on January 17 via a trade with the Allen Americans. Played 22 games with Allen and Fort Wayne to begin the 2023-24 season, recording eight assists and eight penalty minutes. The Kelowna, BC native played three seasons of AUS hockey with the UNB Varsity Reds where he was teammates with former Growler Tyler Boland. He notched 41 points (8G, 33A) and 62 penalty minutes in 83 games with the program. Prior to his university playing days, Gatenby played briefly with the Atlanta Gladiators after a five-year career in the Western Hockey League with Kelowna and Kamloops.					
#27 KEENAN SUTHERS		Hometown: Belle River, Ontario		Position: Forward	
Age: 25	Experience: 2nd Year Pro	DOB: 04/27/1998	Shoots: Left	Height: 6' 8"	Weight: 245
TOTALS AS OF 22/23:	ECHL: 56 GP, 18 G, 22 A, 40 PTS, 24 PIM	NCAA: 127 GP, 21 G, 26 A, 47 PTS, 59 PIM	USHL: 120 GP, 13 G, 22 A, 35 PTS, 45 PIM	Contract: AHL (TOR)	
2022-23: Newfoundland (ECHL) - 56 GP, 18 G, 22 A, 40 PTS, 24 PIM, +2			2021-22: U. of Maine (NCAA) - 19 GP, 11 G, 10 A, 21 PTS, 4 PIM		
Suthers, 25, rejoins the Growlers for his second pro season having signed a one-year AHL contract with the Marlies on July 7, 2023. In his rookie season in 2022-23, Suthers led all Growlers rookies with 18 goals in the reglar season and ranked third on the Growlers in goals in the 2023 Kelly Cup Playoffs with seven. Prior to turning pro, Suthers played three seasons of NCAA hockey with St. Lawrence University before finishing off his final year of college hockey with the University of Maine.					
#36 TYLER WEISS		Hometown: Raleigh, North Carolina		Position: Forward	
Age: 23	Experience: Rookie Season	DOB: January 3, 2000	Shoots: Left	Height: 5' 10"	Weight: 154
TOTALS AS OF 22/23:	ECHL: 0 GP, 0 G, 0 A, 0 PTS, 0 PIM	AHL: 0 GP, 0 G, 0 A, 0 PTS, 0 PIM	NCAA: 159 GP, 28 G, 88 A, 116 PTS, 146 PIMS	Contract: AHL (TOR)	
2022-23: Nebraska-Omaha (NCAA) - 37 GP, 6 G, 21 A, 27 PTS, 26 PIM, +6			2021-22: Nebraska-Omaha (NCAA) - 36 GP, 8 G, 25 A, 33 PTS, 20 PIMS, +2		
Weiss, 23, signed an AHL contract with the Toronto Marlies on July 14, 2023. He was originally selected 109th overall in the fourth round of 2018 NHL Draft by the Colorado Avalanche. He played five seasons of NCAA hockey with Nebraska-Omaha from 2018-19 to 2022-23. In 159 NCAA games, he recorded 116 points including 28 goals and 88 assists in his five seasons. The Raleigh, North Carolina native had 10 goals and 17 assists in 56 games with the USNTDP Juniors (USHL) from 2016 to 2018.					
#39 ALEX KOOPMEINERS		Hometown: St. Cloud, Minnesota		Position: Forward	
Age: 31	Experience: Rookie Season	DOB: April 7, 1992	Shoots: Left	Height: 5' 11"	Weight: 190
TOTALS AS OF 22/23:	ECHL: 6 GP, 1 G, 1 A, 2 PTS, 2 PIM	SPHL: 0 GP, 0 G, 0 A, 0 PTS, 0 PIM	Div. 2: 123 GP, 27 G, 40 A, 67 PTS, 38 PIMS	Contract: ECHL (NL)	
2022-23: Alfta GIF/Orsa IK (Div. 2) - 16 GP, 9 G, 7 A, 16 PTS, 35 PIMS			2021-22: Alfta/Hallefors/Lindefallets (Div. 2) - 37 GP, 15 G, 15 A, 30 PTS, 38 PIMS		
Koopmeiners, 31, joins the Growlers on an ECHL contract signed on October 11, 2023. Spent the last six seasons playing in Sweden's Division 2. Returned to North America during the 2022-23 season and made his North American pro debut with the Macon Mahem in the SPHL, appearing in two contests. Graduated from Gustavus Adolphus College in 2017.					

# 43 JAMES MELINDY		Hometown: Goulds, Newfoundland and Labrador		Position: Defenseman	
Age: 29	Experience: 11th Year Pro	DOB: 12/11/1993	Shoots: Right	Height: 6' 3"	Weight: 205
TOTALS AS OF 22/23:	AHL: 60 GP, 2 G, 1 A, 3 PTS, 100 PIM	ECHL: 421 GP, 23 G, 92 A, 115 PTS, 1100 PIM	QMJHL: 168 GP, 17 G, 39 A, 56 PTS, 181 PIM	Contract: ECHL (NL)	
2022-23: Newfoundland (ECHL) - 47 GP, 2 G, 11 A, 13 PTS, 162 PIM, -2			2021-22: Newfoundland (ECHL) - 48 GP, 2 G, 13 A, 15 PTS, 92 PIM, +11		
Melindy, 29, returns to the Growlers following another solid season as Growlers captain. A Kelly Cup champion in 2019, Melindy is a former 3rd round draft pick of the Arizona Coyotes in 2012, Melindy owns the most pro experience on the Growlers, having played 60 AHL contests (Portland and San Diego) and over 400 ECHL games (Gwinnett, Rapid City, Wheeling, Wichita, Utah, Newfoundland). A tough and feared defender, Melindy is the Growlers' all-time penalty minutes leader with 517 penalty minutes and ranks third all time in franchise games played (185).					
#44 NATHAN STAIOS		Hometown: Atlanta, Georgia		Position: Defenseman	
Age: 22	Experience: Second Season Pro	DOB: May 17, 2001	Shoots: Left	Height: 5' 8"	Weight: 170
TOTALS AS OF 22/23:	ECHL: 44 GP, 4 G, 14 A, 18 PTS, 14 PIMS, +3	OHL: 237 GP, 33 G, 115 A, 148 PTS, 229 PIMS	AHL: 6 GP, 0 G, 0 A, 0 PTS, 2 PIMS	Contract: NHL (FLA)	
2022-23: Florida (ECHL) - 44 GP, 4 G, 14 A, 18 PTS, 14 PIMS, +3			2021-22: Utica (AHL) - 6 GP, 0 G, 0 A, 0 PTS, 2 PIMS		
Staios, 22, is the son of former NHL defenseman Steve Staios. He split his junior career between Windsor and Hamilton in the OHL. In his final year of junior with Hamilton in 2021-22, not only did he help the Bulldogs to an OHL title, but he recorded the most points of all OHL defenders (66) and was named to the OHL's 1st All Star Team, OHL Most Outstanding Defenseman and CHL Defenseman of the Year. He began his pro career last season with the ECHL's Florida Everblades.					
#47 ADAM DAWE		Hometown: Gander, Newfoundland		Position: Forward	
Age: 24	Experience: Second Season Pro	DOB: Jan. 18, 1999	Shoots: Right	Height: 5' 8"	Weight: 161
TOTALS AS OF 22/23:	ECHL: 21 GP, 7 G, 2 A, 9 PTS, 9 PIM	NCAA: 111 GP, 22 G, 31 A, 53 PTS, 105 PIM	USHL: 56 GP, 23 G, 19 A, 42 PTS, 44 PIMS	Contract: ECHL (NL)	
2022-23: Newfoundland (ECHL) - 21 GP, 7 G, 2 A, 9 PTS, 9 PIMS			2021-22: Univ. of Maine (NCAA) - 28 GP, 6 G, 5 A, 11 PTS, 21 PIMS		
Dawe, 24, returns for his second tour of duty with his home-province Growlers. In 2022-23, Dawe concluded his NCAA career with the University of Connecticut, appearing in 16 games. He then joined the Growlers and appeared in 21 contests. He recorded his first professional goal and his first professional hat trick in the same game on Jan. 25, 2023 in Cincinnati.					
#48 CHASE CARTER		Hometown: Truro, Nova Scotia		Position: Defenseman	
Age: 24	Experience: Second Season Pro	DOB: April 30, 2000	Shoots: Left	Height: 5' 11"	Weight: 165
TOTALS AS OF 22/23:	ECHL: 0 GP, 0 G, 0 A, 0 PTS, 0 PIM	SPHL: 78 GP, 4 G, 8 A, 12 PTS, 64 PIM	FPHL: 35 GP, 2 G, 12 A, 14 PTS, 48 PIMS	Contract: ECHL (NL)	
2022-23: Birmingham (SPHL) - 34 GP, 2 G, 3A, 5 PTS, 31 PIMS, +14			2021-22: Evansville (SPHL) - 14 GP, 0 G, 1 A, 1 PT, 8 PIMS-4		
Carter, 24, has played 30 games in the SPHL this season with the Birmingham Bulls, picking up six points (2G, 4A) and 25 PIM to date. The Truro, Nova Scotia native has spent the last three seasons splitting time between the SPHL and the FPHL after four years in the Maritime Junior Hockey League.					
#45 DRYDEN MCKAY		Hometown: Downers Grove, Illinois		Position: Goaltender	
Age: 25	Experience: Second Year Pro	DOB: Nov. 25, 1997	Catches: Left	Height: 6' 0"	Weight: 183
TOTALS AS OF 22/23:	ECHL: 33 GP, 3.06 GAA, .900 SV%, 1 SO	AHL: 2 GP, 3.38 GAA, .885 SV%, 0 SO	NCAA: 140 GP, 1.46 GAA, .932 SV%, 26 SO	Contract: AHL (TOR)	
2022-23: Newfoundland (ECHL) - 33 GP, 3.06 GAA, .900 SV%, 19-10-1, 1 SO			2021-22: Minn. State (NCAA) - 43 GP, 1.31 GAA, .931 SV%, 38-5-0, 2 SO		
McKay, 25, rejoins the Growlers on an AHL contract signed with the Toronto Marlies. One of the most dominant NCAA goaltenders in recent memory, McKay is the 2022 Hobey Baker Award winner as the top college player in all the NCAA. Established a new NCAA record for career shutouts (34) and single season wins (38 in 2021-22) during his time at Minnesota State (2018-19 to 2021-22). Was named ECHL Goaltender of the Week for the week ending Oct. 23, 2022.					
#50 VYACHESLAV PEKSA		Hometown: Magnitogorsk, Russia		Position: Goaltender	
Age: 21	Experience: Rookie	DOB: August 27, 2002	Catches: Left	Height: 6' 3"	Weight: 179
TOTALS AS OF 21/22:	ECHL: 0 GP, 0.00 GAA, .000 SV%, 0 SO	MHL: 75 GP, 1.98 GAA, .930 SV%, 10 SO	VHL: 40 GP, 2.34 GAA, .921 SV%, 2 SO	Contract: NHL (TOR)	
2022-23: Bars Kazan (VHL) - 40 GP, 2.34 GAA, .921 SV%, 13-19-6, 2 SO			2021-22: Irbis Kazan (MHL) - 56 GP, 1.79 GAA, .936 SV%, 9 SO, 30-17-8		
Peksa, 21, joins the Growlers on an NHL contract from the Toronto Maple Leafs. Set to make his North America pro debut. Peksa is a 6th round draft pick, 185th overall in the 2021 NHL Entry Draft by the Maple Leafs. Over the course of the last two seasons, the workhorse goaltender appeared in a total of 98 regular season contests and an additional 15 playoff games between the MHL and VHL.					