



THE AMERICAN LEGION FAMILY

NATIONAL POPPY DAY®



Instructions to submit video to ALA National Headquarters

Step 1: Find a quiet room with good lighting.

If shooting during the day, take advantage of natural lighting. The window should be in front of you, not behind you. Make a test video with lights off and with lights on to find the best lighting.



Step 2: Hold phone horizontally

This is necessary for consistency for the final video.



Step 3: Record Message

Remember to smile.

Step 4: Go to www.wetransfer.com

This is a free website and a login is not required.

Phone instructions:

Step 5: Submit video

Tap "Send a file?" and then add your video

Step 6: Add a message and click next

Step 7: Email to: jdonovan@alaforveterans.org

Step 8: Click "transfer"

You're done! Thank you!

Desktop directions:

Step 5: Submit video

Drag video to "add your files."

Step 6: Email to: jdonovan@alaforveterans.org

Step 7: Enter your email and message

Step 8: Click "transfer"

You're done! Thank you!

